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The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

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NORTH QUINCY senior guard Zach Taylor scored a game-high 30 points as the Raiders (9-3) defeated the Quincy Presidents (1-10) 74-32 in the second game of a doubleheader Jan. 20 at QHS. Defending for Quincy are sophomore Marcello Barros (left) and senior guard Ty Neal (right). In the first game, the Quincy girls' basketball team (10-1) defeated North Quincy (4-8), 60-36. With the win, Quincy qualified for the MIAA statewide tournament. More basketball coverage begins of Page 14.

Quincy Sun Photo/Robert Bosworth

Real Estate Sales Volume Down, Prices Up In 2022

By SCOTT JACKSON

Real estate transactions in Quincy and the whole of Norfolk County declined in 2022 compared to the prior year, but prices still continued to climb. That trend could continue this year, with a strong demand to live in the region and a shortage of housing helping to keep prices up, said William O'Donnell, the county's

register of deeds.

Inflation and rising interest rates meant to slow down inflation led to a decline in property sales last year, O'Donnell, a Norwood Democrat, said in a recent interview.

"The real estate market is seeing the effects of inflation and the rising interest rates. What I mean by that

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Two Buildings Proposed At Quincy Point Marina

By SCOTT JACKSON

The owner of the Bay Pointe Marina in Quincy Point is seeking approval to construct two new buildings on site.

The marina is located on Washington Court and sits on roughly 10 acres of land in an Industrial A zoning district. The site is identified as 40 Follett St. in the city's

property records.

The applicant, Marine-Max Northeast, went before the Planning Board with its proposal for the two new buildings Jan. 11 and is due to return Feb. 8. The project is also awaiting approval from the Conservation Commission, Karlis Skulte, the applicant's engineer

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Devine, Buenaventura To Face Off For Open Ward 4 Seat

Preliminary Election Turnout 6.83 Percent • Final Election Feb. 7 • Early Voting Starts Jan. 28

By SCOTT JACKSON

James Devine and Joel Buenaventura were the top two vote getters in the four-person preliminary election for the vacant Ward 4 seat on the Quincy City Council and will go head to head in next month's final election.

Devine finished first and Buenaventura second in the Jan. 17 preliminary contest. Devine, a resident of 117 Cross St. finished with 318 votes, 42.18 percent of all votes cast. Buenaventura, a



JAMES DEVINE
 318 Votes
 Preliminary Election



JOEL BUENAVENTURA
 234 Votes
 Preliminary Election

resident of 29 Common St., garnered 234 votes or 31.03 percent of the total vote.

Devine was the top vote getter in four of the ward's five precincts in the preliminary election and Buenaventura finished second in each of those precincts. The exception was Precinct 4, where Buenaventura came in first and Devine was second.

Those two candidates will face each other in the

final special election on Tuesday, Feb. 7. The winner of that contest will serve the remainder of the council term, which expires at the end of the year, and could run for a full two-year term in November's municipal election.

Coming in third and fourth in the preliminary contest were Matthew Lyons of 175 Centre St. and Sharon Cintolo of 128 Willard St., respectively. Lyons

polled 149 votes (19.76 percent) and Cintolo 53 votes (7.03 percent). Lyons came in third in all five precincts and Cintolo placed fourth in each of them.

Here's the vote totals by precinct:

Ward 4 Precinct 1 (votes at the Lincoln-Hancock Community School):

Devine - 37 votes (41.57 percent); Buenaventura - 23 votes (25.84 percent);

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More Quincy news:

The Quincy Sun.com

Devine, Buenaventura To Face Off For Open Ward 4 Seat

Cont'd From Page 1

Lyons 21 votes (23.60 percent); and Cintolo - 8 votes (8.99 percent.) Total votes cast: 89.

Ward 4 Precinct 2 (votes at the Quincy Lodge of Elks):

Devine - 115 votes (44.4 percent); Buenaventura - 81

votes (31.27 percent); Lyons - 40 votes (15.44 percent); and Cintolo - 23 votes (8.88 percent). Total votes cast: 259.

Ward 4 Precinct 3 (votes at the Quincy Lodge of Elks):

Devine - 100 votes (43.10 percent); Buenaventura - 70 votes (30.17 percent); Lyons - 53 votes (22.84 percent); and Cintolo - 9 votes (3.88 percent). Total votes cast: 232.

Ward 4 Precinct 4 (votes at the Lincoln-Hancock Community School):

Buenaventura - 36 votes (44.44 percent); Devine - 26 votes (32.10 percent); Lyons - 15 votes (18.52 percent); and Cintolo - 4 votes (4.94 percent). Total votes cast: 81.

Ward 4 Precinct 5 (votes at the Morrisette American Legion Post):

Devine - 40 votes (43.01 percent); Buenaventura - 24

votes (25.81 percent); Lyons - 20 votes (21.51 percent); and Cintolo - 9 votes (9.68 percent). Total votes cast: 93.

Turnout in the preliminary election was 6.83 percent, with 756 of the ward's 11,068 registered voters casting ballots.

Early voting, both in-person and by mail, will be available for the final election as it was for the preliminary contest.

In-person early voting will take place at the office of the city's election department, which is located on the second floor of the glass city hall annex building at 1305 Hancock St. For the final election, early voting will take place there from 8:30 a.m. to 5 p.m. on

Saturday, Jan. 28, and from 8:30 a.m. to 4:30 p.m. from Monday, Jan. 30, to Friday, Feb. 3.

The last day to apply to vote by mail in the final election is 5 p.m. on Tuesday, Jan. 31. Applications can be obtained online at quincyma.gov or by calling the election department at 617-376-1144.

Absentee balloting will also take place at the office of the election department. Residents who wish to vote absentee may do so daily between 8:30 a.m. and 4:30 p.m., once ballots are available. Absentee balloting ends at noon on Monday, Feb. 6. Voters who would like an absentee ballot mailed to them, can call the election department or visit the city website.

The deadline to register to vote in the final election is 5 p.m. on Saturday, Jan. 28.

The special election is being held to fill the seat vacated by Brian Palmucci, who resigned in the fall upon his appointment to a judgeship. Palmucci was first elected in 2009 and had been the longest-serving incumbent councillor at the time of his departure.

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ABSENTEE VOTING for QUINCY WARD 4 SPECIAL ELECTION TUESDAY, FEB. 7, 2023

Absentee ballots are available for the Quincy Ward 4 Special Election.

Quincy Ward 4 voters may vote in person at City Hall Monday through Friday from 8:30 a.m. to 4:30 p.m. until noon Monday, February 6, 2023.

Voting takes place in the City of Quincy Election Office, second floor, City Hall glass annex building, 1305 Hancock St., Quincy.

For voters who would like the ballot mailed to them they must complete an absentee voter application. Absentee voting applications are available at City Hall or at quincyma.gov

To have an application mailed, please call the Election Office at (617) 376-1144.



EARLY VOTING For The February 7, 2023 QUINCY WARD 4 SPECIAL ELECTION



You can early vote at

Quincy City Hall on

Saturday, January 28, 2023

8:30 a.m. - 5:00 p.m. and

Monday-Friday, Jan. 30 - Feb. 3

8:30 a.m. - 4:30 p.m.

**Early Voting is on the Second Floor
City Clerk's Election Office
1305 Hancock Street, Quincy**

**Voting Is Now More Convenient than ever
and on YOUR Schedule**



Questions? Please Call Us!

617-376-1144 or Email ncrispo@quincyma.gov



Koch To Deliver 'State Of City' Address Tuesday

10:30 A.M. Great Hall, McIntyre Gov't Center

By SCOTT JACKSON

Mayor Thomas Koch will deliver this year's State of the City address next week after not doing so in 2022.

The mayor will deliver his State of the City address on Tuesday, Jan. 31, at 10:30 a.m. inside the Great Hall of the McIntyre Government Center. The speech will be Koch's first State of the City since March 2021 when he spoke to a crowd of about 50 people outdoors in front of the historic town hall building.

In an interview earlier

this month, Koch said it was too soon to say what he would discuss in his remarks.

"Honestly, I'm just starting to think about it," he said, later adding that it would include both a look back at recent years and a look ahead to the future.

Koch has used past State of the City remarks to announce major initiatives. In 2019, Koch announced he would seek a ban, since enacted, on most single-use plastic bags and 2021 he announced plans to purchase the Munroe Building in

Quincy Center as a potential future home for Quincy College.

In that same interview earlier this month, Koch, who turned 60 this past Sunday, said he did not plan to make an announcement regarding his political future during the State of the City and would make a decision about running for reelection in the coming months.

First elected in 2007, Koch is the longest-serving mayor in the history of Quincy — two others, Amelio Della Chiesa and James Sheets, both served as mayor for 12 years. When asked why he would consider running for a seventh term — the city's voters in 2013 doubled the mayoral term from two to four years effective following the 2015 election — Koch said he loves the job and still has "the fire in the

Cont'd On Page 11



MAYOR THOMAS KOCH will deliver his State of the City address Tuesday, Jan. 31 at 10:30 a.m. in the Great Hall, James R. McIntyre Government Center. Here he is shown giving remarks after being sworn in to a sixth term in January, 2020 becoming the city's longest serving mayor.

Quincy Sun File Photo/Robert Bosworth

Quincy Asian Resources Lunar New Year Festival Feb. 5

Sunday, Feb. 5th kicks off Quincy Asian Resources, Inc. and the City of Quincy's 35th annual Lunar New Year Celebration and the start of the Year of the Rabbit.

The event will be held at North Quincy High School, 316 Hancock St., from 11 a.m. to 4 p.m. The opening ceremony will begin at noon.

Admission is free and free parking available.

The annual Lunar New Year Festival attracts nearly 10,000 patrons from Quincy and surrounding communities for an afternoon of cultural celebrations and fun activities for all.

This year's festival will feature activities for the whole family including a children's area, face painting, vendor booths, festive decorations, a variety of cultural performances, and Asian food vendors serving Vietnamese, Chinese and Japanese cuisine. Inside you'll find entertaining games for all ages, photo opportunities, free COVID-19 vaccines, and even a magic show.

The public is invited to join in on the festivities to welcome the Year of the Rabbit.

For more information, visit <https://www.qarius.org/lunar-new-year-festival>.

Quincy Catholic Academy Open House Feb. 8

Quincy Catholic Academy, 370 Hancock St., North Quincy, will host an Open House Wednesday, Feb. 8 from 2:30 to 3:30 p.m. and/or 6 to 7 p.m.

The Open House will begin with an information gathering in the gym followed by a tour of the school and a chance to meet QCA teachers and students in action.

QCA serves students from preschool (3 years old) through grade 8.

"At every stage in the child's development, the Academy provides a top-quality, well-rounded, engaging education in a faith-based, family-centered environment," said Principal Paul Kelly. "If you are seeking an exceptional educational experience, we invite you to 'discover the joy at QCA.'"

Quincy Catholic Academy invites those interested in learning more about the school to the open house.

Additional Shadow Days and tours will be available every Wednesday. Contact the school office for more information at 617-328-3830.

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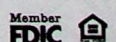
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Moments in time

THE HISTORY CHANNEL

• On Feb. 10, 1535, notwithstanding the winter chill and in a form of protest that was, unsurprisingly, ridiculed by both Protestants and Catholics, a small group of Anabaptists ran stark naked through the streets of Amsterdam, shouting that they "had been sent from God to communicate the naked truth to the godless."

• On Feb. 9, 1861, Jefferson Davis and Alexander Stephens were respectively elected to six-year terms as the Provisional President and Provisional Vice President of the Confederate States of America, after running without opposition.

• On Feb. 11, 1916, American feminist and anarchist Emma Goldman was arrested and imprisoned for violating the Comstock Act just before she was scheduled to deliver a public lecture on birth control, which she argued was essential to women's social, economic and sexual freedom.

• On Feb. 6, 1952, England's King George VI passed away, making his daughter, Princess Elizabeth, Queen Elizabeth II. The sovereign received the news from her husband, Prince Philip, while on a trip to Kenya, which was immediately cut short as she prepared to assume her new role.

• On Feb. 7, 1964, the music world would never be quite the same after the Beatles arrived in New York for their first visit to the U.S., where thousands of near-hysterical fans waited to greet them at Kennedy Airport. During their appearance on "The Ed Sullivan Show," they whipped up an even greater frenzy, with 73 million viewers watching on their TVs at home.

• On Feb. 8, 2008, the Nebraska Supreme Court ruled that the electric chair, which was the only execution method used in that state, represented a violation of human dignity and was consequently unconstitutional, adding that electrocution "has proven itself to be a dinosaur more befitting the laboratory of Baron Frankenstein than the death chamber."

• On Feb. 12, 2014, in Bowling Green, Kentucky, a sinkhole estimated at about 30 feet deep and 40 feet wide opened under the National Corvette Museum, swallowing eight of the rare sports cars. The building suffered no structural damage and remained open, and though damaged, the vehicles were returned to display and remain a popular attraction.

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"Pear Blossom"

All alone by the veranda railing,
teardrops drenching the branches,
although her face is unadorned,
her old charms remain.
Behind the locked gate,
on a rainy night,
how she is filled with sadness.
How differently she looked
bathed in golden waves
of moonlight, before the darkness fell.
Chinese poet Qian Xuan (1280)

Source: www.motmusea.org

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Keenan, Kearney File Bill To Support Legislative Staff's Unionization Effort

*Bill Clarifies Law By Including 'Legislative Employees'
Among Public Employees Authorized To Collectively Bargain*

State Sen. John Keenan (D-Quincy) and state Rep. Patrick Kearney (D-Scituate) have jointly filed legislation – SD.1208/HD.2435, An Act relative to collective bargaining rights for legislative employees – that would update state law to ensure legislative employees have a clear path toward collective bargaining.

Current state law is ambiguous regarding the inclusion of legislative employees in its definition of public employees with the authorization to unionize. The new bill would clarify existing law to specify the inclusion of legislative employees.

"I strongly believe that all workers should have the opportunity to join or form a union. Unions have always led the fight for good wages and benefits, safe and family friendly workplaces, and so many other worker protections and workplace improvements. For me and my brothers and sisters, my parents' union jobs kept a roof over our heads and food on our table," said Senator Keenan. "I filed this bill because our valued, dedicated, and talented legislative staff have expressed a desire to form a union - this legislation would give them full opportunity to do so."

In addition to Sen. Keenan, the legislation was cosponsored by Senators Michael Brady, Anne Gobi, Michael O. Moore, Rebecca Rausch, and Walter Timilty.

"As a card-carrying member of IATSE Local 11, this legislation hits home to me personally," said Rep. Kearney. "I support worker's rights, anywhere and everywhere, if they desire, to organize for benefits and a safe workplace. This includes but is not limited to, our talented and dedicated legislative staff here at the Massachusetts State House."

"In the culmination of three years of dedicated organizing, a supermajority of Senate staff and an ever-growing number of House staff have firmly expressed the need to secure a safe and equitable workplace with a seat at the table through collective bargaining," said the Massachusetts State House Employee Union (MSHEU) organizing committee. "We continue to see a path forward to the benefit of State House employees and the Commonwealth overall, and we are sincerely thankful to Senator Keenan and Representative Kearney for their stalwart leadership in the Legislature to support organized labor and staff. We remain steadfast in our belief that a unionized Legislative staff will ensure improvements in workplace conditions in both bodies that will be protected in the years to come."

The ambiguity of the current law stems from the lack of inclusion or exclusion of legislative employees on the list of public employees permitted to unionize, whereas employees in the executive and judicial branches are distinctly

included and elected officials are distinctly excluded. Along with defining legislative employees as public employees with the authority to collectively bargain, the bill would lay out parameters to exclude employees in certain offices including the Office of the Senate President and the Office of the Speaker of the House from collective bargaining. The bill would also direct the state ethics commission to determine what scenarios would create a staunch conflict of interest for public employees.

"In a democracy, people should have choices," said Myles J. Calvey, Business Manager of IBEW Local 2222. "In a democracy, workers should have the choice of accepting or rejecting a union. This bill simply gives the legislative staff the right to make their choice."

"On behalf of the Massachusetts AFL-CIO and our nearly half a million members across the Commonwealth, we are proud to continue to stand behind the Massachusetts State House Employee Union and the working people that make our government function," said Steven A. Tolman, president of Massachusetts AFL-CIO. "In filing this important legislation, IBEW 2222 and the workers they represent are reaffirming that they deserve a voice in the workplace and a vote to join a union just like every other worker across our Commonwealth. We commend Senator Keenan and Representative Kearney for filing this important legislation and it is our sincere hope that each and every legislator stands in solidarity with these workers and votes to provide a path to a fair and equitable contract for the Massachusetts State House Employee Union."

The filing of the legislation comes ten months after Senate staff announced their intent to unionize with IBEW Local 2222 and the successful collection of authorization cards from a majority of Senate staff. During a closed door meeting between Senate staff and Senate Counsel in July, staff were notified of the hurdle presented by current state law, but understood that it did not present a dead end.

Massachusetts Legislative staff join leagues of Legislative employees across the country in their endeavor to unionize, including efforts by congressional staffers and a successful push by Legislative staff in Oregon. Massachusetts Senate and House staff have cited a need to ensure a safe workplace free of discrimination and sexual harassment, month-one-of-employment health insurance coverage, measures to recruit, support, and retain a diverse workforce, comprehensive professional development opportunities, and a voice in matters concerning their workplace among other factors as their motivation for organizing.

The legislation awaits assignment to a committee for further consideration.

Road To Responsibility Announces Collaboration With Quincy College

Up To A Dozen Staff Members To Enroll In College's Nursing Program

Road to Responsibility, one of the region's largest and most successful non-profit organizations supporting individuals with intellectual and developmental disabilities, announces its collaboration with Quincy College and its Academic Division of Nursing.

As a result of a state American Rescue Plan Act (ARPA) grant, between 10 and 12 RTR employees will be eligible to enroll in the College's nursing program, with most receiving training as a Licensed Practical Nurse (LPN) and a lesser number as a Registered Nurse (RN).

Those enrolling in the 10-month LPN program will first be required to take prerequisite courses during the spring semester at Quincy College prior to be-

ginning the certificate program this fall for final LPN certification in June of 2024. Those entering the RN program will likewise enroll in prerequisite courses at the College, then begin a two-year program this fall with a target graduation date of June 2025.

"This collaboration will stabilize a critical element of our workforce which now is being covered largely by temporary staff," said Christopher T. S. White, Ed. D., president and CEO of Road to Responsibility. "As such, our clients will receive care from consistent staff members, enabling them to develop more trust, rapport, and sense of comfort."

Said White: "Plus, the collaboration will provide staff members with a new career path, once certified

as either an LPN or RN, and with it better paying employment opportunities."

"The value of a Quincy College education – and the return on investment our students enjoy – has never been greater," said Quincy College President

Dr. Richard DeCristofaro. "We hope this unique partnership with RTR serves as a model for other area organizations seeking to expand educational opportunities for members of their workforce."

Houghs Neck Chili Bowl Cook-Off Feb. 4

The 12th annual Houghs Neck Chili Bowl Cook-Off will be held Saturday, Feb. 4 from 1 to 4 p.m. at the Houghs Neck Congregational Church, 310 Manet Ave., Quincy.

Admission is \$5 per person.

Sample up to 20 different chili recipes and vote for your favorite. Prizes for the best individual chili recipe

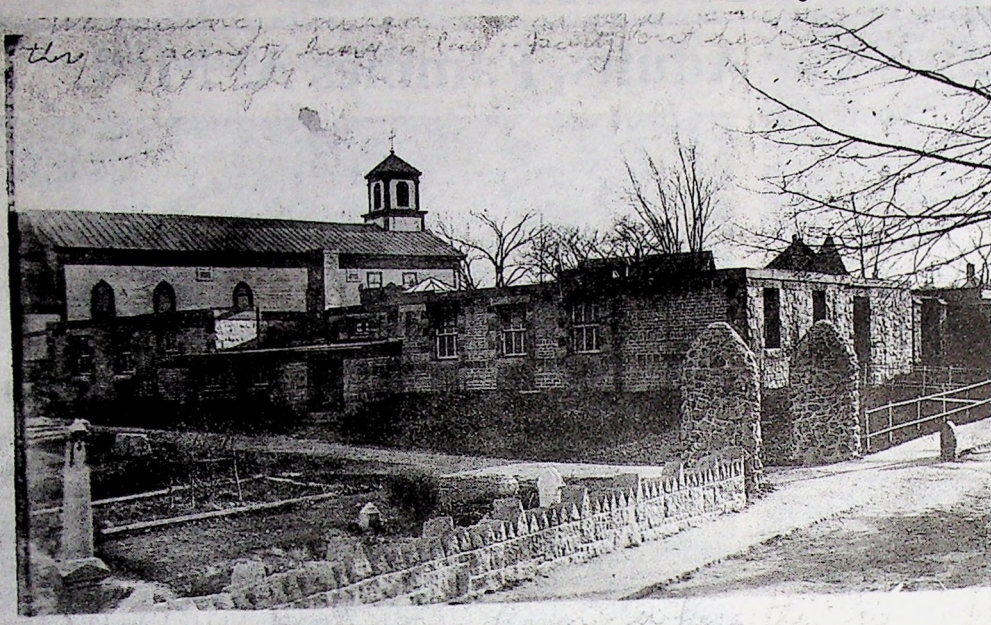
No fee to enter your chili.

Soda, beer, hot dogs, chips, baked goods will also be for sale as well as raffles featuring cash prizes and gift certificates.

To enter or for more information, call/email Pam Craig at 617-471-8968 - pcraig1962@comcast.net.

The chili bowl is sponsored by the Houghs Neck Congregational Church.

Scenes From Yesterday



THIS IS A 1909 postcard showing the back of St. Mary's Church on Crescent Street in West Quincy. This view is from what is now Fr. McMahon Drive. The basement portion of the church as shown here was built in 1901; Archbishop Williams laid the cornerstone. The top of the church was added in 1917. In the left background is the original church building built in 1841. It was built

for the Irish immigrants who came here to work in the granite quarries. It was dedicated by Bishop Fenwick as the first Catholic Church south of Boston and served people as far as south as Plymouth. Later known as St. Joseph's Hall that building has been long gone. In the left foreground is a corner of St. Mary's Cemetery.

From the Tom Galvin Postcard Collection

Quincy's Yesterdays

This Week
1971
52 Years Ago

Furor Over Lunch Issue At Snug Harbor School

Mounting furor over the proposed hot lunch program for Snug Harbor School is expected to climax at a public hearing before the Quincy City Council's Finance Committee in February.

"At this time it is not possible to set an exact date," Finance Committee Chairman J. Vincent Smyth said. "There is some work to be done in advance, but the hearing will be held sometime in February."

Under the proposed program, 51 percent of the 720 students at Snug Harbor would receive their lunches free.

The 49 percent of the students who do not qualify for a free lunch would pay 30 cents per meal.

When the request of the School Committee for a \$36,000 appropriation for the purchase of equipment for the Snug Harbor Lunch Program came up at the Council meeting, it was referred to the Council's Finance Committee.

One school committee member said that the reaction of people across the city to the lunch proposal was one of "public outrage."

RELOCATION OF 36 FAMILIES FOR NEW SCHOOL

Efforts to relocate the 36 families affected by the construction of the new Lincoln-Hancock School will get underway Feb. 1.

At that time, Leonard Purpura and other relocation officers will be officially open for business at the Southwest Community Center at Brewers Corner.

Some 85 persons are represented in the 36 families to be relocated so that school construction can start.

In November, the City Council voted the sum of \$342,000 to be set aside for possible property damage should suits be filed against the city for land taking by eminent domain.

QUINCYISMS

Coast Guard Lt. (J.G.) Christopher D. Willis, son of Mrs. Barbara Willis of 11 Richfield St., Squantum, assisted in the rescue of 23 crewmen from the sinking vessel Joy Taylor in the South China Sea... Navy Captain James W. Hayes, Jr., husband of the former Miss Doris C. Hangan of 20 Wollaston Ave, Wollaston, was serving aboard the destroyer USS Grand Canyon in the Mediterranean Sea... Commander Ernest Fitzgibbons and legion member Stanley Bovill were co-chairmen of a public dance held by the Houghs Neck Legion Post, at the Post Home on Sea St., Houghs Neck... The Mabelle Gown Shop, 20 Cottage Ave, Quincy Center, was offering a half-price sale on all bridal gowns... A daughter was born at Quincy City Hospital to Mr. and Mrs. Joseph J. LaRaia, 54 Grogan Ave, West Quincy... Regina Russell, Quincy Sun Astrologist and "Sun Signs" columnist, was scheduled to speak at the Jan. 27 meeting of the Houghs Neck Congregational Church Mothers Club. Her topic "Astrology"... Miss Louise Forsyth, executive secretary of the Massachusetts School Counselors Association (MSCA), was selected for the seventh edition of "Who's Who of American Women." She is a member of the Headquarters Guidance Staff of the Quincy Public Schools...

The Quincy Jewish War Veterans will honor five high school students at their Feb. 14 meeting at the Jewish Community Center, 10 Merrymount Rd. They are: Donald Shaw, Quincy High School; Richard Kalish, North Quincy High; Joseph Rivieccio, Hull High; Emile Steinkraus, Weymouth North High and Theresa Collins, Weymouth Vocational-Technical School... Richard Ceriani, a former Quincy Trade School student, presented an air conditioning type unit to the Quincy Vocational-Technical School... Putnam S. Borden, 40 Lurton St., South Quincy, was named by Mayor James R. McIntyre to serve on the Voting Machine Study Committee. City Clerk John Gillis chaired the committee, which also included Councillor Albert Barilaro, Mrs. Patricia Toland and Mrs. Phoebe Forsyth. (Editor's note: The first change in voting procedures came in 1985 with the use of the punch card system)... The 1970 Quincy High football team, coached by former Quincy High football great, Hank Conway, was the first team in the school's history to go undefeated and untied. The team was given a trip to Florida, where they attended the Orange Bowl game... Former Quincy High basketball co-captain Jim Ducey clinched a starting berth on the University of Vermont basketball team. He is the son of Mr. and Mrs. James Ducey, 138 Waterston Ave, Wollaston... Brookfield Insurance Agency, 587 Hancock St., Quincy, was advertising "Income Taxes Prepared, \$5 and Up"... Col. Stephen T. Keefe of Quincy, has been named Reserve Assistant to the Deputy of the Air Force Reserve, with duty at the Pentagon in Washington, D.C.

READERS FORUM

Don't Be Silent Any Longer About Racism

I appreciate Senator John Keenan and others for speaking out on racism, specifically in the city of Quincy.

Admitting that there's racism in this city is the very first step in facing and confronting it.

But how do we confront racism? I have struggled with this issue. I conclude that there are many angles

and ways to do it. That may sound like a cop out, but people having different experiences with racism might have different "solutions" to deal with it.

For myself, the second step is to admit that I'm a racist, that I prejudge people and stereotype them, not only African-Americans, Jewish, but also Asians, and I'm Asian myself, and I see

myself as a Christian??? Am I writing this as a confession and / or get sympathy from others?

No, but just getting this out of my system and admitting it, hopefully, starts the process of healing and being humble and being more human for me.

One more thought before I end this letter. Racism is a choice. Maybe racism is

from peer pressure; growing up in an environment where racism is the "norm"; or we just want to be racists. But all these are choices. So, choices can be undone and changed.

Again, Silence = Death. Please don't be silent any longer about racism.

Gene Lee
Quincy

Also Concerned About Voting By Mail

After reading of Mayor Tom Koch's concerns over mail-in balloting (Quincy Sun, Jan. 19), I am sure there will be many now criticizing him for either being a conspiracy theorist or attempting more voter suppression.

I agree with Koch on this issue. I support the encouragement of more folks to sign up to vote and then, actually vote at election time. I support early voting, no problem there. I also support absentee ballots requested

by individual registered voters too. However, I am against both universal mail-in balloting and ballot drop boxes. Without a clear cut chain of custody, our whole election process could remain suspect. Without voter integrity, our constitutional form of government is jeopardized.

I want as many voters as possible to vote for the candidates of their choice at every level of government. It does appear more citizens

are registering and voting but we all need to encourage friends and neighbors to join the rest of us.

However, I do not agree with some of these new voting reforms out there such as the Registry of Motor Vehicles automatically forwarding information to the state secretary's office to be passed on to local town and city elections departments for registration of new voters. Forced voter registration seems unAmerican and

opens up questions about verification of who should or shouldn't be added to municipal elections voter rolls. Hopefully safeguards will be in place but how can we be certain these safeguards will actually work.

Bottom line. There is a special election coming up for ward councilor. Don't forget to register and vote. The choice is yours, use your right to vote.

Sal Giarratani
East Boston

NQHS Class Of 1973 Reunion

North Quincy High School Class of 1973 will hold its 50th class reunion Saturday, Nov. 25 at the Tirrell Room, 254 Quarry St., Quincy.

The reunion will include dinner and dancing.

Tickets are \$75 per person. Contact Jo-Ann Bragg at siesta313@hotmail.com to confirm your reservation.

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Arts & Entertainment

February Programs For Adults, Families At MPL

By JEAN HLADY
Milton Public Library

During the month of February, the Milton Public Library is offering some very enjoyable programs for adults and families.

Some are virtual and others are in person in our meeting rooms.

This month the Milton Public Library online 50 plus Job Seekers Group will meet four times, every week on Wednesdays. This is a great opportunity to network with others to locate job opportunities and to move forward to a new career or more fulfilling position, under the guidance of Deborah Hope who is an experienced executive career coach.

The first topic in February will be "Create a Marketing Plan & Marketing Brief" and this process will be discussed twice, once on Feb. 1 at 9:30 a.m. and then repeated on Feb. 8 at 6 p.m. so that people can choose a convenient time to attend.

Then there will be a second career topic discussed in February which is "Applications, Cover Letters & Negotiation," and the dates are Feb. 15 at 9:30 a.m. and again on Feb. 22 at 6 p.m. This virtual series is perfect for midlife workers who are seeking a new employment direction as they improve their job search skills one step at a time.

For more details and to register to receive an attendance link, please go to www.miltonlibrary.org, click on "events" from the main page, and then choose the dates you would like to sign up for. We hope you might take advantage of this collaborative series which

is a partnership between the MPL and 60 other MA communities, sponsored by the Tewksbury Public Library. If you need help, call the Reference Department at (617) 898-4964.

Milton Public Library ongoing events continue this month with the MPL Walking Club happening on Thursdays, Feb. 2 and Feb. 16, both meeting up in the parking lot at 12 noon. Come join others for some exercise and companionship this month. However you must sign up in advance at our website to participate.

Also there will be two meetings of the Library Knitting Group held in February, on Thursday, Feb. 2, at 7 p.m. and on Saturday, Feb. 18, at 10 a.m. - both held in the Conference Room. No signup is required for this drop-in program, but if you would like to get on the organizer's list to receive email updates, send a message to Librarian Jean Hlady at jhlady@ocln.org or call her at the Reference Dept. (617-898-4964). This program is a very fun way to share your craft projects with others, learn new tips and tricks, and make new friends.

The first event in the MPL's Spring musical series will be a wonderful in person concert on Saturday, Feb. 4, starting at 2 p.m. in the Keys Community Room. This performance will feature dance, music and spoken word by 12 young talented performers from the Jamaica Plain Cultural Arts Center called "Origination." This dance and music troupe was founded in 1994 by Artistic

Director Shaumba-Yandje Dibinga, and it is part of a non-profit corporation that teaches young people dance and more, with the goal of raising students' awareness about pertinent social issues.

At this concert you will enjoy a variety of entertainment, including contemporary and African dance routines, musicians and poetry. We hope you might join us for this fun program, which is appropriate for all ages. No registration is required - just come and bring your friends and family. We hope to see you there.

The Cookbook Club will meet on Sunday this month, on Feb. 5 at 2 p.m., and this will be a hybrid program. You may choose to attend in person in the Keys Community Room or alternatively via Zoom. So when you register in advance at the MPL website, please indicate your attendance preference. The assigned book for this meeting is *Life is What You Bake It* by Vallery Lomas. To reserve a copy of the book, call the Reference Dept. at (617) 898-4964 or go online using your library card and for all the details about this club, go to www.miltonlibrary.org.

Next author and historian Anthony Sammarco will be back at the MPL to give an in person talk on Tuesday, Feb. 7, at 7 p.m., about his book called "Valentines Day Traditions in Boston" (America Through Time, c2022). This is a fun and interesting way to recall the holiday from the exchange of Valentine cards in day school to the cards, candy, and flowers we sent or received as adults to and from our valentine. From Ancient Rome with the pagan festival called Lupercalia to the worldwide celebration of the holiday, we revel in its history and evolution through the centuries as a day of love. Come learn about Esther Allen Howland who is honored with the nickname the "Mother of the American Valentine" who started a small card factory in the 19th century.

This talk will be in person in the Keys Community Room and no advance registration is required. Just come and join us, and we hope to see you there for a great way to celebrate the ones you love this month.

As part of the "Milton Grows" initiative, there will be a creative event hap-



TWELVE YOUNG TALENTED performers from the Jamaica Plain Cultural Arts Center called "Origination" will perform Saturday, Feb. 4 at 2 p.m. in the Keys Community Room at Milton Public Library.

Courtesy Photo

pening on Saturday Feb. 11, from 10:30 a.m. to 12 noon, called "Recycled Fiber Crafting." Got some old t-shirts lying around? How about a stash of plastic grocery bags that you're not sure how to use? Bring these things to the MPL and learn how to turn this trash into treasure.

During this program we will learn how to cut a t-shirt into "tern" and a plastic bag into "plam," which can then be used to knit or crochet a variety of objects. Participants are asked to bring 1+ old t-shirts that they don't intend to wear again, and a pair of sharp scissors.

For more details go to the Milton Public Library website, where you will need to register in advance to participate.

And also there will be another "Milton Grows" in person program called "Beekeeping 101" held on Saturday, Feb. 11, from 2:30-3:30 p.m., in the Keys Community Room. If you're thinking about starting a backyard beehive, want to pollinate your garden, taste some honey or are simply fascinated by humming hives, then this is a great event for you.

Join Michelle and Ray from Milton's Billion Backyard Bee Project for a presentation and discussion on things to consider and tips on how to start a hive. For more information about this educational talk, go to our website which is where you may also learn more and can sign up in advance to attend.

One more "Milton Grows" event is scheduled for Thursday, Feb. 16, at 7 p.m. called "Planting for Pollinators" which will be held virtually via Zoom.

Inviting pollinators into our gardens has become critical for the preservation of our environment, and while it sounds like a tall order, it is not. We'll explore what attracts pollinators and why native plants are essential to their well-being, and we will highlight tried and true natives that can complement your garden and withstand our New England weather. Please sign up in advance at our website where you may also read more details, and once registered, you'll receive the link on the day of the program.

Irish Photojournalist Martin Nangle will take us on a virtual photographic journey on Saturday, Feb. 18, from 2-3:30 p.m. called "Boston and Belfast." Mr. Nangle has written a book called "Circle - Volume 1: A Belfast Story" and a sister title called "September '89" which is all about Boston neighborhoods. These large format books are now in the permanent collection of the Ulster Museum and although their images are curated from these renowned collections, they also describe what it was like to be a photojournalist working for the national and international media during the 1970s and 1980s in Belfast and Boston.

This talk will explore the streets of Boston, and the speaker will share his photography as he searched for signs of Irishness in Boston neighborhoods and how they are similar to those found in Belfast. Advance registration is required and once signed up, you will receive the Zoom link.

This talk is being given on a Saturday afternoon because of the time difference between Boston and Europe. We really hope you might join host Jean Hlady to learn a lot of fascinating details about the Irish living in both cities, while enjoy-

ing lots of vintage photos at the same time.

For more information, go to the MPL website (www.miltonlibrary.org) where you can also register to receive the Zoom link.

And finally there will be an in person naval history talk called "The 1939 Rescue of the Squalus Submarine: The 3 Sisters - The Squalus, the Sculpin & the Sailfish" which will be held on Tuesday, Feb. 21, at 7 p.m. in the Milton Public Library Keys Community Room. Speaker and historian Bob Begin will be back at the MPL to tell us all about the first submarine rescue ever, which happened in Portsmouth, NH in 1939 and about the 33 men who were saved. This was unprecedented in the history of the U.S. Navy, as the crew was trapped at the bottom of the ocean and were rescued by a sub called "The Sculpin."

The story has a surprise ending also, as our country first entered World War II. Please join us for this riveting program. No signup is required to attend and we hope to see you there.

All of these events are sponsored by the Friends of the Milton Public Library and are free and open to everyone.

"Milton Grows" - which funds some of these programs - is a year-long initiative for all ages focused on gardening and sustainability. Funded by the federal Library Services and Technology Act, the grant is administered by the MBLC, and supported by our partners Sustainable Milton and the Friends of the MPL.

For questions or for assistance registering for a program, email jhlady@ocln.org or call the Reference Dept. at (617) 898-4964. The Milton Public Library is located at 476 Canton Ave.

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479 Washington Street
Quincy: 617-786-8888

More Quincy news:

The Quincy Sun.com

Save The Harbor Seeks Applications For 2023 Better Beaches Grant Program

Save the Harbor/Save the Bay and the Department of Conservation and Recreation (DCR) are seeking Better Beaches Program grant proposals from organizations in Quincy to support free beach events and activities on the region's public beaches this summer.

In 2022, Save the Harbor's Better Beaches Program invested more than \$250,000 in the program, supporting 62 organizations in nine waterfront communities from Nahant to Nantasket. In turn, those organizations ran over 180 events.

This year, Better Beaches state funding has increased. Save the Harbor we will be awarding more than \$300,000 in 2023 Better Beaches grants for even more events free to the public.

If you or your organization has a great idea for a free beach event or program, visit <https://www.savetheharbor.org/better-beaches>.

"We are so thrilled that Save the Harbor/Save the Bay partnered with us once again for our 23 mile bike ride, called Bike the Beaches of Quincy," said Irene Lutts, president of Quincycles, a Better Beaches grantee. "We've done this a number of times with Save the Harbor's support and it's always a hit. We had over 65 riders join us and we biked all 23 miles of the Quincy coastline."

The Better Beaches program puts resources in the hands of local beach lovers, supporting and empowering them to execute events for their communities. The impact is clear — Save the Harbor has brought millions of community members to the region's beaches with over 1,000 free events since 2008.

Grant applicants can come from any community as long as their idea centers one of our region's public beaches. Better Beaches funds will be awarded to organizations, programs, individuals, and creatives who empower, amplify and invest in community members of color, people with disabilities, people who's first language is not English and members of the Queer community. The event must be free and open to the public, be executed in Summer 2023, and comply with DCR's restrictions on what's allowed on the beaches.

A Trike Called Funk, a Better Beaches grantee, used their funds to perform at events on multiple beaches and host their own event series, Bike to the Beach and Boogie. "None of this would have been possible had it not been for the support of Save the Harbor/Save the Bay and the Better Beaches initiative," said A.a.ron Myers, Co-Founder of A Trike Called Funk. "We are happy to amplify Save the Harbor and celebrate what they're doing to bring people together and to appreciate, but also become stewards of, these beautiful blue and green spaces in and around Boston."

Information about the events and programs that were supported last year can be found in Save the Harbor's 2023 Impact Report, which is available at <https://www.savetheharbor.org/publications>.

Grow Tasty, Nutritious Leafy Greens Indoors

By MELINDA MYERS

Boost the flavor and nutritional value of winter meals by growing a container of greens indoors. Plant, tend and harvest greens for garden-fresh flavor now and throughout the year.

Green leafy vegetables are healthy sources of carbohydrates, typically rich in fiber and nutrients, while also being low in fat and calories. Many of these vegetables can help reduce the risk of stroke, anemia, high blood pressure, certain cancers, and diabetes. They also help improve the health of your gut, heart, bone, and skin while boosting your body's immunity.

To create your own indoor garden of greens, all you need are seeds, a container, potting mix, and a sunny window or artificial lights. Select a container or planter with drainage holes or reduce maintenance with the help of self-watering containers like the Viva Round or Square self-watering planters. Their water reservoirs reduce watering frequency.

Fill the container with a quality potting mix that is well-drained and retains moisture. Plant seeds as recommended on the seed packet. You can grow each type of green in its own container or mix them up for an attractive display in larger planters like the Tartu Elevated Rectangular Planter ([gardeners.com](https://www.gardeners.com)).

Water thoroughly and often enough to keep the soil moist while waiting for the seeds to sprout. Reduce the need for frequent watering by covering newly planted containers with a plastic sheet or dome. Once sprouts appear, remove the plastic



TABLETOP LIGHT STANDS work well on kitchen counters and provide plenty of light for greens to grow.
Photo Courtesy Gardener's Supply Company/gardeners.com

and begin watering thoroughly when the top inch of soil begins to dry.

Boost productivity and increase planting space with the help of artificial lights. You will find a variety of setups for any space in your home. Counter and tabletop light stands like the Micro Grow Light Garden can be conveniently located in the kitchen or dining room. Stand-alone light shelves provide more growing space within a small footprint. Furniture-grade light stands make them easy to use in any room in the house.

Grow greens you and your family like to use in your favorite recipes and salads. Green or red leaf lettuce is easy to grow indoors and its mild flavor is most appealing to children and picky eaters.

Spinach is another popular and easy-to-grow leafy green vegetable used fresh in salads and smoothies or

added to soups and sauces. It contains many vitamins and nutrients, including iron, folic acid, and calcium.

Kale is considered a superfood. This nutrient-dense vegetable is packed with vitamins, minerals, and antioxidants. If the flavor is a bit too intense for you, try the baby leaf types that are milder in flavor, or try braising kale for a milder flavor and more tender texture.

Add a bit of peppery flavor to salads, soups, pastas, and other dishes with arugula. Add a spicier flavor with mustard greens. Sauté mustard greens or add them to your favorite Southern, Asian, Indian or savory dish.

Include color and flavor in your winter meals with beet greens. The leafy part of this vegetable is often overlooked but is the most

nutritious part of the plant. Use these the same way you would spinach or kale. You can purchase beet varieties selected for growing the best greens to harvest from baby to full size.

Make it more fun by getting others involved. Hand family members and guests a plate and kitchen shears so they can harvest and help prepare the meal.

Melinda Myers is the author of more than 20 gardening books. She hosts The Great Courses "How to Grow Anything" DVD series and Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Gardener's Supply for her expertise to write this article. Her website is www.MelindaMyers.com.

Movie Review: 'A Man Called Otto'

By BOB GARVER

"A Man Called Otto" has not been a well-marketed film. The strategy of the film's advertising seems to be, "You know how Tom Hanks usually plays likeable/heroic characters to go along with his reputation for being a nice guy in real life? Come to this movie to get the opposite of that! See his versatility as he complains in a phony-sounding growly voice for 90% of the movie, followed by a heartwarming turnaround so sweet that most of the audience will be making the universal sign for gagging. It'll be unpleasant until it isn't!" First of all, it's not like Tom Hanks has never gone grouchy before. I can watch everything from "A League of Their Own" to the recent "News of the World" to frankly most of "Toy Story" to see Hanks be grumpy without the movie needing to use it as a selling point. Second, if the film

needs to draw that much attention to its unpleasantness, I don't want to see it. I didn't want to see "A Man Called Otto," and would not have gone to see it had it not earned enough money to warrant a review. Fortunately the film worked better in one large dose than it did in several smaller ones.

Yes, Hanks' Otto Anderson spends most of the first act complaining. He complains that rope at the hardware store is sold by the yard and not by the foot. He complains that his neighbors don't obey simple parking and driving rules in his housing complex. He complains about a stray cat that won't leave him alone. He complains about his job forcing him to retire. He complains about a real estate company trying to force everyone out of their homes. He complains that America is dying. He's planning to

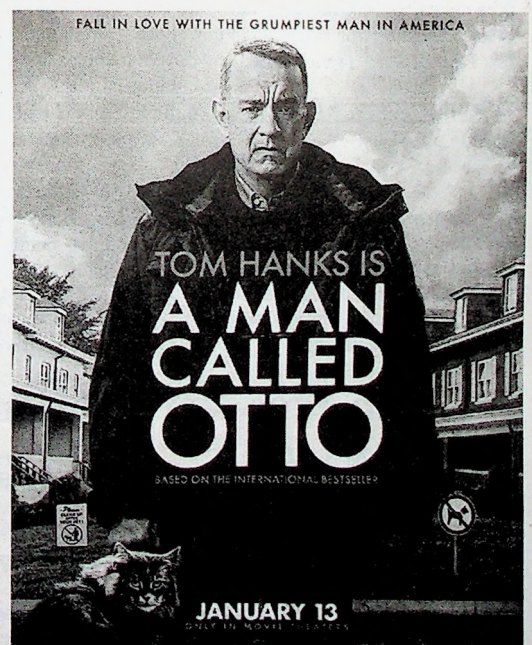
the need for the five feet of rope...

Otto's plans keep getting interrupted, usually by neighbors who need him for something. He's handy with tools and usually willing to do a favor if it means there will be order in the world. The film never delves deeply into his mental health, though he is definitely suffering from depression following the passing of his wife and probably has either OCD or something close to it. It does dwell on his physical health — namely a heart condition called hypertrophic cardiomyopathy. I've heard the term before, and I had to grit my teeth every time it came up because I knew that its definition would eventually be treated as a punchline. I was right and it was just as painful as I imagined.

The ads do get the bare bones of the story and tone right, but what they don't

show is that the movie is very good at showing "why" Otto acts this way. Sometimes his complaints are completely justified, like when he gets into a fight with an antagonistic clown (Otto keeps his temper in check longer than I would have). Sometimes they're understandable because of things that have happened in Otto's past. For these scenes, the film brings in Hanks' son Truman to play a younger version of Otto. These flashbacks may interrupt the flow of the present-day story, but the movie wouldn't work without them.

"A Man Called Otto" ultimately works because the character is more fleshed-out than the advertising makes it seem. It shouldn't be surprising, given that the role attracted an actor the caliber of Hanks, but things weren't looking promising at first. As for the character's grating voice and man-



nerisms, they're initially jarring, but you'll barely notice them after a while. Broad characters like Otto thrive better in two-hour movies where audiences can warm up to them than in spaced-out trailers and commercials where they can be jarring every time. Just like Otto

himself, the performance and the movie require some patience, but they shouldn't be written off.

Grade: B-

"A Man Called Otto" is rated PG-13 for mature thematic material involving suicide attempts, and language. Its running time is 126 minutes.

Cruise Curious? Navigate The Waters With AAA

Industry Prepares For Strong Year As Americans Look To Set Sail

After nearly three years of challenges and uncertainty, cruise lines are gearing up for a strong year with travel demand rising and Americans eager to set sail.

A new AAA survey finds 52% of U.S. adults are just as likely or more likely to consider taking a cruise vacation than they were before the pandemic. That number is up from 45% one year ago.

"Cruising is back in a big way. We expect a lot more people to book cruises in 2023 as several new ships have entered the market," says Cyndi Zesk, Vice President of Travel at AAA Northeast. "We already saw this in November which proved to be a record-breaking month for cruise book-

ings. For many cruise companies, Black Friday was the single largest booking day in history."

Contemporary, family-friendly, and luxury cruises top the list of most popular ships among people who are likely to go on a cruise this year, according to AAA's survey. But smaller, more intimate ships are gaining popularity, like river cruises which offer personalized itineraries and port-centric experiences. Some of the top reasons holding some people back from cruising are cost and health and safety concerns. Zesk says travel agents can help clarify cruising misconceptions and identify the ship that fits your needs.

"There is something for

Top Cruise Destinations for 2023

2023 Domestic Departure	Cruise Destination	2023 International Departure	Cruise Destination
Anchorage, AK	Alaska	Vancouver, Canada	Alaska
Seattle, WA		Athens, Greece	Mediterranean
Honolulu, HI	Hawaii	Barcelona, Spain	
Anaheim, CA	Hawaii	Venice, Italy	
San Francisco, CA	California Mexico	Paris, France	Mediterranean European River Cruises
Fort Lauderdale, FL	Mexico	Budapest, Hungary	European River Cruises
Miami, FL	Central America Caribbean	Amsterdam, Netherlands	Northern Europe Scandinavian
Orlando, FL		Bergen, Norway	
New Orleans, LA		London, England	
New York, NY	Caribbean Bermuda New England Canada	Medina, Saudi Arabia	Middle East India

everyone when selecting a cruise vacation. AAA travel agents are skilled at finding the cruise that meets your budget and expectations," adds Zesk. "Cruise lines

have undertaken extensive measures to promote health and safety onboard, so you can expect attention to detail and cleanliness. In the case of unexpected illness, they have protocols in place to isolate passengers as they recuperate."

5 Mistakes People Make When Booking Cruises

Forgoing a travel agent and travel insurance – travel agents are experts who can help you select the cruise line, ship, and itinerary that best fits your lifestyle, budget, and interests. They have access to the same pricing as booking through a cruise line directly but can provide additional savings, onboard credit, complimentary gratuities, and other amenities you won't get from booking on your own. Travel insurance gives you peace of mind if plans change. Without it, you could be on the hook for 100% of your trip if you must cancel unexpectedly. Insuring your trip allows you to breathe a little easier, knowing your travel investment is protected.

Delaying booking in hopes of getting a deal – think you'll get a better deal at the last minute? Think again! Cruises can be booked as far as two years in advance. Waiting too long can result in the cruise or stateroom category you want being sold out. With lower stateroom inventory as the sailing date approaches, many cruise lines actually increase prices closer to the sailing date. Book early to get the specific cruise and stateroom you want.

Waiting to book shore

excursions or onboard dining and shows – putting off booking a shore excursion is risky because the most popular tours may be sold out by the time you're on board. The same goes for certain restaurants or shows. Often, cruise lines will offer lower prices for shore excursions booked in advance. That's another way travel agents can help. They can guide you through the pre-cruise process and assist with those types of reservations.

Flying in on the day of sailing – weather delays or mechanical issues can turn your dream vacation into a nightmare if you are flying in on the day you are sailing. The stress of possibly missing your cruise is not the way to start a relaxing trip. Fly in a day early and enjoy an evening at your port of embarkation before setting sail.

Picking a cruise based solely on price – there are cruise lines for all types of budgets. A wise person once said a cheap vacation could be an expensive mistake. To save money, you might book a cruise that doesn't offer the onboard experience you hoped for. Travel agents can be invaluable in this area because they can match your interests with your budget while laying out exactly what you can expect at different price points.

5 Biggest Myths about Cruising

I will be bored. A cruise can be as active or as relaxing as you want it to be. From basketball and pickleball to rock climbing walls and surfing simulators, large ships have amenities galore. At night, end your day with Broadway-style shows, solo acts, movies, casinos, or nightclubs. Expedition cruises are all about the destination and focus on the great outdoors. For travelers looking to take in the sights and sounds of a breathtaking city, European river cruises, for example, offer port-centric activities that immerse

passengers in the local culture.

I will get seasick. Cruise ships have stabilizers to minimize the ship's motion as much as possible. If you're taking a river cruise, you're less likely to get motion sick. But travelers who are extra sensitive can take medications like Dramamine, use acupressure bracelets, or wear seasickness patches behind the ear.

I will have to wear formal clothes. The days of wearing a tuxedo or cocktail dress in the evening are over unless you want to go all out! Most cruise lines have adopted a resort casual dress code. Depending on your mood, you can opt for a more relaxed look or put on something special for a romantic night out.

The only activities on a cruise are eating and drinking. It's no secret that cruises are known for buffets, room service, all-day pizza bars, and burgers by the pool. But there are plenty of other things to do, like hanging out at the pool, going on offshore excursions, watching live entertainment, taking a fitness class, or treating yourself to a spa service.

Cruise ships are only for older crowds. Today's cruises are popular with people of all ages and offer a fantastic vacation for families, groups of friends, and honeymooners. Kids have their own dedicated space and activities to keep them entertained, while young adults can take advantage of endless sports and activities onboard. Adults can enjoy a wine tasting or spa treatment, and all ships offer quiet corners for reading, relaxing, and even napping.

AAA Northeast is a not-for-profit auto club with 70 offices in Rhode Island, Massachusetts, Connecticut, New Jersey, New Hampshire and New York, providing more than 6 million local AAA members with travel, insurance, finance, and auto-related services.

WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Jennifer's Apple-Stuffed Pork Chops

By MARIE

Many times when I begin to cook I don't always measure what I am using and by the time I write the recipe I am actually improvising the amounts or taking an "educated guess" as the case may be.

Sometimes cooks just eyeball ingredients and, unlike in baking where you have to be exact, the results can be unusually good.

"Eyeballing the ingredients" was the way my granddaughter, Jennifer, gave me this recipe for these delicious apple-stuffed pork chops. She brought me one to taste and it was absolutely the best stuffed pork chop that I have had in a long while.

Preheat oven to 350 - grease a shallow baking pan

Recipe:

Fresh sage

Fresh parsley

Salt and pepper to taste

1 small onion, finely chopped

1 granny smith apple, finely chopped

1 cup of stuffing mix

3 tablespoons of melted butter

1 can of chicken broth

4 pork chops (thick and good sized pork chops that can be slit for stuffing.)

Before you begin slit the pork chop to prepare it for the stuffing.

Mix all of the herbs together as if you were making pesto.

Then add the chopped onion and apple.

Add the melted butter and stir, blending well.

Add stuffing mixture to the chicken broth to moisten and blend all of the ingredients together.

Stuff the pork chop with the stuffing mixture and add strips of bacon or prosciutto to the top of the chops.

Place the pork chops in a greased shallow baking pan and cover.

Bake for 30 minutes and check – and then continue to bake until pork is no longer pink.

You can serve these delicious chops with either roasted potatoes – either sweet or white and string beans.

Grain Free Herb Sesame Crackers

By SUZIE

Crackers are something many folks crave (salty crunchy) with either a dip or with some cheese, and end up eating too many or eating the kind out of a box made with refined flours and sugars.

These crackers are gluten and grain free, loaded with protein, as well as fiber, calcium, healthy fats, and some important vitamins and minerals not found in your everyday crackers.

Did you know that a serving of sesame seeds contain more calcium than a glass of milk? These are easy too!

Grain Free Herb Sesame Crackers

3 cups almond flour (I use Honeyville brand, you can get online, it is by far, the best and fluffiest)

1 1/2 tps sea salt

1/2 tsp garlic powder

1/2 tsp onion powder

1 cup sesame seeds

2 tablespoons olive oil or avocado oil

2 eggs

Preheat oven to 350. In one bowl combine dry ingredients and in the other combine eggs and oil. I like to mix well with a mixer or immersion blender. Combine and mix well with wooden spoon.

Place dough between 2 pieces of parchment paper and roll to about 1/16 inches. Take off top piece and cut into squares with sharp knife or even a pizza cutter. You can even use cookie cutters.

Bake about 12 minutes until lightly golden.

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Social Security Matters

Ask Rusty – What Counts For Social Security's Earnings Limit?

By RUSSELL GLOOR

National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: I retired on Feb. 1, 2022. I collect a pension from my employer plus a union pension, as well as Social Security, all of which started in February 2022. I am married and I'm 65 years old. I only worked 4 weeks in 2022 before retiring, but my income ended up being far more than expected. I got 5 weeks' vacation pay and a retroactive check from an overdue labor contract. I also got hazard pay and a small check for a class action lawsuit my union filed years ago. All of that brings my 2022 income to about \$35,000 which means I have exceeded what I can make as far as Social Security goes. My question is, should I contribute some money to my IRA to offset my earned income? And is it even possible for me to do that? **Signed: Retired but Concerned**

Dear Retired: Generally, income earned before starting your Social Security benefits (such as accumulated vacation pay) doesn't count toward Social Security's earnings limit for those who have not yet reached their full retirement age (FRA), nor do your earnings from working in the 4 weeks of 2022 before your SS benefits started. Similarly, the check for retroactive labor contract benefits, hazard pay for past work, and income from the class action suit do not count toward Social Security's earnings limit. The only thing that counts towards the limit is earnings from working after your Social Security benefits started, which you apparently did not do. Thus, from what you've shared, you should not be subject to any impact to your monthly SS benefits as a result of your total 2022 income. Note, you may still get an inquiry from Social Security next year about your 2022 earnings, but only earnings from actually working after your Social Security benefits started (which you did not) would count toward Social Security's earnings limit.

You may, however, wish to consult with a qualified tax advisor because some of your Social Security benefits received in 2022 will be subject to income tax on your 2022 tax return. Assuming you file your tax return as "married/jointly," if your combined income from all sources exceeded \$32,000 then 50% of the SS benefits you received during the tax year will become part of your overall taxable income; and if your 2022 combined income from all sources (including your wife's income) exceeded \$44,000, then up to 85% of your SS benefits received in 2022 will become taxable income. A tax advisor can give you more information on that, and also help you decide if it would be wise to contribute to an IRA. But, in any case, contributing to an IRA will not affect your monthly Social Security benefit.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadviser@amacfoundation.org.

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BBB: How To Choose The Right Tax Preparer

By BETTER
BUSINESS BUREAU

This year, United States taxpayers must file their income tax forms before the April 18, 2023 deadline. For many people, major life changes, business ownership, or simply a lack of knowledge about the ever-changing tax laws make finding a trustworthy tax preparer a good idea. That said, not all tax preparers have the same level of experience and training. Here are tips for finding someone you can trust with your finances and sensitive personal information.

Which type of tax preparer is right for you?

First, it's important to understand the different types of tax preparers and their qualifications. Only enrolled agents, certified public accountants, and attorneys may represent their clients to the IRS on matters such as audits, collection issues, and appeals.

Enrolled Agent (EA):

An EA is a tax preparer that has been approved by the IRS to represent taxpayers. An EA must either have prior qualifying employment with the IRS or pass an intensive two-day exam on federal taxation and complete a background check. To maintain EA status, they must complete a specified number of credit hours each year of continuing education in accounting methods and tax regulations. An EA may work independently or as part of a firm and specialize in specific areas of tax law.

An EA is a good option if you have a more complex tax situation. However, you'll want to make sure their area of expertise applies to your personal situation. Fees and availability may vary, but you can expect an EA to charge less than a CPA. An EA is also qualified to help you with financial planning and give you tips that could help you reduce your taxes in the future.

Certified Public Accountants (CPA): CPAs have a college degree (or the equivalent in work experience). They are licensed after passing a state professional qualifying exam. They are highly skilled in accounting. This makes them good candidates for complex tax planning and preparation if they are experienced in handling tax matters and enrolled in continuing education programs that keep them abreast of the constant changes to tax laws. If your return is quite complex, a CPA may be your best choice for tax preparation, but keep in mind they will charge much more than basic tax preparers.

Attorneys: Tax attorneys

often charge the highest fees as tax preparers. For taxpayers looking to shelter part of their income legally or for those who need specialized advice on municipal bonds, estate planning, and the like, hiring a tax attorney is a good option.

Non-Credentialed tax preparers: There are about 700,000 people who work as non-credentialed tax preparers in the United States. They often work part-time or only during the tax season. These preparers must have an active preparer tax identification number (PTIN) through the IRS, but beyond that, regulating tax preparers is done at the state level. In the vast majority of states, anyone can prepare tax returns for others without having to take an exam, get a license, or comply with other government regulations.

Most tax preparers are legitimate and competent, but keep in mind that without a national license requirement, they may be working off of their own personal research and experience. Because of this, it is important you conduct a thorough interview with the tax preparer before you hire them.

How to choose the right tax preparer:

When it comes to choosing

the right kind of tax preparer for you personally, much will depend on the complexity of your tax situation. After you've decided what qualifications your tax preparer needs, the following tips will help you choose someone who is trustworthy and competent:

- **Review the tax preparer's credentials.** EAs, CPAs, and tax attorneys are all qualified to represent their clients to the IRS on all matters. Other preparers can help you with forms and basic matters but cannot represent you in case of an audit. Don't be afraid to ask about these or other qualifications before you hire someone.

- **Be wary of spectacular promises.** If a tax preparer promises you larger refunds than the competition, this is a red flag. Many such tax preparers base their fees on the amount of your return and may be likely to use shady tax preparation tactics. In addition, it's wise to avoid tax preparers who offer "refund anticipation loans" as you'll probably lose a large percentage of your return to commission fees.

- **Get referrals from friends and family.** One of the best ways to find a trustworthy tax preparer is to ask your loved ones for recom-

mendations. Once you have a few options, check BBB.org, paying careful attention to other consumers' reviews or complaint details. This will give you a clear view of what you can expect.

- **Think about availability.** If the IRS finds errors in your tax forms or decides to perform an audit, will your tax preparer be available to help you with the details? Find out whether you can contact the tax preparer all year long or only during tax season.

- **Ask about fees ahead of time.** Before you agree to any services, read the contracts carefully and understand how much the tax preparer charges for their services. Ask about extra fees for e-filing state, federal, and local returns, as well as fees for any unexpected complications.

- **If things don't add up, find someone else.** If a tax preparer can't verify their credentials, has a record of bad reviews from previous clients, or their business practices don't seem convincing, don't do business with them. Remember that if you hire them, this individual will handle your sensitive personal information – information you need to keep safe from corrupt or fraudulent tax preparers.



STATE OF THE CITY ADDRESS

Honorable Thomas P. Koch
Mayor of Quincy

Tuesday, January 31, 2023
10:30 a.m.

The Great Hall
James R. McIntyre Government Center
1305 Hancock Street, Quincy, Massachusetts

The public is invited to attend.

February Children's Events, Activities At Crane Library

By JULIE RINES
Children's Coordinator

Thomas Crane Public Library

The following events and activities for children are scheduled during the month of February at the Thomas Crane Public Library.

Winter Book Bingo for ages 0-12

Start the New Year with a new challenge! Our Winter Book Bingo is a great way to revisit old favorites or find new books to love.

Fill in a row, column, or diagonal to get a winter book bingo button. Return a full bingo card for a small stuffed animal prize!

This program is for children ages 0-12 years old and runs from Jan. 3rd to Feb. 28th.

Drop in Storytime Programs

Weekday morning storytimes for ages 4 months to 5 and Storylab for ages 4-8 will begin on Monday, January 30th.

ABC Storytime for ages 3-5

Mondays 1/30, 2/6, 2/13, 2/27, 3/6 at 10 a.m.

Toddler Storytime @ North Quincy for ages 2-3

Mondays 1/30, 2/6, 2/13, 2/27, 3/6 at 10 a.m.

StoryLab - Physical Science @ Wollaston ages 4-8

Mondays 1/30, 2/6, 2/13, 2/27, 3/6 at 3 p.m.

Toddler Storytime @ Adams Shore for ages 2-3

Tuesdays 2/7, 2/14, 2/28, 3/7 at 10 a.m.

Toddler Storytime for ages 2-3

Wednesdays 2/8, 2/15, 3/1, 3/8 at 10 a.m.

Rock-a-bye Baby Storytime for ages 4-11 months

Thursdays 2/2, 2/9, 2/16, 3/2, 3/9 at 9:30 a.m.

Pajama Storytime for ages 1-5

Join us for a monthly family pajama storytime for the whole family. This program is especially for children ages 1-5 accompanied by an adult.

This month we will meet on Thursday, Feb. 2nd at 6:30 p.m. when we will read stories, sing songs, recite rhymes, and more all about who we love.

Music and Movement with Miss Rubi ages 0-2

We invite our youngest patrons ages 0-2 to join Miss Rubi from 10:30 - 11 a.m. on Saturday, Feb. 4th for a Music and Movement program especially designed for them. These sessions will feature baby bounces, tickles, wiggles, finger plays and nursery rhymes with parent participation.

This program is especially for children ages 0-2 accompanied by an adult.

Music and Movement with Miss Rubi ages 3-6

We invite Miss Rubi's fans ages 3-6 to join us on Saturday, Feb. 4th from 11 - 11:30 a.m. for a Music and Movement program full of large scale movements, rhythm clapping, finger plays and nursery rhymes including early literacy and music activities. Parent participation highly encouraged.

So put on your favorite dancing shoes and join us for this lively mix of music and movement. Please bring a stuffie along with you to join the fun.

These programs are especially for children ages 3-6 accompanied by an adult.

Lion Dance @ North Quincy

Join us at 11 a.m. on Saturday, Feb. 4th at the North Quincy library as students from the Hung Gar Kung Fu and Lion Dance Academy perform a lion dance throughout the library to welcome in the Year of the Rabbit. After the dance stay and make a Lunar New Year craft.

Arabic Storytime @ Adams Shore ages 0-7

The Library is pleased to be working with dedicated community members to offer a monthly storytime in Arabic.

Join us on Monday, Feb. 6th at 6:15 p.m. at the Adams Shore library for this exciting new program.

This program will be conducted primarily in Arabic with the intention of helping young Arabic language learners to improve their skills. This program is suitable for children up to age 7.

Graphic Novels ONLY book club for grades 3-5

Children in grades 3-5 are invited to join us on the 2nd Wednesday of each month at 7 p.m. for our Graphic Novels Only book club. Each month we will discuss a different graphic novel.

On Wednesday, Feb. 8th we'll meet to discuss "Beetle & the Hollowbones" by Aliza Layne

In the eerie town of 'Allows, some people get to be magical sorceresses, while other people have their spirits trapped in the mall for all ghastly eternity.

Twelve-year-old goblin and witch-in-training Beetle enlists her former best friend, Kat Hollowbones, to help stop Kat's sorceress aunt from demolishing the mall where Beetle's friend Blob Ghost is trapped.

Copies of the book are available to check out in the Main Library Children's Room and on Overdrive.

Preschool Discovery @ Wollaston for ages 3-5

Drop by the Wollaston Library with your preschooler, ages 3-5, any time between 3 and 4 p.m. on Thursday, Feb.

9th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

Come build with us to explore simple engineering activities. Make block towers, send marbles down ramps, and try to make a bridge out of paper and cardboard.

Night Owls Book Club for Grades 3 and 4

We invite children in grades 3 and 4 to join us to discuss a chapter book or graphic novel on the second Thursday of each month at 7 p.m. We'll vote for upcoming titles at the end of each meeting.

On Thursday, Feb. 9th we will be discussing "Baby-mouse Queen of the World" by Jennifer Holm.

Babymouse, an imaginative mouse dreams of being queen of the world, but will settle for an invitation to the most popular girl's exclusive slumber party?

Copies of the book are available to check out at the Main Library Children's Room and North Quincy.

Night Owls Book Club @ North Quincy for Grades 3 and 4

Join us for the Night Owls Book Club at the North Quincy Library.

We invite children in grades 3 and 4 to join us to discuss a chapter book or graphic novel on the second Tuesday of each month at 7 p.m. We'll vote for upcoming titles at the end of each meeting.

On Tuesday, Feb. 14th we will be discussing "Baby-mouse Queen of the World" by Jennifer Holm.

Babymouse, an imaginative mouse dreams of being queen of the world, but will settle for an invitation to the most popular girl's exclusive slumber party?

Copies of the book are available to check out at the Main Library Children's Room and North Quincy.

Preschool Discovery @ Adams Shore for ages 3-5

Drop by the Adams Shore Library with your preschooler, ages 3-5, any time between 3 and 4 p.m. on Wednesday, Feb. 15th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

Come build with us to explore simple engineering activities. Make block towers, send marbles down ramps, and try to make a bridge out of paper and cardboard.

EXPLORE @ Wollaston for grades 4-6

EXPLORE (Experiment, Play, Learn, Observe, Read, Examine) is a series of monthly hands-on science workshops for children in grades 4-6, covering a wide variety of topics.

Meeting at the Wollaston Branch Library on the third Wednesday of each month from 6:30-8 p.m. each workshop has a short portion of instruction and then exploration and experimentation. Topics range from forensic science to bubbles and parents/caregivers are welcome to participate as well alongside their children.

Join us on Wednesday, February 15th for Forensic Science. Fingerprints, footprints, soil samples, ink samples, and more will be used in this mystery science workshop. Get your bag of clues and see if you can match them to a suspect using a variety of scientific tools. Observation and deduction are the key skills we'll be using while we examine soil under microscopes, do color chromatography, and more. Every bag of clues leads to a different answer! Will you find the right one?

Review Crew for grades 5-7

Do you like talking about books, movies, or video games? Want your favorites displayed in the children's room? Beginning in January, the Review Crew for 5-7th graders will meet on the third Thursday of each month at the Main Library to present and discuss our thoughts on library materials, write reviews, and put together a display to share our favorites with the rest of the children's room!

We will meet on Thursday, Feb. 16th at 7 p.m. to "judge a book by its cover." Pick a book or dvd to review based on its cover. Why did the cover interest you? Did it live up to its cover?

Preschool Discovery @ North Quincy for ages 3-5

Drop by the North Quincy Library with your preschooler, ages 3-5, any time between 10 and 11 a.m. on Saturday, Feb. 18th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

Come build with us to explore simple engineering activities. Make block towers, send marbles down ramps, and try to make a bridge out of paper and cardboard.

Toy Time for ages 9 to 23 months

Come to the library for a free playtime session with your baby, ages 9-23 months full of age appropriate toys and activities plus socializing with other children and caregivers.

A fun time for all and a chance to practice large and small muscle development. This program will meet in the large meeting room from 10 - 11 a.m. on Saturday, Feb. 18th.

This program is for children ages 9 - 23 months accom-

panied by an adult. Space is limited and the doors will be closed when the room is full.

Crafts @ Adams Shore All Ages

Stop by the Adams Shore Branch during school vacation week (Feb. 21-23) to do some crafting.

Stop by Adams Shore during our open hours to pick up a craft to make at the library or to take and make at home, while supplies last.

From Apollo to Artemis - Rockets Take Us to the Moon!

Join us on Tuesday, Feb. 21st at 10 a.m. as we explore space with Lorie Hammerstrom Solar System Ambassador.

In Greek Mythology there were twins named Apollo and Artemis. The name Apollo was chosen for the mission that took man to the moon in 1969. Apollo used the Saturn V rocket to land men on the moon six different times.

We are now returning to the moon with the Artemis missions. We will use the Space Launch System to land the first woman on the moon and some day it will take us to Mars.

Join us as we learn about these amazing rockets and the missions past and future. Try on a flight suit and check out some really cool artifacts.

This program is best suited for children ages 7 and older.

Dungeons and Dragons for ages 10-15

New and experienced players are invited to join us in person at 7 p.m. on Tuesday, Feb. 21st for this introduction to D&D 5th edition game play. Take on the role of a fantasy hero in this Dungeons & Dragons game. We will meet for an hour and a half to play this campaign. Please note: There is no wait list for this program, but we will be running more campaigns in the coming months.

Registration is required for this program. Register through our online calendar. This program is for ages 10-15.

This program will be IN PERSON in the Main Library Children's Room. Character sheets will be provided.

Can't join us in person? You can also join us ONLINE just let us know how you will be attending when you register and we'll send you the link.

Collage Crafts @ North Quincy

Stop by the North Quincy library on Wednesday, Feb. 22nd from 2 - 4 p.m. and make a collage. We will have paper and all kinds of collage materials available for you to make your own one of a kind creation.

This craft is suitable for children of all ages from toddlers who with an adult's help will paste on a few random objects to 13-year-olds who get inspired to create a masterpiece.

Collage Crafts @ Wollaston

Stop by the Wollaston library on Thursday, Feb. 23rd from 2 - 4 p.m. and make a collage. We will have paper and all kinds of collage materials available for you to make your own one of a kind creation.

This craft is suitable for children of all ages from toddlers who with an adult's help will paste on a few random objects to 13-year-olds who get inspired to create a masterpiece.

Preschool Discovery & Cardboard Construction

@ Main Library for ages 3-5

Drop by the Main Library children's room with your preschooler, ages 3-5, any time between 10 and 11 a.m. on Saturday, Feb. 25th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

Come build with us to explore simple engineering activities. Make block towers, send marbles down ramps, and try to make a bridge out of paper and cardboard.

We'll make use of the extra space in the main library meeting room for some large scale cardboard construction. Work with other kids and parents to make the biggest and best cardboard construction we've ever seen! This project will take up a large of the floor in the large meeting room and collaboration is encouraged!

All programs sponsored and supported by the Friends of the Thomas Crane Public Library.

Five On Lasell Dean's List

Five students from Quincy have been named to the Dean's List for the fall semester at Lasell University in Newton.

They are:

Brittini Bastiani, Kiet Nguyen, Xhoana Cuni, Leah Forte and Jacob Lustig.

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Koch To Deliver 'State Of City' Address Tuesday

Cont'd From Page 3

belly."

"I'm grateful for the opportunity. I'm grateful to the team for the great work we're getting done as a team. My colleagues in government - City Council cooperation on capital improvement stuff, our delegation, local aid and Chapter 70 [funding], and certainly Steve Lynch at that level helping us with ARPA monies and COVID money. It's been a great run working with everybody getting things done for the people of Quincy," Koch said.

"I get good responses for the most part when I'm out and about. There's always issues - somebody is looking for housing, a tree, a sidewalk issue, whatever it may be - but for the most part people generally seem satisfied with the direction of the city, the cleanliness of the city, the safety of the city and the new growth. I know that cuts both ways, devel-

opment, but I think for the most part the development has been in the right places, provided new investment into our city, which allows us to do those things in the budget that we get done every day.

"I still have the fire in the belly. There's more to do. I've always said I'd take it one term at a time...we're going to assess things over the next five, six, seven weeks and then I'll make a decision."

If he does run for reelection, Koch would appear to have a formidable head start over potential challengers when it comes to fundraising. He had \$357,033 on hand in his campaign account as of Dec. 31 after starting 2022 with a balance of \$279,609, according to the state Office of Political and Campaign Finance.

In addition to the mayor's seat, all nine seats on the City Council will be on the ballot this fall along

with the School Committee seats currently held by Paul Gregoli, Kathryn Hubley and Frank Santoro.

Richard Pierce Retires As President Of Housing Management Resources



RICHARD PIERCE

On Jan. 1, Richard Pierce retired from his position as president of Housing Management Resources, Inc., after 22 years in this role.

Pierce founded the Quincy-based affordable housing company in 2001. During this time period, Pierce grew the management company from one property located in Kittery, ME to its current portfolio of 78 properties, with 8,000 apartment units, located in 12 states. He has built strong relationships with HUD, various state housing agencies, low income housing tax credit syndicators and lenders.

Pierce has a long history of public service. This began as a Washington, D.C. intern to Massachusetts Cong. John Joseph Moakley and the Massachusetts Office of Secretary of State Elections Division. He continued his career in government service as general counsel/assistant secretary of the Mas-

sachusetts Executive Office of Consumer Affairs. He then joined the South Shore Chamber of Commerce staff as Government Affairs manager.

Pierce later had a number of positions within the Quincy, MA O'Connell companies, as vice president of Development and president of O'Connell Management companies.

He is a graduate of UMass Amherst, with a degree in political science and

received his Juris Doctor degree from the New England School of Law. He is licensed to practice law in Massachusetts and before the Federal Courts, including the U.S. Supreme Court.

He is a former host of the radio call-in talk show, "Money Hotline" heard on WITS, 1510AM, Boston.

Pierce had and still serves on numerous local civic and charitable community boards, including Randolph Savings Bank, Envision Bank, Abington Bank Foundation, South Shore Mental Health, the Woodward School for Girls, Friends of Work Inc., The New England Aquarium, and Mass Hire South Shore Workforce Board.

Pierce lives in Quincy with his wife, Paula, a registered pharmacist and their dog Shelly.

Continuing his commitment to the affordable housing industry, he remains as

treasurer of the Institute of Responsible Housing Preservation and on the board of the National Leased Housing Association, both nationwide advocates of affordable housing. He also serves on the boards of Sage Housing and Acadia Housing, non-profit corporations which provide affordable housing and support services.

"There are two components necessary to ensure a company's continued vitality: continuity of its mission and a thoughtful succession plan," Pierce said. "With these in place, I can confidently state that Housing Management Resources is perfectly positioned to continue to be a leader in the management of affordable housing." Furthermore, he adds that "I am not 'retiring' but ready to meet head on the challenges that confront our industry on this next chapter of my career."

More Quincy news:

The Quincy Sun.com

Quincy Council On Aging Events, Activities In February

By MARIE FERENT

Assistant Director

Quincy Elder Services

The Quincy Council on Aging announces the following events are scheduled during February.

The COA is located at the Kennedy Center, 440 East Squantum St., North Quincy.

Book Club

Thursday, February 2nd at 1:30 P.M.

The book club meets the first Thursday of every month at 1:30 p.m. For the Feb. 2nd meeting the book is "Burn Boston Burn" by Wayne M. Miller.

Heart of the Matter

Tuesday, Feb. 7th at 10:30 A.M.

Quincy Health Department will host a Heart Healthy presentation. Topics discussed will be heart healthy diet, exercise tips, cardiovascular disease and basic anatomy. Space is limited and registration is required. Please call 617-376-1506

Chromebook Classes

Tuesday, Feb. 7th, Feb. 14th, Feb. 21st and Feb. 28th

This is a four-week course offered by Grace Buscher as a refresher class for anyone who has previously taken the Chromebook program and may still have questions or need more guidance. Space is limited and registration is required.

Computer Classes Grace Buscher

2nd and 4th Wednesdays from 1:30 P.M. - 2:30 P.M.

Individual Appointments first and third Wednesdays by appointment from 1 - 3:30 p.m. Individual Appointment times on Thursday by appointment 9 - 11:30 a.m..

Grace has added more one on one appointments time slots on the first and third Wednesday of every month in addition to the Thursday dates. Please call 617-376-1506 to make an appointment.

Wednesday, Feb. 1 - Individual Appointments

Thursday, Feb. 2 - Individual Appointments

Wednesday, Feb. 8th - Tablets and Phones Class

Thursday, Feb. 9th - Individual Appointments

Wednesday, Feb. 15th - Individual Appointments

Thursday, Feb. 16th - Individual Appointments

Wednesday, Feb. 22nd - Zoom on Zoom Class

Thursday, Feb. 23rd - Individual Appointments

Understanding Alzheimer's and Dementia

Wednesday, Feb. 8th at 10:30 A.M.

Join us for a presentation by the Alzheimer's Association. Learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, Alzheimer's disease

stages and risk factors and so much more. Space is limited and registration is required. Please call 617-376-1506 to register.

How to Get Better Sleep Wednesday, Feb. 8th at 1 P.M.

Everyone knows getting enough sleep keeps you healthy and active. But many older adults have trouble sleeping. Learn how to improve your sleep by making slight adjustments to your routine. We will also review the food you should (and should not) eat before bedtime. Space is limited and registration is required. Please call 617-376-1506 to register.

Men's Discussion

Thursday, Feb. 9th at 10 A.M.

Men's discussion group meets the second Thursday of each month at 10 a.m. February's meeting will be held on Thursday, Feb. 9th at 10 a.m. The guest speaker for February will be state Sen. John Keenan.

Women's Discussion

Thursday, Feb. 9th at 1:30 P.M.

Women's Discussion group meets the second Thursday of each month at 1:30 p.m. The February meeting will be Thursday, Feb. 9th at 1:30 p.m.

Bracelet Making

Friday, Feb. 10th at 10:30 A.M.

Come join Ruth and Elizabeth for a bracelet making class! Cost is \$5 and all materials will be provided. Registration is required and payment is due at time of registration.

Valentine's Luncheon

Friday, Feb. 10th at 12:30 P.M.

Love and friendships are in the air, lets celebrate this sweet day!! Join us for a catered luncheon and entertainment by Magic Moments. Tickets are \$15 per person due at registration and can be purchased at the Kennedy Center. Space is limited.

Rock Painting

Friday, Feb. 10th at 1:30 P.M.

Come join us in the Art room and paint a rock with your own unique design! Paint supplies provided. Registration is required. Please call 617-376-1506 to register.

Bingo

Monday, Feb. 13th at 1:30 P.M.

Join the Friends of the Kennedy Center for an afternoon of Bingo! Try your luck at Bingo and a chance to win a fabulous prize! Space is limited. Registration is required. Don't miss out on all the fun! Please call 617-376-1506 to register.

Monthly Bereavement Support Group

Thursday, Feb. 16th at 1 P.M.

All are welcome. This is a monthly group which provides a space of sharing and support for those who are grieving the loss of a loved one. Sponsored by Hamel-Lydon Chapel Cremation Service of Massachusetts. Registration is required. Please call 617-376-1506 to register.

Nails to You Manicures

Friday, Feb. 17th

Join us for a manicure event at the Kennedy Center. Manicures will be \$15 payable to Nails to You on the day of the event. Please call 617-376-1506 to schedule your appointment.

Alzheimer's Support Group

Wednesday, Feb. 22nd at 1 P.M.

The Alzheimer's Support group will now meet on the 4th Wednesday of the month at 1 p.m. For more information about the group, please call Marge Donaher at 617-376-1243.

Winter Breakfast

Monday, Feb. 27th at 10 A.M.

Kick the winter blues! No better way to shake the winter blues and say good by to February! Enjoy a buffet breakfast at the Kennedy Center with friends. What a great way to start the day! Tickets are \$10 per person and can be purchased at the Kennedy Center.

Stop the Bleed

Monday, Feb. 27th at 10 A.M.

Stop the Bleed is a grassroots national awareness campaign and call to action. Stop the Bleed encourages bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives. Attend this 1.5 hour training and come away feeling better prepared in an emergency situation. This training is offered by Tufts Medical Center's Debbie Lyn Toomey, MSN, RN. Please choose one session. Space is limited and registration is required. Please call 617-376-1506 to register.

Quincy's Memory Café Hosted by

Standish Village at the Kennedy Center

Monday, Feb. 27th at 12 Noon

Brought to you by Julie Williamson, Director of Communications for Standish Village Assisted Living & Compass Memory Support, Quincy's Memory Café welcomes those living with memory loss or dementia and their care partners, family and friends. While Memory Café is open to anyone in the community, any guest who requires a personal care attendant must have a caregiver present. Please call 617-376-1243 to register for the café or with any questions.



Real Estate

Quincy Real Estate Transactions January 16 - January 20

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Patrice Comstock
Richard D. & Rita F. Siciliano
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Emily M. Zalewski
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451-453 Hancock Street

Real Estate Sales Volume Down, Prices Up In 2022

Cont'd From Page 1

[is]...the Federal Reserve chairman, Jerome Powell, he said recently the Federal Reserve is going to take the necessary steps to get inflation back under control," O'Donnell said. "The steps that are being taken to get inflation under control are having an effect on Norfolk County as a whole and in particular Quincy.

"The average sales price, residential and commercial, in Quincy went up 8 percent. Countywide, 10 percent. So, even though activity was the lowest that it's been in quite some time - the Warren

Group said November was the lowest it's been in eight years, and I could see it in the numbers - prices still crept up."

Inflation, rising interest rates, and the increase in prices are squeezing first-time homebuyers out of the market, he added.

"With the rise in interest rates, first-time buyers, it's hard for them to get in the market because if you're borrowing \$500,000 on 2.5 percent and now you're borrowing \$500,000 on 7 percent, that takes a lot of income just to cover the cost never mind the other effects

of the economy, the rising inflation, limited inventories of things," O'Donnell said. "Prices are still going up, so people are saying, wait a minute, I've still got to live, I've still got to get to work."

O'Donnell said the number of deeds recorded at his office for Quincy properties, both residential and commercial, decreased from 2,514 in 2021 to 1,956 in 2022, a 22 percent drop. In the whole of Norfolk County, the number of deeds recorded fell from 20,899 in 2021 to 17,398 in 2022, a decrease of 17 percent.

The number of mortgag-

es recorded - which would include both sales and refinancing - also dropped sharply from year to year. In Quincy, 4,411 mortgages were recorded in 2021 compared to 2,238 last year, a 49 percent decrease. Countywide, mortgages decreased by 50 percent.

"To me, it shows people are less inclined to borrow money for some of the reasons we talked about - it's too costly," plus the cost of gas and consumer goods like food, O'Donnell said. "We have to make choices here and I think people are going to make choices to

survive the daily routine and maybe live for another day, as far as either buying another house or refinancing."

The total number of documents, which includes deeds, mortgages and items like homestead declarations and local zoning board decisions, among others, also decreased. The total number of documents filed tied to a Quincy property dropped by 35 percent, from 18,448 in 2021 to 12,047 last year. Countywide, there was a 33 percent decrease.

While those numbers were down in 2022 compared to the previous year,

O'Donnell said sales prices rose in Quincy and in the county overall. In Quincy, the average sales price - a figure that includes commercial and residential properties - increased from \$950,158 in 2021 to \$1,024,956 in 2022, an 8 percent shift. Countywide, the average sales prices went from \$1,070,649 in 2021 to \$1,173,256 in 2022, a 10 percent increase.

"Even though brokers say there is less inventory, there is less sales - you might not have six people competing for a property,

Cont'd On Page 29

Ask Barbara Graceffa: Want a Prosperous 2023? Try Feng Shui

Can you share any feng shui principles for a prosperous new year? **Sondra**

Begun in China over 3,000 years ago, feng shui is the science and art of harnessing chi or qi, the positive energy, in your home.

Addressing the complexity of this ancient Chinese philosophy, Ebba Legaspi, a Milton, MA classical feng shui practitioner says, "feng shui is like an onion with many layers." It involves balancing the five elements of wind, water, fire, metal, and earth which represent the distinct phases of your life. It depends on the facing direction of your home and spatial arrangements within it so energy flows uninterrupted, the time and date of your birth, and the characteristics of the current lunar year.

You're in luck, 2023 is the year of the water rabbit, the luckiest of the twelve Chinese zodiac animals, standing for a year of education and growth. This could mean career promotion, real estate acquisition, and/or financial success can smile down on you at any time, especially if built on a solid foundation.

From the book, "Feng Shui Dos and Taboos" by Angi Ma Wong, here are some simple ideas on colors and objects you can use to decorate your home to promote a prosperous new year. So, grab your compass and begin!

When it comes to colors, use turquoise and aqua color in the northeast area to promote affluence. Throughout your home, use the wood colors of brown, beige, and tan to activate wealth and progress. Except in the bedroom, use metallic gold to enrich business and career success, prosperity, and wealth. Use green or any shade of red in the south areas for fame, fortune, and protection from evil. If purple is your color, use it in the east or southeast areas to promote prosperity. If you work at home, use ultramarine blue in the north to attract business wins.

Put an aquarium, a water element which denotes the flow of money, in the north area to improve business and career success or in the east for prosperity. But facing a bedroom or bathroom, the aquarium could result in a loss of fortune. Include eight gold-colored fish and one black arowana, a

"prosperity fish" believed to activate wealth, provide protection, and ward off bad energy. Both pet birds and fish symbolize wealth in your home.

Light candles - red, blue, or purple ones - in the south areas to enhance your reputation and fortune.

Tie three silver dollars with red cord and hang on the back of your front door to welcome prosperity into your home.

The following items on your desk can attract prosperity and good luck: a tortoise, Chinese unicorn, crystal paperweight, candy jar, or dragon, the Chinese symbol of affluence and new beginnings. But don't face the dragon toward the north as it is considered unlucky and don't clutter your desktop with too many objects as it brings bad energy.

A narcissus or jade plant placed in the east or southeast area can bring you good fortune and riches.

Over your kitchen stove which stands for both nourishment and wealth, hang a metal wind chime with five hollow rods to double your money.

Interestingly, a shed snake's skin is said to bring you wealth.

In conclusion, Wong says, "I have personally seen fortunes rise and fall because of the application of feng shui. It is an intricate process, requiring patience and years of careful experience."

Barbara Graceffa owns and operates Secretary of the Interior in Quincy, offering creative solutions at reasonable rates. Learn more about her decorating, downsizing, decluttering and home décor sewing services, decorating workshops, and quilt programs and shows at www.sec-interior.com, read her blog at secretaryinteriordesigning.blog and enjoy her art quilts on Instagram @secretaryinteriordesigning. You can reach her at 617-921-6033.



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Consumer Notifications, Research Available On Registry Website

By SCOTT JACKSON

Residents looking to be alerted about potential fraud or seeking to look up historic property records can do so on the website for the Norfolk County Registry of Deeds.

William O'Donnell, the county's register of deeds, highlighted the various items available on the website during a recent interview. The website can be found at norfolkdeeds.org.

Using that website, O'Donnell said residents can sign up for consumer alerts right on the homepage. Once a resident signs up for the service, they will be notified whenever someone files a document using that name.

"People can use our website to sign up for the consumer notification service," O'Donnell said. "I've signed up, so anytime something in the name of 'William O'Donnell' comes over the counter, I get a notice of it at home and then I check — 'OK, it's William James O'Donnell. I'm William Patrick. It's not me.' But some day it may be."

He recalled being approached by woman while speaking to a group in Quincy who said she used the service to get in touch with law enforcement after

a fraudulent document was filed using her name and address.

"That lady, what she was telling the group when I was speaking, she said, 'I'm old, I don't know the computers as well, but that consumer notification service, I checked on my own going to the registry, but anyone who is good on the computer should do that.' You don't have to be good on the computers, as I tell people. If you sign up for the notice and you get one, you just call our customer service center and they'll walk you through," O'Donnell said.

"This consumer notification service is not going to prevent a fraud, but by getting that notice you can get on it right away."

O'Donnell also recommended residents use his website to look up mortgages and discharges.

"A big thing they should look is for their discharges and mortgages. On our website we have a document 'where has my bank gone' because sometimes you borrow money and the banks all merged, and we give them resource information, state and national, to track that down," he said.

"Why is that important? Well, you could call up our customer service center, or

you could do it online yourself, to check. You want to make sure that if you've paid off your mortgages, or if you closed out an equity line, that a discharge, which is a one- or two-page document that tells the world that that debt has been satisfied. You want to make sure that's done so when you do go to sell your house, or you do refinance, you don't have a title problem where the closing attorney is saying, 'hey, 20 years ago, you borrowed money from the Quincy Cooperative Bank.'

"The beauty of the local banks like Quincy Cooperative is you probably could go down...and get a discharge, but some of these bigger banks you've got to track it down."

"We're trying to make the registry relevant and bring the land records into people's homes and businesses. They can go online and look up their own land records and say, 'oh, gee, that mortgage, I know I paid it off, but how come the discharge isn't there?'"

The website also includes a treasure trove of records dating back to 1793, when Norfolk County was established, that have all been transcribed and can be used for research.

"What more and more

people are also using it for is historical and genealogical research. We have documents back to 1793. If you like history, if you like looking up genealogy, there are some interesting documents," O'Donnell said. "I don't have to tell you, you've got two presidents and their wives buried down the street. We have four presidents in Norfolk County."

"We had a history-

comes-alive project where we transcribed all those documents, so people who are inclined to can research back to 1793. You'll come across documents from the second president of the United States, John Adams, the sixth president of the United States, John Quincy Adams. But now it's transcribed, because all of the documents from 1793 to 1900 were handwritten. Now you can view the

handwritten documents, and they're hard to read, but you can still do it...but all those documents, over 450,000, were transcribed.

"You might be like, 'I'm not a lawyer, I don't have to look,' but more and more people are doing research just out of interest, like who lived in their property that was in existence back there in 1800. I think more and more people are doing that."

City To Host Presidents Day Winterfest Feb. 20

Mayor Thomas Koch and the City of Quincy will host Presidents Day Winterfest 2023, a family-friendly holiday event, on Monday, Feb. 20.

The afternoon and early evening activities will take place from 2 to 7 p.m. in and around the Hancock Adams Common, 1305 Hancock St., under a heated tent as well as inside Quincy City Hall and the Church of the Presidents.

All events are free to the public.

Shows will include the Blue Hills Trailside Mu-

seum Birds of Prey Show, Rainforest Reptile Show, Mad Science Fire and Ice Show, Ice Sculptures Demonstration by Ice Man Craig, Sasha the Fire Gypsy Fire Show. Performances include Brendan Ryan from NBC's The Voice, No Static, Steely Dan Tribute Band, Puppennickel Puppets Sir George and the Dragon Puppet Show and two Patriotic/Winter Laser Shows by Pinacle Laser Productions.

Some shows require free tickets to reserve your space in advance. Visit Eventbrite.com/e/481661180557. Pa-

trons are welcome to reserve up to six tickets per themed show to allow multiple families to have access to each event.

Food is available for purchase throughout the event by Black's Creek BBQ, Hive, Coffee Break Café and The Whoopie Pie Wagon or at one of the City's downtown restaurants nearby.

For more information on this and upcoming events, follow the City of Quincy across social media and visit the City's website at quincyma.gov.

ENC Symphonic Winds Seeks New Members; Rehearsals Start Feb. 1

The Symphonic Winds at Eastern Nazarene College, 23 East Elm Ave. in Quincy, is currently looking for new members to join the ensemble as work begins on a second semester concert program.

Professor Stephen Bell announces rehearsals will begin on Wednesday, Feb. 1 at 6:30 p.m. in the Black Box Theater which is located on the second floor of the Cove Fine Arts Building on Wendell Avenue. There is a specific need for clarinet, tenor saxophone and percussion players although all

everyone is welcomed who has experience playing in a concert band ensemble.

Anyone who is interested in joining the group or requiring more information can contact Dr. John Nielson at 617-745-3526.

The Symphonic Winds has been a collaboration of community members and ENC students for the past 21 years under Professor Bells direction. Members come

from many of the local neighboring towns including Quincy, Milton, Canton, Sharon, Braintree, Weymouth, Hingham, Hanover, East Bridgewater, Scituate, Duxbury and beyond.

Qualified high school musicians looking for an additional ensemble experience can also apply for participation with a recommendation from their high school band director.

More Quincy news:
The Quincy Sun.com

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Quincy Girls Defeat North, Qualify For Tournament

By TOM JOYCE

The Quincy High Presidents had plenty of offensive success last Friday night.

The Presidents hosted their in-city rival, the North Quincy Raiders, and had a strong performance. The Presidents spread the ball around and defeated their rival, 60-36. With the win, the Presidents improved to 10-1 this season and qualified to the MIAA statewide tournament. With the loss, the Raiders fell to 4-8 overall.

The Presidents got off to a strong start in this rivalry contest.

Alyssa Hopps (12 points) gave the Presidents a 6-1 lead about two minutes into the game after hitting a wide-open layup. Caroline Tracey (11 points) also had two layups in the first two minutes of the game. This momentum continued for the Presidents as the first quarter progressed; they ended the quarter with a seven-point lead, 10-3.

North Quincy's Ava Bryan and Mary Saccoach scored points on free throws for the Raiders in the first quarter.

The Presidents extended their lead in the second quarter; they went into the locker room with a 25-12 lead at halftime.

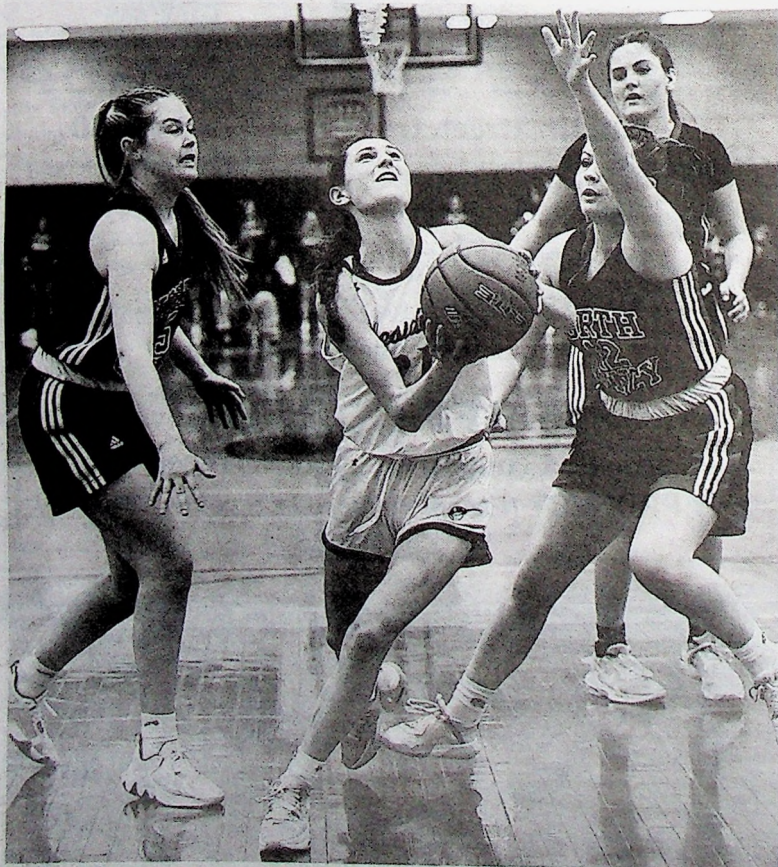
North's Caroline O'Donnell blocked a shot and scored a layup for the Raiders in the first minute of the quarter, but the Presidents shined shortly after. Niamh Gendron hit a layup, Paige Mann made a

Cont'd On Page 19



QUINCY SENIOR CAPTAIN Caroline Tracey (#35) blocks a shot by North Quincy junior captain Ava Bryan in the Presidents' 60-36 win over the Raiders Jan. 20 at QHS. Looking on is Quincy teammate Helena Middleton (#5). With the win Quincy improved to 10-1 on the season and qualified for the MIAA statewide girls basketball tournament.

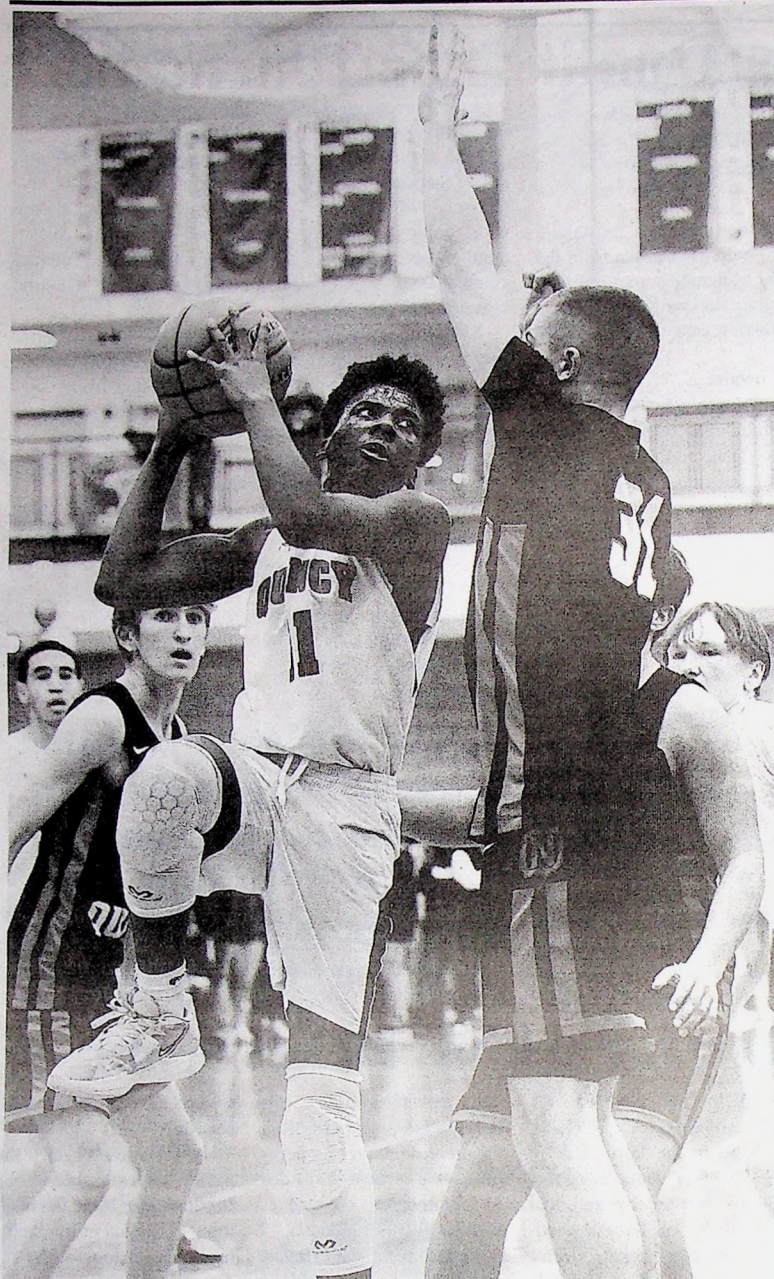
Quincy Sun Photos/Robert Bosworth



QUINCY SENIOR CAPTAIN Caroline Campbell scored a game-high 15 points as the Presidents defeated North Quincy 60-36 at QHS Jan. 20. With the win, the 10-1 Presidents qualified for the MIAA statewide tournament. The Raiders fell to 4-8 on the season. Defending for North are (from left to right) junior Jillian Jaehnig, junior captain Ava Bryan and senior Marybeth Smith.



NORTH QUINCY JUNIOR Molly Toland drives to the basket against the Quincy Presidents. Toland scored a team-high 11 points in the Raiders' 60-36 loss to their cross-town rival Jan. 20.



QUINCY JUNIOR Danny Adams eyes two points for the Presidents against the North Quincy Raiders Jan. 20. Adams scored a team-high 13 points but Quincy bowed to North Quincy, 74-32.

Quincy Sun Photos/Robert Bosworth

NORTH QUINCY SOPHOMORE Kobe Nguyen drives the lane for the Raiders as Quincy junior Luke Mordas defends the Presidents' basket. Nguyen scored 7 points in North's 74-32 win over Quincy.

Zach Taylor's 30 Points Leads North Over Quincy

By TOM JOYCE

Scoring was no issue for the North Quincy High boys' basketball team last Friday night.

The Raiders had a strong road performance against their in-city rival, the Quincy Presidents. Twelve players scored at least one point for the Raiders in their 74-32 victory. With the win, the Raiders improved to 9-3 this season. With the loss, the Presidents fell to 1-10.

While each team started the game by trading a pair of baskets, the Raiders pulled away as the first half pro-

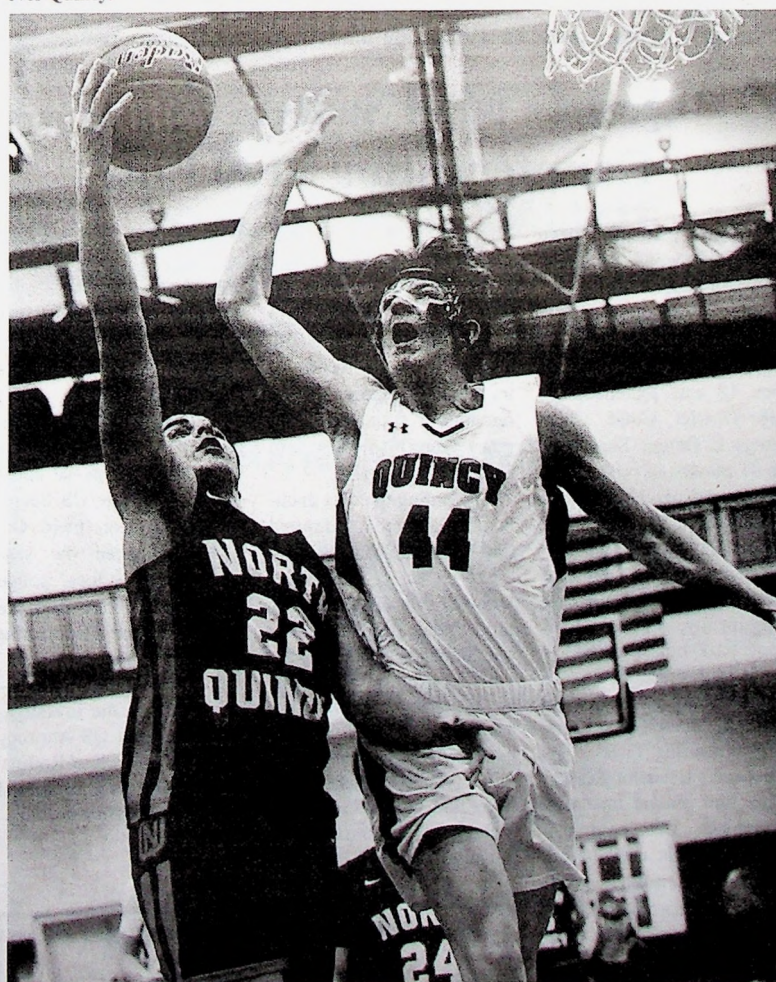
gressed. The team had a 9-0 run that gave it a 13-4 lead with about two minutes left in the first half; it led 15-6 after the first quarter. Zach Taylor (30 points) shined during the run, scoring six of the nine points. He had a layup, a deep two-point-er, and hit two free throws. Nate Caldwell also hit a three-pointer during that stretch.

A layup from Danny Adams (13 points) for the Presidents with under two minutes left in the first quarter snapped the Raiders' scoring run. The Raiders led

15-6 after one quarter.

The first few minutes of the second quarter were competitive, but then the Raiders pulled away. The Raiders finished the first half on a 12-0 scoring run that lasted more than five minutes. On the run, the Raiders had a diverse mix of offensive contributors. Taylor scored more of those points, but Kevin Pritchard hit a free-throw, and Nathan Davis had a pair of baskets. As a result of this run, the Raiders went into halftime with a 35-12 lead.

Cont'd On Page 20



NORTH QUINCY SENIOR captain Nate Caldwell drives to the basket as Quincy senior Charlie Coffey defends in the first quarter of the Raiders' 74-32 win over the Presidents Jan. 20 at QHS.

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"Rock Solid Security"

On Jan. 11, at approximately 10:30 p.m., Officer W. Murphy and Officer Milliken were dispatched to Walmart, 301 Falls Blvd., on a report of a shoplifting.

The reporting party described the suspects as two black males, one in all black and one in gray. One allegedly had a crowbar and they were fleeing behind HMart.

Officer Murphy, Officer Milliken, and Officer Minton arrived on scene. Officer Murphy drove his marked cruiser to the rear of HMart via the left hand side while Officer Milliken and Minton did the same via the right hand side. As Officer Murphy drove by the loading dock, he saw two black males, one in all black and one in grey, flee from the loading dock area. The males sprinted through the back lot of HMart.

Officer Murphy observed that one of the males had something in his right hand. He broadcast this information to other responding units. As Officers Murphy, Milliken, and Minton approached the males, the suspects climbed a fence and made their way to a cliff face that overlooks Quincy Avenue. Officers instructed the males to "Stop!" and "Show me your hands!"

Officer Milliken and Officer Murphy climbed over the fence in an attempt to detain the suspects, at which point they advanced down the rock face trying to evade officers. At the base of the rock face was K-9 Officer Cooper with Xido, along with several other units. The suspects were in a precarious situation as they were on an icy/snowy rock face. All officers attempted to de-escalate this dynamic situation by encouraging them to surrender for their own safety, as a fall could have caused them serious injury.

After several minutes on the rocks, the male in the grey sweat suit, identified as suspect #1, slipped off the rocks, landed at the base and fled up Falls Blvd. He was apprehended by Officer Walker. As suspect #1 tried to run up Falls Blvd., the male in all black, suspect #2, either slipped or jumped off the rocks and fled across approximately five lanes of traffic on Quincy Ave. He was taken into custody near the Auto Zone. It should be noted that the decisions

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

made by the suspects to flee on foot created a substantial risk of injury to officers as they could have fallen from the rock face and the inherent danger of fleeing across multiple lanes of travel. Also, the temperature during this time was at or near freezing with sporadic flurries, causing an increased risk of slips and falls.

With both suspects safely detained, Officer Murphy made his way to Walmart and spoke to a Loss Prevention employee. The reporting party stated that the male suspects had been in the store for the last hour and a half, staying mostly in the hardware area. Over the course of the incident, the suspects were "staging" items by taking them from other areas of the store and stashing them near the hardware section. The males would switch off retrieving items through the store and staging them in other areas.

At one point, the suspects either attempted to or succeeded in using a crow bar to gain access to a case of goods. The suspects then crammed a large number of items into two stolen backpacks and a stolen suitcase. They then made their way out of the store, passing all points of purchase. Upon observing this, the Loss Prevention employee stood by the exit doors to confront them for shoplifting these items. The suspects walked by as he called out to them, walking out into the parking lot. The employee told the suspects that they may as well leave the merchandise, as he had called police. At that time, the suspects began to run on foot toward HMart where officers confronted them.

After speaking with the employee, Officer Murphy conducted a show-up field identification. Prior to conducting the show up, Officer Murphy read the Loss Prevention employee the show-up instructions. The suspects were placed

several cruiser lengths away from each other and were standing on the sidewalk as Officer Murphy drove by with the Loss Prevention employee in the rear seat of his cruiser. He positively identified both individuals.

Both parties were arrested and transported to the Quincy Police Station for booking. Suspect number two, a 24-year-old from Wilmington, was placed under arrest and charged with shoplifting, resisting arrest, and conspiracy. Suspect number one, a 21-year-old male from Boston, suddenly complained of feeling weak and was transported to Carney Hospital as a precaution.

K-9 Officer Cooper located a cache of stolen merchandise to include the two stolen backpacks and suitcase near the same loading dock that the suspects fled from. These containers were full of merchandise: 21 items totaling almost \$700. Also found at that scene was a number of personal items to include an Apple Watch and several debit/credit cards with the name of suspect number one.

Suspect number one was cleared from Carney Hospital and transported back to the Quincy Police Station and charged with shoplifting, resisting arrest, and conspiracy. He is currently on an electronic monitoring bracelet. Combined, these defendants have several open cases for resisting arrest, assault and battery on a police officer, and firearms charges, among others.

Great job!

Crime Prevention Journal From Quincy Police Dept.

Was Not Available

At Press Time -

The Journal Will Be Printed In The Feb. 2nd Issue

BBB Scam Alert: How To Spot A Parking Ticket Scam

By BETTER BUSINESS BUREAU

Watch out for this new twist on an old scam. Scammers are using new technology to create fake parking tickets that look surprisingly official. It could be a scam if you receive a parking ticket and are confident that you parked legally.

How the scam works

You park in a legal park-

ing zone or pay to park on the street or in a garage. While you are away from your car, scammers use high-tech, hand-held printers to make a fake ticket and leave it on your car's windshield.

This phony citation usually asks you to pay online or via PayPal. One recent case used a QR code to direct victims to a fake pay-

ment website. If you follow the instructions, you'll end up paying a fine you don't owe. Also, your personal information will now be in the hands of scammers.

One parker reported the following experience to BBB: "I paid \$15 to park in a garage and received a receipt for it, which I displayed on my dashboard. However, I then received a

violation notice for \$56 for the parking receipt not being visible on the dashboard."

In other versions of this scam, you receive an email claiming you have a pending parking ticket. Scammers typically include official-looking logos and argue there will be dire consequences if you don't pay. Don't fall for it! If you click on links in the email, you can download malware onto your computer.

How to avoid parking ticket scams

• **Know before you park.** Before visiting a new place, research available parking and local parking

requirements. Tourists with out-of-state plates are often the preferred target for parking scams because they need to familiarize themselves with local parking laws.

• **Examine the citation carefully.** Scammers can imitate logos and city office names, but an imitation website is usually where the scam comes to light. Do an internet search for the city's official parking ticket websites and compare what you find to what's on the ticket. Keep in mind that government sites should end in a .gov or .ca (in Canada) designation, and if there is a payment page, it should

always have a secure connection.

• **Double-check the name checks should be made out to.** If the ticket allows for payment by check, take a closer look at the address the check should be sent and how it should be addressed. Checks should generally be made to a specific government organization, not a string of initials or personal names.

• **Pay traffic citations by credit card when possible.** It will be easier to contest fraudulent charges if you discover you've been scammed down the road.

Quincy Man Sentenced For Counterfeiting \$100 Bills

A Quincy man has been sentenced to more than three years in federal prison for counterfeiting over 4,000 fake \$100 bills.

Victor Cardona, 34, on Jan. 18 was sentenced by US District Court Chief Judge F. Dennis Saylor IV to 41 months in prison, two years of supervised release and a fine of \$5,000. In October 2022, Cardona pleaded guilty to one count of counterfeiting US currency, specifically, forged older-style \$100 bills.

During a search of Cardona's residence in October 2019, a counterfeit currency manufacturing facility was discovered, federal prosecutors said. Found inside the residence was equipment and materials used to create counterfeit bills, specifically, inkjet printers, a paper shredder containing counterfeit bills that had been discarded, a "counterfeit buster" detection pen and counterfeit bills, including

one fake \$100 bill in Cardona's wallet. Several authentic \$100 bills with serial numbers which were tied to counterfeit currency recovered from across the country were also found. Burned remains of counterfeit currency were also located in Cardona's backyard.

According to court documents, Cardona admitted that he procured the materials to create the counterfeit currency and hosted one or more other individuals at his home on a weekly basis for the purpose of creating the fake bills. In total, Cardona produced, or participated in the production of, over 4,000 fake \$100 bills that were identified as counterfeit and traced by serial number to the authen-

tic bills found at Cardona's residence. To date, the government has recovered over \$467,000 in counterfeit \$100 bills traced back to the authentic bills found at Cardona's residence.

United States Attorney Rachael S. Rollins and Andrew Murphy, special agent in charge of the US Secret Service, Boston Field Office, announced the sentencing. Many local police departments, including the Quincy Police Department and Salem Police Department, provided valuable assistance with the investigation. Assistant US Attorney Adam W. Deitch of Rollins' Public Corruption & Special Prosecutions Unit prosecuted the case.

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Thursday, January 26
7:00pm: On the Road with Jazzy Bill
7:30pm: NQHS vs. QHS Girls Basketball 1/20

Friday, January 27
11:30am: LIVE: Currently in Quincy
7:00pm: AM Quincy: State Rep. Tackey Chan

Saturday, January 28
1:00pm: NQHS vs. QHS Girls Basketball 1/20
3:00pm: NQHS vs. QHS Boys Basketball 1/20

Sunday, January 29
11:30am: Quincy Point Cong. Good News
1:00pm: The Call

Monday, January 30
11:30am: LIVE: Currently in Quincy
8:00pm: ALL Friends Cabaret

Tuesday, January 31
7-9:10am: LIVE: AM Quincy with Joe Catalano
7:00pm: AM Quincy: Mayor Thomas Koch

Wednesday, February 1
6:00pm: Quincy Point Cong. Good News
7:00pm: The Call

Government Access Channel 9

Thursday January 26
4:00pm: Board of License Commissioners 1/24
5:00pm: Zoning Board of Appeals 1/24

Friday January 27
6:00pm: Good Deeds: Registry of Deeds
7:00pm: In the Know: Norfolk County Sheriff

Saturday/Sunday, January 28/29
10:00am: Good Deeds: Registry of Deeds
10:30am: For Your Health: RSV
11:00am: Health Links: Choosing to Live at Home
12:00pm: MA House of Representatives
6:00pm: In the Know: Norfolk County Sheriff
8:00pm: Zoning Board of Appeals 1/24
11:00pm: Board of License Commissioners 1/24

Monday January 30
6:30pm: LIVE: Quincy City Council

Tuesday January 31
10:30am: LIVE: State of the City Address
6:30pm: For Your Health: RSV

Wednesday February 1
10:30am: Health Links: Choosing to Live at Home
7:00pm: Quincy City Council 1/30

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

Quincy High School Reveals The Magic Behind The Scenes

The Quincy Art Association has teamed up with Quincy High School's Drama Club to shine a spotlight on a portion of live performance that is almost never seen. The artwork and designs of the technicians, crews, and theatrical designers.

The exhibit will be displayed at the QArts Gallery, from Feb. 3rd until March 12th, featuring student work from productions spanning the last 10 years. Artwork such as production photos, scenic renderings, technical drawings, custom stage props and costumes will all showcase the wide range of artistic collaboration needed to mount a theatrical production.

The title, "The Scenographer's Charrette," references this artistic process, as a charrette is the meeting when the theatrical designers gather to envision the environment of the play. The exhibit will showcase how the world of the play goes from the script's page and ends up on the stage.

Donations to help defray costs of the upcoming spring musical production are greatly appreciated and can be sent to: Quincy High School Drama Club, Quincy High School, 100 Coddington St., Quincy, MA, 02169, as well as at the opening reception and throughout the monthlong exhibit.

The Opening Reception Fundraiser for the QHS Drama Club will be held on Friday, Feb. 3rd from 6 to 9 p.m. The public is welcome to attend.

Gallery Hours: Thursday and Friday, 2 to 5 p.m. and Saturday and Sunday, noon to 5 p.m. Admission is free and open to the public.

The QArts Gallery is managed and operated by volunteer members of the Quincy Art Association, and is located at 1229 Hancock St., Quincy, (across from Quincy College).

Email: quincyartma@yahoo.com. For more information about the gallery, classes, events, and other news, visit www.quincyartma.org

The Quincy Art Association thanks the City of Quincy, Mass Cultural Council, the Janet Burke Mann Foundation, Granite City Electric Supply Company/WAC Lighting, Quirk Auto Dealerships, Dream Realty, Foxrock Properties,

Eastern Bank, Northeast Federal Savings Bank, and for their support. Community Bank, Colonial Wollaston Wine & Spirits,

The Quincy High Drama Club
in association with
the QArts Gallery
Proudly Present

**THE
SCENOGRAPHER'S
CHARRETTE**

A LOOK BEHIND THE CURTAIN INTO THE
WORLD OF THEATRICAL DESIGN

EXHIBITION FEBRUARY 3 - MARCH 12

1229 Hancock St.
Quincy, MA 02169
617-302-3949

Wollaston Library Centennial

The Wollaston Branch Library will host a 100th anniversary celebration of the Wollaston Branch opening Friday, Jan. 27 from 6 to 8 p.m.

The Wollaston Branch has been serving the Wollaston neighborhood as a library since its opening in January of 1923 when the Wollaston Woman's Club conducted drives to fund the

purchase of the land and to fill the shelves with books. Out of over a dozen branch libraries in Quincy over the decades, Wollaston is the oldest of the remaining three branches - and the smallest.

The centennial celebration will feature refreshments, music, activities for kids and adults alike, and time to socialize and share

memories of this community-built branch library.

For more information on this event visit the Crane Public Library website or call Wollaston Library at 1-617-376-1330.

The Wollaston Branch is not accessible to users with mobility impairments. See the Crane Library website for more information on accessibility.



QUINCY WARD 4 Special Election

Tuesday, February 7, 2023

Last Day To Register To Vote

Saturday, January 28, 2023

At Quincy City Hall

1305 Hancock Street

From 8:30 AM to 5:00 PM

Voter Registration Is Also Weekdays

At City Hall from 8:30AM to 4:30PM

or at www.sec.state.ma.us

Board of Registrars
Nicole Crispo, City Clerk
Michael F. Grindlay
John Carl Swanson
John P. Dumas

VOTE BY MAIL IN THE QUINCY WARD 4 SPECIAL ELECTION

**VOTE BY MAIL BALLOT
APPLICATIONS ARE AVAILABLE
ON THE CITY'S WEBSITE**

**AT
QUINCYMA.GOV.**

**Applications may also
be requested by calling
the Quincy Election Office
at 617-376-1144.**

**TO RECEIVE A BALLOT BY MAIL
FOR THE QUINCY WARD 4
SPECIAL ELECTION,
APPLICATIONS MUST BE RECEIVED
BY THE ELECTION DEPARTMENT BY
5:00PM ON TUESDAY, JANUARY 31, 2023**



presents

35th Annual Lunar New Year Festival

Sunday, Feb 5, 2023

Lion Dance Ceremony at 12 pm

11 am - 4 pm

North Quincy High School
316 Hancock Street, Quincy

Lion Dance

Cultural Performances

Arts & Crafts

Asian Food & Drinks

God of Fortune, Magician

(Snow Date: Sunday, February 12)

Quincy Asian Resources, Inc. (亞協服務中心)

誠意邀請你來參與2023年2月5日星期日北昆士高中舉行的第35屆農曆新年聯歡會。慶祝活動由舞獅隊伍於中午十二時為節目揭開序幕至下午四時完畢。
(如天氣惡劣，將順延至2月12日)

HAPPY NEW YEAR
2023
YEAR OF THE RABBIT



Come to the festival on the Red Line **FREE Admission** **FREE Parking** In the North Quincy High School

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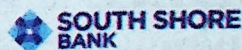
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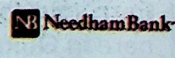
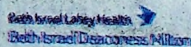


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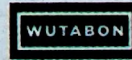
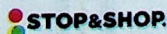


Vinfen
Transforming lives together

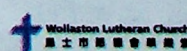
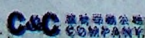
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QUINCY COLLEGE



COMMUNITY PARTNERS



Quincy Girls Defeat North, Qualify For Tournament

Cont'd From Page 14

three-pointer, and Caroline Campbell (15 points) sank a layup with 3:58 left in the first half; Campbell's layup gave the Presidents a 19-6 lead, capping off a 7-0 run.

In the final minute of the first half, the Presidents added some points once again; Lena Waldron (11 points) hit a layup on a fast break, and Hopps also scored. The layup from Hopps put the Presidents up, 25-12.

The President started the second half on a 5-0 run, but the Raiders quickly responded. Molly Toland (11 points) and Saccoach hit back-to-back three-pointers to make it a 30-18 contest. However, the Presidents' offense exploded from there. The team went on a 10-0 run to take a 40-18 lead.

On this run, Waldron hit two free throws, Campbell and Waldron each had a three-pointer, and Hopps made a layup. Bryan snapped the Presidents' scoring run, hitting two free throws with 3:43 left in the third quarter for the Raiders.

The Presidents entered the fourth quarter with a 44-27 lead.

The Presidents maintained their lead in the

Cont'd On Page 21



NORTH QUINCY JUNIOR Mary Saccoach (4 points) drives to the basket for the Raiders. Defending for the Presidents are sophomores Lilliana Catrambone and Niamh Gendron.

Quincy Sun Photos/Robert Bosworth



QUINCY SOPHOMORE Alyssa Hopps scored 12 points in the Presidents' 60-36 win over North Quincy Jan. 20.

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QUINCY COLLEGE



JOEL
Buenaventura
Ward 4 Councilor
City of Quincy

I pledge to:

- Respond to fellow Ward 4 residents with a phone call or face-to-face chat.
- Advocate for Ward 4 residents with City Services and at City Hall.
- Make thoughtful and well-reasoned decisions based on my experience, legal and public health education, and as a lifelong Quincy resident.

VOTE

Special Final Election Day
Tuesday, February 7, 2023

www.joelbuenaventura.org



QUINCY JUNIOR Manny Aguayo (8 points) tries to split two North Quincy defenders as he drives to the basket for the Presidents. Defending for North are senior Joe Bates (left) and senior Kevin Pritchard (right).



OPEN HOUSE

January 31

9:00 – 10:00 AM

Ages 3 through Grade 8



stagatha.org • (617) 696-3548



QUINCY JUNIOR Luke Mordas scored four points in the Presidents' 74-32 loss to the North Quincy Raiders Jan. 20. Defending for NQ is senior captain Zach Taylor.

Quincy Sun Photos/Robert Bosworth

Zach Taylor's 30 Points Leads North Over Quincy

Cont'd From Page 15

In the second half, the Raiders were able to protect their lead.

The Raiders were dominant in the third quarter, netting 23 points while only allowing seven.

The Presidents got the first point of the second half on a free throw from Ty Neal, but the Raiders heated up as the quarter progressed.

A three-pointer from Kobe Nguyen (7 points) with 3:45 remaining in the third gave the Raiders a 31-point lead. The lead expanded as the quarter pro-

gressed.

An 8-0 run near the end of the third quarter gave the Raiders a 40-point advantage, 58-18. The score would end up being 58-19 after three quarters.

In that 8-0 run, Taylor had a three-point play, Joe Bates hit a three-pointer, and Pritchard sank a layup. The Presidents hit a free throw before the quarter ended, snapping the scoring streak.

The Raiders subbed in some different players as the game progressed. In the fourth quarter, they extended their lead to 42 points, 74-32. However, the Presidents had their best offensive quarter of the game, netting 13 points. At one point in the second half of the quarter, Manny Aguayo and Luke Mordas had back-to-back layups for the Presidents. Additionally, Harun Chaani had three points in the final two minutes of the contest. He hit a basket from two-point range and later was sent to the foul line where he hit a free throw.

Cont'd On Page 22

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Restorative Yoga + Stretch Workshops

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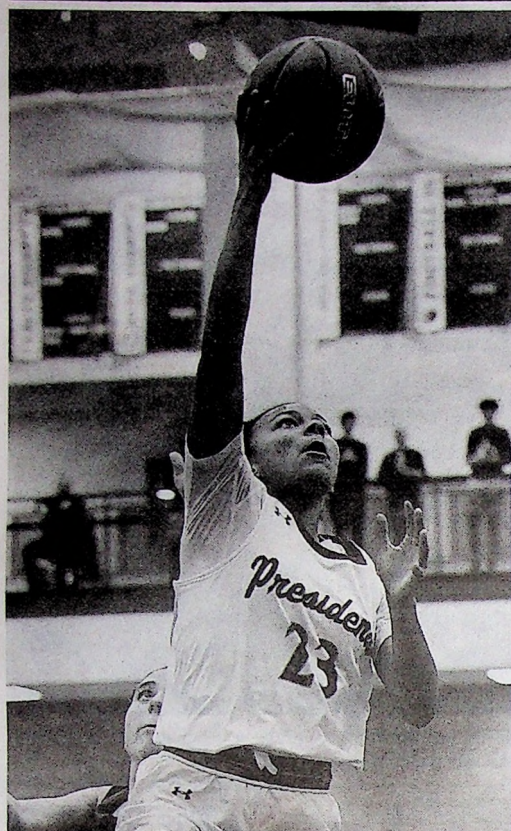
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QUINCY SENIOR CAPTAIN Lena Waldron scored 11 points in the Presidents' 60-36 win over North Quincy Jan. 20 at Quincy High School. The victory was the 10th for the Presidents and earned the team a spot in the MIAA statewide tournament.



NORTH QUINCY JUNIOR Caroline O'Donnell eyes a basket for the Raiders as she is guarded by Quincy sophomore Alyssa Hopps. O'Donnell tossed in six points for the Raiders.



QUINCY JUNIOR Paige Mann puts up a shot in the paint as North Quincy junior Molly Toland defends the North Quincy basket.

More Q-NQ Basketball Photos
Online: www.TheQuincySun.com

Quincy Girls Defeat North, Qualify For Tournament

Cont'd From Page 19

fourth quarter, and Campbell shined late in the game. She hit back-to-back three-pointers, including one with 1:36 remaining; her second three-pointer gave the Presidents a 58-34 edge. After that, both teams hit a shot, and the Presidents won the game 60-36.

The win over North Quincy put the Presidents on a four-game winning streak as of the start of this week.

This was the first of two matchups between Quincy and North Quincy this season. They will also play each other on Friday, Feb.

10, at North Quincy at 5 p.m. The North Quincy and Quincy boys teams will play at 7 p.m.

The Raiders have a mix of youth and experience this season, with four seniors on their roster.

The roster for the Raiders this season includes: junior guard Mary Saccoach, junior forward Jillian Jaehnig, senior guard/forward and captain Bridget Capone, senior forward Mia Pecovich, junior forward/center Autumn O'Campos, junior forward and captain Ava Bryan, junior guard Molly Toland, senior guard Kiera Murphy, junior forward Ava

McGrath, freshman guard Ella Lynch, freshman guard Maeghan Smith, freshman guard Harper Mergel, sophomore guard Iris Gjoka, senior guard Marybeth Smith, and junior forward/center Caroline O'Donnell. The team's head coach is Matt Ramponi, but Stephanie Geehan is serving as its interim head coach.

The Presidents have some experience on their side this season; they have six seniors on the team.

The roster for the Presidents this season includes: senior guard Helena Middleton, freshman guard Taylor Mann, senior captain and

guard Caroline Campbell, senior guard Alex Kane, senior captain and guard Lena Waldron, sophomore guard Lilliana Catrambone, sophomore forward Niamh Gendron, junior guard Paige Mann, sophomore forward Kyrie Blue, sophomore forward Alyssa Hopps, senior captain and forward Caroline Tracey. The team's head coach is Sarah Conlon.

The Raiders play the Hanover Hawks on the road Friday, Jan. 27 at 6:30 p.m. The next game for the Presidents is this Friday, Jan. 27, on the road against the Plymouth South Panthers (6:30 p.m. start time).



NORTH QUINCY senior captain Bridget Capone eyes a three-pointer for the Raiders against the Quincy Presidents.

Quincy-North Quincy Girls' Hockey Bows To Hanover

By TOM JOYCE

The two sides played a competitive hockey game for 45 minutes.

Ultimately, however, the Quincy/North Quincy High girls' hockey team came up short.

QNQ faced Hanover on the road Jan. 18. While the game was competitive and QNQ had some strong shots, they ended up falling 4-2 at Zapustas Ice Arena in Randolph. With the loss, they fell to 1-10-0 on the season.

Although QNQ did not come out on top in this one, the team enjoyed some early success. At times, the team held the lead over Hanover.

QNQ struck first in this one. It scored a goal less than one minute into the contest, giving itself an early lead.

QNQ won an early facelap on its side of the ice

and passed the puck to senior defender Maggie Dineen. She dashed down the ice and ended up scoring a breakaway goal with 14:16 remaining in the first period.

QNQ held that lead for more than 10 minutes. Hanover was able to tie the game up late in the first period, however. Hanover got its first goal of the game with about 3:45 left in the first, tying things at one apiece.

Even though Hanover came out on top, their initial lead would not last forever. QNQ retook the lead a little more than halfway through the second period, going up 2-1 on their opponent. Dineen scored the goal a few seconds after being subbed back into the action. Her goal came with about 6:20 left in the second

period.

Hanover played tough defense for the rest of the second period and prevented QNQ from scoring again. The team stopped QNQ from scoring on a power play shortly after its goal. After the power play, QNQ had a shot bounce off the post, but the team was unable to score.

Hanover made a third-period comeback against QNQ, netting three goals in the final 15 minutes of action.

Hanover first scored on a shot between QNQ's goaltender's legs about 20 seconds into the third period, tying things at two apiece. Then, less than two minutes later, the team took the lead. Hanover went up 3-2 on a slapshot, taking its second lead of the game.

Hanover managed to

protect this lead. The team added an insurance goal with about 2:15 left to play on a backhanded shot. Hanover was able to shut QNQ out offensively in the third period.

This game marked the second time this season that these two teams played each other. QNQ started its regular season with a home game against Hanover Dec. 17; the team lost its opener, 5-1.

Before the Jan. 18 contest against Hanover, QNQ also had a 4-2 loss on Martin Luther King Jr. day Jan. 16. The team faced Pembroke at Hobomock Ice Arena in Pembroke in that contest.

QNQ has a mix of youth and experience on its roster this year but is on the younger side as far as high school hockey teams go. The team has more fresh-

men and eighth-graders combined (nine) than it does seniors (five).

The roster for QNQ this season includes: senior goaltender Hailey Concannon, sophomore forward Madeline Case, eighth-grade forward Mackenzie Ilacqua, freshman defender Siena Nichol, junior forward Caroline Snyder, sophomore forward Megan Caldwell, the sophomore forward Ciara Folan, freshman defender Lila Cook, eighth-grade forward Lucy Morkan, sophomore defender Ashlinn Folan, sophomore forward Maggie Webber, freshman goaltender Marissa Palmer, freshman defender Casey Perdios, eighth-grade forward Anna Greene, senior forward Maggie Dineen, freshman forward Emily Lim, senior forward Abigail Newton, senior forward An-

gel Bresnahan, and senior forward Katelyn Stirling. The team's head coach is Jeff Craig.

QNQ had two games scheduled this week. Their first scheduled game is against Whitman-Hanson/Silver Lake at the Quincy Youth Arena on Wednesday, Jan. 25 (6:10 p.m. start time). Then, QNQ will face the Scituate Sailors on the road on Saturday, Jan. 28. That game will start at 7:10 p.m. and will take place at the Hobomock Ice Arena in Pembroke.

The Scituate game will be a rematch for QNQ. Through 11 games played, QNQ's lone win of the season had come against Scituate. QNQ defeated Scituate 5-2 at home on Dec. 21. The Scituate win was the team's highest scoring total in its first 11 games.

Zach Taylor's 30 Points Leads North Over Quincy

Cont'd From Page 20

North Quincy seniors Sean Burns and Grant Murphy scored their first varsity points in the Raiders' win.

The roster for the Presidents this season includes: senior guard and captain Ty Neal, senior guard Chase Morales, junior guard and captain Danny Adams, sophomore guard Marcello Barros, sophomore guard Marco Carvalho, senior guard Christian Monteiro Spagnolo, senior forward Harun Chaani, senior guard Stephen Gallant, junior guard Manny Aguayo, senior guard Kyle Cruz, junior forward Luke Mordas, se-

nior guard Jeremy Costigan, senior guard Huy Ho, and senior forward Charlie Coffey. The team's head coach is Dave Parry.

Additionally, the Raiders have a highly-experienced team this season; they have 11 seniors on their roster.

The roster for the Raiders this season includes: senior forward Jerald Mortel, senior guard Alex Pham, senior forward Joe Bates, junior guard Will Conley, senior guard Sean Burns, junior forward Enhea Panariti, senior guard Patrick Webber, senior guard Nathan Davis, senior guard and captain Nate Caldwell, junior

guard Nate Sampson, sophomore guard Kobe Nguyen, senior forward/center and captain Dylan Clifford, senior guard/forward and captain Zach Taylor, senior forward Grant Murphy, senior forward/center Kevin Pritchard, and sophomore guard AJ Arrazola. Kevin Barrett is the team's head coach.

The next game for the Presidents is this Friday, Jan. 27, at home against Plymouth South (6:30 p.m. start time). And the next game for the Raiders is this Friday, Jan. 27, at home against the Hanover Hawks (6:30 p.m. start time).



NORTH QUINCY SENIOR Kevin Pritchard (right) grabs a rebound for the Raiders. Looking for a loose ball at left is Quincy senior Marco Carvalho.

Quincy Sun Photo/Robert Bosworth

Quincy Youth Hockey News Spotlight: The Quincy Clams

Who are the Quincy Clams?

Beginning March 2019, with the support of Quincy Youth Hockey, Laura Lebo started a place for women to learn to skate and play hockey. The buzz and interest was amazing and began with approximately 60 women registering for the first session.

The first group consisted of players at every level but what each player had in common were the smiles and laughs on and off the ice. The original coaches for the Quincy Clams were Liam Folan, Steve Bartkus and Rich Stone. Each week for 50 minutes players would suit up in their hockey gear and the coaches would take the group through drills,

skills and scrimmages.

COVID unfortunately shut down skating for the Clams during the spring and summer of 2020 but that didn't stop this group from starting back up again in the fall of 2020 and they have been year round ever since.

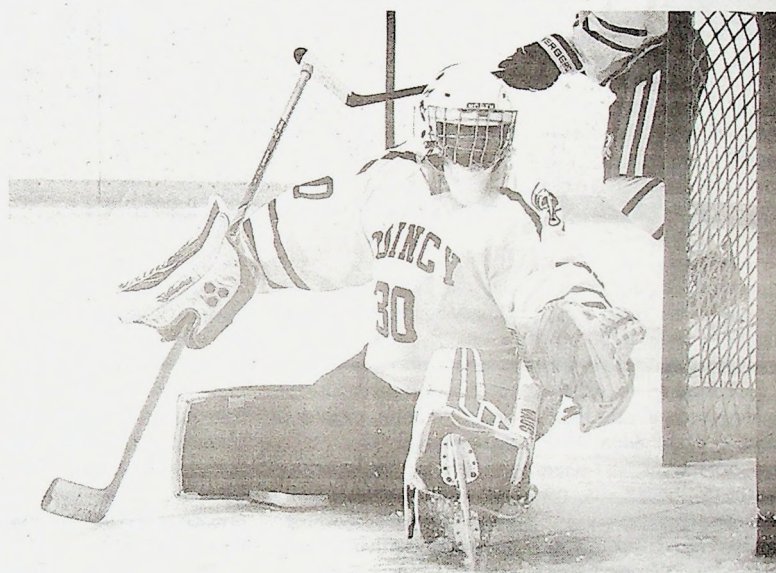
The group is now coached by Greg Burke and Dan Stone with a similar agenda each time the Clams step on the ice.

The Quincy Clams have participated in the Cross Check Cancer tournament two years running with about 20 players representing Quincy during each year, have picked a special organization to donate to during the holidays, and give back to QYH by partnering with the girls teams.

This past January the Clams and the Quincy Youth Hockey girls U12 and U14 teams held their first skate against each other and are already planning their next game coming up in February. It was a fun day for all and is a great way to help show the girls that hockey can be played at any age.

The Quincy Clams operates as a learn-to-play weekly skate for women 21+ but also welcomes experienced players who are looking for fun, exercise, and shared love for hockey. The group skates on Thursday nights at 8 p.m. at Quincy Youth Arena.

For more information or interest in joining the Quincy Clams follow the Facebook and Instagram pages at Quincy Clams.



GOALIE ASHER WINES was on his game, backstopping Quincy College's 7-3 win over Nichols College on Jan. 21.

Courtesy Photo

Temple Beth Sholom Events

Friday, Feb. 3 at 7 PM Community Dinner

Please a join us for Kabbalat Shabbat Services followed by an Israeli inspired dinner. The cost is \$25 per person. Olive Tree (\$72) & Pomegranate Tree (\$144) sponsors welcome.

Go to our website www.tshull.org and click on rsvp 600 Nantasket Ave., Hull, Boyer Auditorium with Zoom available for service. Password: 9250091 Meeting ID: 637 366 5461

Saturday, Feb. 4 - 9:30 AM Nosh and Learn

Join us for a light nosh and discussion followed by an abbreviated Shabbat morning service and Kiddush.

600 Nantasket Ave., Hull, Boyer Auditorium with Zoom available for service. Password: 9250091 Meeting ID: 637 366 5461

Saturday, Feb. 4 at 6:30 PM Trivia Night

Havdalah Service followed by Trivia Night. Fig Tree sponsors welcome (\$54)

Go to our website www.tshull.org and click on rsvp 600 Nantasket Ave. Hull, Boyer Auditorium with Zoom available for Havdalah service. Password: 9250091 Meeting ID: 637 366 5461

Wednesday, Feb. 8 at 5:45 PM - TBS READS

TBS Reads, our book group, will meet to discuss Murder on a Kibbutz by Batya Gur.

600 Nantasket Ave., Hull, Conference Room. Zoom available. Password: 9250091

Meeting ID: 637 366 5461

Wednesday, Feb. 8 at 6:45 PM Adult Ed: Tu B'shevat

Maariv service at 6:45PM; Adult Ed 7 p.m. Zoom available Password: 9250091 Meeting ID: 637 366 5461.

Gasoline Prices Up Seven Cents

The average gas price in Massachusetts is up 7 cents from last week (\$3.30), averaging \$3.37 per gallon. Monday's price is 2 cents lower than a month ago (\$3.39), and 1 cent higher than Jan. 23, 2022 (\$3.36). Massachusetts' average gas price is 5 cents lower than the national average.

"Gas prices are up as crude oil prices have risen to levels not seen since mid-November thanks to expectations that cooling inflation will spike demand in the United States and China's economy bounces back from COVID-related shutdowns," said Mary Maguire, AAA Northeast Vice President of Public and Government Affairs. "Even though national crude inventories have rebounded and are now substantially above average, some of the surplus is due to a drop in refinery output in recent weeks."

QC Hockey Opens 2nd Half With Win

The Quincy College men's hockey team opened the second half of its inaugural season on Saturday night with an impressive 7-3 win over Nichols College.

The Granite came out strong from puck drop and were led by Quincy's Joe Hennessey, who notched his first collegiate hat trick. Other scores came off the sticks of local stars Robbie

Cameron and Pat Walsh as well as from Anthony Survilas (Salem, NH) and Aiden Burke (Dorchester). Survilas, Quincy's Ben Wines, and John Milne (Norwell) each had two assists and Quincy's John Early collected one of his own. Asher Wines contributed strong goaltending.

"We really dominated play," said Granite head

coach Kyle Robertson. "This game really showed what we're capable of and we'll only get better from here on."

The victory boosts the Granite's overall record to 3-5-1 as they prepare for their next game against the University of New Haven at 7 p.m. on Friday, Jan. 27, at Quincy Youth Arena. Admission is free.

Bethany Congregational Church

Bethany Congregational Church invites the public to its regular service Sunday, Jan. 29.

The service will begin at 9:30 a.m. Rev. Patrick McCorkle will be preaching his sermon.

Coffee Hour is held after services in the Allen Parlor. Come for refreshments and interesting conversation.

The public is welcome to visit the church Thrift Shop located at 22 Spear St. right next to the church. The hours are Wednesday and Saturday 10 a.m. to 1 p.m.

and Thursday evenings 4 to 7 p.m. You will see a sign directing you toward the entrance. Proceeds from this shop will be used to fund missions.

The Prayer Shawl Ministry meets on the second and fourth Friday evenings at 6:30 in the Library at Bethany Church. If you are interested in attending, contact the church and leave a message, or ask someone about it at Coffee Hour. If you don't know how to knit or crochet, members can teach you.

Broad Horizons Preschool is open and accepting students both full and part-time, for the fall session. To inquire and/or fill out an application, go to the website at broadhorizonsbethany.com or call 617-471-0022.

Bethany Congregational Church is located at 18 Spear St., Quincy. The church website is: bethanycongregchurch.org. Email address is: bethanycongregchurch@yahoo.com. The church telephone number is 617-479-7300.

SSBT 'Summer Intensive Dancer Auditions' Feb. 11

South Shore Ballet Theatre (SSBT), the South Shore's pre-professional ballet school, announces its "Summer Intensive Dancer Auditions," on Saturday, Feb. 11, 10:30 a.m. to 12 noon for dancers ages 10 through 18, and 12 noon to 1 p.m. for dancers ages 7 through 9, at SSBT's studio, 45 Industrial Park Road, Hingham.

All dancers ages 7 through 18 are encouraged to audition for South Shore Ballet Theatre's popular Summer Intensive programs.

Registration is available weekly or as a full-season program, from July 10 through August 4, 9 a.m. to 3 p.m. weekdays. The final week of Summer Intensive is Nutcracker-themed, al-

lowing community or SSBT dancers to get a head start preparing for new roles secured for SSBT's annual holiday season tradition production of "The Nutcracker." A program finale performance will be held for students that attend at least three weeks of the program.

SSBT Summer Girl dancers arrive wearing black leotard, tights, ballet

shoes, pointe shoes (if en pointe), and hair in a bun. Boy dancers arrive wearing a white shirt, black bike shorts or black tights and ballet shoes.

Founded in 2008, South Shore Ballet Theatre is the South Shore region's pre-professional ballet school featuring world class faculty, training tomorrow's dancers today. SSBT's mis-

sion is to provide students and their families with the opportunity to develop an appreciation of ballet and related dance disciplines in a safe and nurturing environment, encouraging students to strive to achieve their fullest potential, regardless of course of study.

The fee to participate in "Summer Intensive Dancer Auditions" is \$20, payable

in advance, with a signed waiver, when registering at southshoreballettheatre.com. To donate to support South Shore Ballet Theatre Foundation's scholarship program, or for more information about SSBT's programs, tuition, and performances, visit southshoreballettheatre.com, call 781-312-7224, or follow South Shore Ballet Theatre on social media.

Quincy-North Quincy Indoor Track Highlights, Results

MSTCA Division 1 Relays Jan. 21 - Reggie Lewis Center

MSTCA D1 Relays 1/21/2023 Reggie Lewis Center

Gender	First	Last	Relay	Team & Leg	Split/Perf	Time/Total	Place/Teams
B	Jayden	Francois	4 x 200m	A1	24.4		
B	Oisin	Coogan-Coyne	4 x 200m	A2	24.0		
B	Andrew	Hodgdon	4 x 200m	A3	24.1		
B	Jacey	Ham	4 x 200m	A4	23.8	1:38.58	16/49
B	Kendry	Duran	4 x 200m	B1	25.3		
B	Alex	Stankov	4 x 200m	B2	25.4		
B	Jeanior	Alexis	4 x 200m	B3	27.0		
B	Gabe	Rodrigues	4 x 200m	B4	23.9	1:41.93	40/49
B	Jeanior	Alexis	Shotput		32'11"		
B	William	Lanergan	Shotput		28'06.25"		
B	Gabe	Rodrigues	Shotput		41'07.75"		
B	Jacey	Ham	Shuttle Dash	A1	5.6		
B	Kendry	Duran	Shuttle Dash	A2	5.9		
B	Gabe	Rodrigues	Shuttle Dash	A3	5.7		
B	Andrew	Hodgdon	Shuttle Dash	A4	5.5	22.96	14/43
B	Jayden	Francois	Shuttle Hurdles	1	7.3		
B	Gio	McKenzie	Shuttle Hurdles	2	7.4		
B	Ammar	Chunda	Shuttle Hurdles	3	7.7		
B	William	Le	Shuttle Hurdles	4	7.9	30.51	2/3
G	Melanie	Chretien	4 x 200m	A1	29.6		
G	Kimberly	Le	4 x 200m	A2	29.9		
G	Jahan	Lin	4 x 200m	A3	30.1		
G	Sofija	Slezas	4 x 200m	A4	27.3	1:57.14	22/39
G	Caitlin	Cormican	4 x 800m	B1	2:36.2		
G	Erin	DellaBarba	4 x 800m	B2	2:42.9		
G	Sarah	McKenna	4 x 800m	B3	2:39.7		
G	Mollie	Nelson	4 x 800m	B4	2:48.0	10:49.58	17/22
G	Salma	Boukham	Distance Medley	1(1200)	3:51.1		
G	Maddie	McGillicuddy	Distance Medley	2(400)	1:04.5		
G	Hannah	Moriarty	Distance Medley	3(800)	2:31.8		
G	Aluna	Coogan-Coyne	Distance Medley	4(1600)	5:21.8	12:49.31	8/14
G	Melanie	Chretien	Shotput		25'09.5"		
G	Grace	McGough	Shotput		25'02.5"		
G	Brooklyn	Rizzo	Shotput		28'02.75"		
G	Melanie	Chretien	Shuttle Dash	A1	6.8		
G	Jahan	Lin	Shuttle Dash	A2	6.4		
G	Kimberly	Le	Shuttle Dash	A3	6.8		
G	Sofija	Slezas	Shuttle Dash	A4	6.1	26.41	20/37

Jessamine Bearchell On Hofstra Dean's List

Jessamine Bearchell of Quincy has been named to the Dean's List for the fall semester at Hofstra University in Hempstead, N.Y. Bearchell is in majoring in Fine Arts.

Siobhan O'Sullivan On Bucknell Dean's List

Siobhan O'Sullivan of Quincy has been named to the Dean's List for the fall semester at Bucknell University in Lewisburg, PA. O'Sullivan, a member of the Class of 2024, is majoring in Russian.

More Quincy news:

The Quincy Sun.com

QNQ Vs. Plymouth South - Jan. 19 - Reggie Lewis Center

QNG vs Plymouth south 1/19/2023 Reggie Lewis Center

First	Last	Gen	Event	Perf	Place	Comment
Erin	DellaBarba	F	1000m	3:32:86	3	PR
Sarah	McKenna	F	1000m	3:32:49	2	PR
Charlotte	McConville	F	1000m	4:13:12		PR
Aluna	Coogan-Coyne	F	2mile	12:03:68	1	
Mollie	Nelson	F	2Mile	13:59:95	2	
Grace	Cody	F	2mile	14:45:65	3	
Sofija	Slezas	F	300m	43.55	1	PR
Melanie	Chretien	F	300m	47.86	2	PR
Amelija	Slezas	F	300m	49.34	3	PR
Mairead	Folan	F	300m	51.85		PR
Bassma	Torky	F	55m	10.07		PR
Maggie	Potts	F	55m	10.08		
Genesis	Anderson	F	55m	10.12		
Christine/Yan	Lin	F	55m	10.13		
Sofija	Slezas	F	55m	7.80	1	SR
Jahan	Lin	F	55m	8.25		PR
Kimberly	Le	F	55m	8.27		
Brianna	Alvarado	F	55m	8.43		PR
Mairead	Folan	F	55m	8.49		
Brianna	Keddy	F	55m	8.57		PR
Anushka	Raj	F	55m	8.99		PR
Alexandra	Guia	F	55m	9.16		PR
Mia	Tratzinski	F	55m	9.27		
Emily	Quach	F	55m	9.32		PR
Mikilah	Aubrey	F	55m	9.90		
Maddie	McGillicuddy	F	600m	1:49.65	1	
Hannah	Moriarty	F	600m	1:49.84	2	
Amira	Altsaid	F	600m	1:56.50	3	
Mollie	Smith-Gaeta	F	Highjump	4'07"	1	
Eliza	Henry	F	Hurdles	10.74	3	

QP Congregational Church

Quincy Point Congregational Church, 444 Washington St., Quincy, will celebrate the Fourth Sunday after Epiphany Sunday, Jan. 29 at 10 a.m. in-person and live streamed worship. The church is accessible to all with designated parking and an elevator on the Abbey Road side of the church.

The second Chili/Chowder cookoff will be on Feb. 12, after the 10 a.m. worship in the downstairs QPCC Social Hall. Share that favorite family recipe or just enjoy testing and take your favorites home for the Superbowl.

A free will donation will be collected for the Quincy Point Firehouse Kitchen Upgrade Project; a way to say a thank you to the members of our community who assist us every day. (Kitchen construction starting in February.) Contact the church office if you would like to compete at office@quincypointcong.org or 617-773-6424.

Let us know if you are bringing chili or chowder. To make an online donation visit: <https://www.quincypointcong.org/donate>, there is a dropdown selection to donate to the Firehouse Kitchen Project

Check out our worship services anytime on our website at www.quincypointcong.org, on the Quincy Point Congregational Church YouTube channel, or on our Facebook page. We are also broadcast on Quincy Access Television at 6pm on Wednesdays. Need help connecting? Contact the church office- information above.

Mollie	Smith-Gaeta	F	Hurdles	10.76		
Melanie	Chretien	F	Longjump	12'09"		
Salma	Boukham	F	Mile	5:33.05	1	
Caitlin	Cormican	F	Mile	5:58.90	2	
Mollie	Nelson	F	Mile	5:59.53	3	PR
Grace	Cody	F	Mile	6:40.02		
Maggie	Potts	F	Shot	20'05"		PR
Anushka	Raj	F	Shot	20'09.25"		PR
Christine/Yan	Lin	F	Shot	21'05.5"		
Genesis	Anderson	F	Shot	22'04.5"		PR
Bassma	Torky	F	Shot	22'08.5"		
Grace	McGough	F	Shot	25'05"	3	PR
Melanie	Chretien	F	Shot	26'08"	2	
Brooklyn	Rizzo	F	Shot	28'00.5"	1	
Kyle	Clements	M	2Mile	11:40.82		SR
Sean Padinck	Nelson	M	2Mile	12:05.89		
Alex	Stankov	M	300m	40.92		PR
Liam	Cody	M	300m	44.00		
Wendell	DesCartes	M	300m	44.07		PR
Jacey	Ham	M	55m	6.86	1	
Kendry	Duran	M	55m	7.10		
Alex	Martinez	M	55m	7.12		
Gabe	Rodrigues	M	55m	7.14		
William	Lanergan	M	55m	7.57		
Jeanior	Alexis	M	55m	7.74		
Andrew	Hodgdon	M	55m	7.80		
Wendell	DesCartes	M	55m	7.82		
Jordan	Leathers	M	55m	7.90		
Anthony	Chiu	M	55m	8.08		PR
Cyrus	Lin	M	55m	8.10		PR
Vincent	Lin	M	55m	8.17		
Henry	Puka	M	55m	8.59		PR
Brian	Chen	M	55m	8.61		PR
Brian	Quach	M	55m	9.14		
Alexander	Shaareman	M	55m	9.32		PR
Oisin	Coogan-Coyne	M	600m	1:28.83	1	PR
Ben	Dawe	M	600m	1:41.60		
Justin	Liu	M	600m	2:03.61		
Jacey	Ham	M	Highjump	5'11"	1	
Giordano	McKenzie	M	Hurdles	12.64		
Tristan	Bowler	M	Hurdles	10.50		
William	Le	M	Hurdles	11.25		
Jayden	Francois	M	Hurdles	8.43	1	
Giordano	McKenzie	M	Longjump	17'08.75"		
Jayden	Francois	M	Longjump	18'01"	3	
Alex	Martinez	M	Longjump	19'05"	2	PR
Kyle	Clements	M	Mile	5:04.82	1	SR
Sean Padrick	Nelson	M	Mile	5:19.51		
Jeanior	Alexis	M	Shot	30'08.5"		
William	Lanergan	M	Shot	31'01"		PR
Gabe	Rodrigues	M	Shot	40'00"	2	
Boys Lost	57-43					
Girls won	73-17					

Bernazzani PTO Hosts Welcome New Year Bowling Event



BERNAZZANI ELEMENTARY SCHOOL PTO hosted a Welcome the New Year bowling event at Olindy's Bowling Jan. 8. The event hosted approximately 200 students and family members for an afternoon of bowling and gaming fun. The event also collected non-perishable food and personal care items which were donated to Interfaith Social Services. More information about Bernazzani PTO programming can be found at www.cabpto.com. Parent run meetings are held bi-monthly and volunteer support is always welcome. The Bernazzani Elementary School wishes the Quincy community a happy and healthy new year.

Courtesy Photos



SERVICES

The Quincy Sun

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INDEX ☐ Services ☐ For Sale ☐ Autos ☐ Boats ☐ For Rent ☐ Wanted ☐ Help Wanted ☐ Work Wanted ☐ Pets ☐ Lost & Found ☐ Real Estate ☐ Antiques ☐ Flea Markets ☐ Yard Sales ☐ Instruction ☐ Day Care ☐ Personal ☐ Miscellaneous	RATES 1 WEEK ☐ \$9.00 for one insertion, up to 20 words, 10¢ for each additional word. 2-4 WEEKS ☐ \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word. 5-10 WEEKS ☐ \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad, 10¢ for each additional word. 11 WEEKS OR MORE ☐ \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.	☐ Enclosed is \$ _____ for the following ad to run _____ weeks in The Quincy Sun. COPY: _____ _____ _____ _____ NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.
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OBITUARIES

Monica Mannion

Monica (nee McCarthy) Mannion, of Milton, died peacefully at home, surrounded by her loving family on Jan. 15, 2023.

A Bostonian through and through, Monica Jean McCarthy grew up in a loving environment and graduated from Archbishop Williams High School in Braintree in 1982. There was a strong ethos of public service within the McCarthy clan and Monica soon embarked upon a successful nursing career. She is remembered for her professionalism and work ethic but, especially, for her strong sense of compassion and inherent kindness. She is sadly missed by her many colleagues and friends at Boston Medical Center.

But, outside of her career, Monica lived her all



MONICA MANNION

too brief life to the absolute fullest, nurturing her mind, body and spirit along the way. She simply loved life and all its joyful pleasures and she generously shared this joy with her family, her son Thomas, her many devoted friends and, of course, her loving and caring husband David Nunes.

She was a passionate believer in wellness and her physical fortitude and inner strength served her well later throughout her long - and sometimes challenging - illness. But Monica was never one to complain and her shining and immaculate presence was always accompanied by a smile. For, above all, Monica Mannion led a full and deeply meaningful life where everything that she touched was imbued with grace, beauty and, most of all, love.

Beloved wife of Dr. David Nunes of Milton. Loving mother of Thomas Mannion of Quincy. Cherished daughter of Carol A. (Bulger) McCarthy of Hanover and the late Robert D. McCarthy. Sister of Patti Higgins of Quincy, Denis McCarthy and his wife Stacie

of Dorchester, and Michael McCarthy and his wife Jennifer of Hanover. Also survived by many nieces, nephews, aunts, uncles, cousins, colleagues and dear friends.

Visiting hours were held Jan. 20 in the Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service was held in the funeral home on Jan. 21 prior to the Funeral Mass in St. Elizabeth Church, Milton. Burial in Milton Cemetery, Milton.

In lieu of flowers, donations in memory of Monica may be made to The Jimmy Fund at the Dana-Farber Cancer Institute, PO Box 849168, Boston, MA 02284-9168. <https://www.jimmyfund.org/ways-to-give/>

See www.Keohane.com for directions and online condolences.

Patricia A. Sordillo, 61

Patricia A. Sordillo, age 61, a lifelong resident of Quincy, died suddenly, Wednesday, Jan. 18, 2023 at home.

Patricia was born in Weymouth, raised and educated in Quincy. She was a graduate of Quincy High School, Class of 1979. She earned an Associate degree from Quincy College.

Pat was proud to be a registered nurse and devoted herself to the profession. She was employed with Fresenius Medical Care in Waltham for twenty years, beginning as a Clinical Support Specialist for the Renal Therapies Group before being promoted to Senior Support Specialist. She was the recipient of many Clinical Support Specialist Nurse of the Year awards on her team. Pat had a passion for sharing her nursing knowledge and served as a mentor to many of her colleagues. She had previously worked for St. Elizabeth's Medical Center in Brighton and the former Saint Margaret's Hospital in Dorchester.

She was a member of the Mass Bay American Nephrology Nurses Association (ANNA) and had served in various officer positions, including past president.

Pat was an avid shopper, with a passion for shoes. She enjoyed entertaining family and friends, especially at the holidays. She also enjoyed spending time on Cape Cod with family and friends.

Beloved daughter of the late Louis J. and Gloria A. (Bruno) Sordillo.

Devoted sister of Rose Roybal and her husband Amado of Albuquerque, N.M., Gloria Svensson and her husband Joel of Myrtle Beach, S.C., Nancy Stansbury and her husband Thomas of Quincy, Susan Lyons and her husband Peter of Hanover, Christine



PATRICIA A. SORDILLO

Hyslip and her husband John of Quincy, and predeceased by Kathleen Gillooly and her late husband Francis, Louise O'Brien and her late husband William, and the late Louis J. Sordillo, Jr.

Loving aunt of her nephews, godson William O'Brien, Jr. and his wife Sheriann, Mark Gillooly and his wife Alicia, Kevin Gillooly, Stephen O'Brien and his wife Nicole, Peter and Paul Lyons; and her nieces, Amanda and Angela Hyslip.

Much-loved great aunt of Kaelyn O'Brien and Michael Gillooly. As well as her furry nieces and nephews.

Dear friend of Robin Wright of Quincy. Pat is also survived by many cherished friends, neighbors, and colleagues.

Visiting hours were held at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, on Sunday, Jan. 22. A Funeral Mass was celebrated in Saint John the Baptist Church, 44 School St., Quincy, on Monday, Jan. 23. Interment followed at Pine Hill Cemetery, West Quincy.

In lieu of flowers, donations in Patricia's memory may be made to the American Parkinson Disease Association - MA Chapter, 85 East Concord St., Ground Floor, Boston, MA 02218.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Daniel J. Munkley Jr., 71

Daniel Joseph Munkley Jr., of Quincy, died suddenly on Sunday, Jan. 15, 2023, at the Boston Medical Center. He was 71.

Dan was born in Quincy on Jan. 21, 1951, and was the son of the late Daniel Joseph Munkley Sr. and Anna (Sharp) Munkley. He was raised in West Quincy, attended local schools, and graduated from Boston College High School. Dan was a longtime employee in the Respiratory and Endoscopy Departments of Brigham and Women's Hospital.

Dan had an exceptional memory. Some of his interests included astronomy, movies, photography, botany, knot-tying, kite flying, and bubble-making. His love for animals was unmatched. Dan had a wide range of skills, acting as an electrician, mechanic, car-



DANIEL J. MUNKLEY JR.

penter, engineer, or whatever else the situation called for. A talented handyman, he was often guilty of fixing a problem before you even knew it existed.

A man of many hidden talents, his children were never surprised to hear an old story and learn something new about Dan. Such stories include the time he converted his orange van from standard transmission to automatic for a cross country road trip, playing keyboard and harmonica in a band with his friends, or helping build a log cabin house in Maine from the ground up.

Dan loved his family more than anything. He found great joy in spending

time with his grandchildren and always had something different and exciting to share with them. Whether he showed up for a whole afternoon or for five minutes before bedtime, Ella and Oscar always had his undivided attention.

He loved spending time outdoors, evident through his many years of road trips, camping, climbing, and hiking the White Mountains and National Parks. Dan loved his winter camping trips with friends to Mount Washington and Mount Katahdin.

Dan was a pillar in the local Scouting community, acting as a teacher, a mentor, and a leader for many years. His hard work and commitment to the Boy Scouts of America inspired all ranks and ages of scouts.

Always free-spirited and true to himself, Dan's thoughtfulness, creativity, kindness and giving nature are only but a part of his legacy. He was well known for doing everything he could to help family, friends, or anyone in need. He will be

missed by all the lives he touched.

Dan was the dedicated father of Caitlin M. MacDonald and her husband Kevin of Florida, Colleen M. McAlpin and her husband Stephen of Weymouth, and Daniel J. Munkley III of Hawaii. He was the loving grandfather of Ella MacDonald of Florida and Oscar McAlpin of Weymouth. Dan was the dear brother of Robert Ward and his wife Barbara of Hingham, and Ann McLaughlin and her husband John of Mattapoisett. He also leaves behind his former wife and friend Karen Munkley of Quincy, as well as many loving nieces, nephews, family, and friends.

Visiting hours were held Sunday, Jan. 22, in the Keohane Funeral Home, 785 Hancock Street, Quincy.

His funeral service and interment will be held privately.

In lieu of flowers, memorial contributions may be sent to the Quincy Friends of Scouting at 21 Puritan Dr., Quincy, MA 02169 for the Dan Munkley Camper-ship Fund, founded in his memory.

In Loving Memory of
RICHARD F. TAPPER
1/25/2023



In Loving Memory of
RICHARD F. TAPPER
1/25/2022

Time after time we think of you, and wish for days gone by. As this can't be, we send our love to you beyond the sky.

Lovingly remembered and sadly missed by
Maureen, Family & Friends

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NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun. Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

Janice M. Philie, 77

Janice M. (Little) Philie, age 77, of Rockland, departed this life on Friday, Jan. 20, 2023 surrounded in love by her family.

Janice was born on Dec. 27, 1945, to the late Andrew S. and Margaret E. (Frazier) Little.

She is survived by her daughter Beth Goldberg of Quincy, sons Scott Philie and his spouse Gina (Hinds) of Middleboro, and Todd Philie and his spouse Doreen (Nyman) of Mattapoisett. Mother-in-law of the late Steven E. Goldberg. Favorite aunt to Andrew Peterson of Roslindale.

Loving grandmother of Tyler, Eliot and Margret and Dominic and Samuel.

Beloved wife for fifty-five years of the late Edward Eugene Philie, who died on March 31, 2022.

Jan was also predeceased by her sisters, Barbara A. Little and Joan S. Peterson, and her brother, Thomas Banks.

Janice is also survived by her cousins, the DeCoste



JANICE M. PHILIE

and Frazier families.

Janice graduated from the former Saint Joseph's School in Quincy and Cardinal Cushing High School in South Boston, Class of 1963. After graduation she attended Quincy City Hospital School of Nursing graduating in 1966 and began a lifelong career in nursing. From Pediatrics to Geriatrics, Jan worked at Quincy City Hospital, South Shore Hospital, and then found her true passion at South Shore Rehabilitation and Skilled Nursing Facility in Rockland working with the elderly.

Jan was always lending a hand to those in need, an extremely sweet lady who loved to sew, read, knit, do puzzles and listen to her favorite Irish music.

Visiting hours will be held at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, on Wednesday, Jan. 25, from 4 - 7 p.m. Relatives and friends are invited to attend. A Funeral Mass will be celebrated in Saint John the Baptist Church, 44 School St., Quincy, on Thursday, Jan. 26, at 10 a.m. Interment to follow at the Massachusetts National Cemetery, Bourne.

In lieu of flowers and due to floral restrictions at the cemetery, donations in Janice's memory may be made to St. Jude Children's Research Hospital, 501 St. Jude Pl., Memphis, TN 38105 or a charity of your choosing.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

George F. Gardiner, Sr., 83

George F. Gardiner, Sr. (83), a lifelong Quincy resident passed away peacefully surrounded by his loving family on Jan. 19, 2023 after a battle with cancer. George, lovingly known as Bumpa, was born Feb. 11*, 1939, in Quincy, Massachusetts to Theodore C. and Amy I. (Morgan) Gardiner. He was a 1957 graduate of North Quincy High School where he met his wife Louise E. (Kolb) Gardiner. He was married to his high school sweetheart for 61 years.

George retired from the printing-sales business in 2008. After his retirement he enjoyed spending time with his wife in Sarasota, Florida at his family's home, as well as spending time with his children and grandchildren. He was a member of First Baptist Church of Wollaston for many years, where he was a trustee for the church. He enjoyed playing golf at Wampatuck Country Club, where he organized char-



GEORGE F. GARDINER, SR.

ity tournaments for several years. He was a member of the Canton Town Club.

He is survived by his wife Louise, his 3 children Judi E. Hosang and her husband John Hosang of Round Rock, TX, George F. Gardiner Jr. and his wife Terry Gardiner of Hanson, MA, Dawn E. Anagnos and her husband John Anagnos of Holbrook, MA, 7 grandchildren, Jake Hosang, Sarah Hosang, Andrew Hosang, Delaney Gardiner, Kaylee Anagnos, Austin (A.J.) An-

agnos, and Nicholas Anagnos, one great grandchild, Balen Hosang, his brother Donald Gardiner, and many nieces, nephews and friends.

He was predeceased by his parents Theodore C. and Amy I. Gardiner, siblings, Marilyn Mahn, Barbara Pineo, Theodore Gardiner, and William Gardiner.

Visiting hours will be held Friday, Jan. 27, at the Keohane Funeral Home, 785 Hancock St., Quincy from 4-8 p.m. A Celebration of Life Service will be held in the funeral home on Saturday at 9:15 a.m. followed by a Funeral Service on Saturday, Jan. 28, at First Baptist Church of Wollaston, 81 Prospect Ave., Quincy at 10 a.m. Relatives and friends respectfully invited. Burial in Blue Hill Cemetery, Braintree. In lieu of flowers, memorial contributions may be made to the charity of your choice.

Paul A. Rugg

Paul A. Rugg, of Marshfield and formerly of Quincy, died peacefully on the night of Jan. 15th, with his wife and son Ben by his side, after a long journey with Alzheimer's Disease.

Born in 1950 to Warren Rugg and Ruth (Fitzgerald) Rugg, the eldest of 6 siblings, Paul enjoyed a childhood of mischief in Merrymount, playing sports, boating, and later "borrowing" his grandfather's car on occasion. The Beatles set the soundtrack to his life, and a 13-year-old Paul would ride his bike around the neighborhood singing "I Want to Hold Your Hand" while delivering papers for the Patriot Ledger.

Paul graduated from Quincy High School in 1968, and soon after enlisted in the Army with a high school friend. He spent time in Vietnam, as the Sergeant of a small reconnaissance platoon, an experience that profoundly affected him for the rest of his life. He earned a Bronze Star for valor in combat. Paul earned an Associate's Degree from Franklin Institute before joining Boston Edison as an electrical engineer, where he worked for about 40 years.

Surviving more than his fair share of hardship, Paul lost his first love and high school sweetheart, his wife Eileen (Hurney) Rugg, to breast cancer in 1994. To find love once is a miracle, but Paul was blessed with a second great love, his wife Barbie, whom he married in 2002. Paul and Barbie had many adventures, and when Paul's life was touched by

Alzheimer's, Barbie was there by his side caring for him until his last breath.

Paul was his family's favorite character, and his corny jokes will be missed by all. He had a zest for life and a belief that anything was possible, which was infectious. The glint in Paul's eye made him seem like he was always about to do something you didn't expect; and sometimes he was. His bright, charming smile always allowed him to get away with it. He was a stubborn force who was very good at doing what he wanted to do, whether it was a popular choice or not. An unwavering perfectionist and a jack of all trades, Paul kept his home, his tools, and his vehicles in pristine condition despite his children's best efforts. Have you ever met anybody who had the same pair of sunglasses for two decades?

He learned to race sailboats at Wollaston and Squantum Yacht Club in the 70s and 80s, which became his passion, and he was introduced to the art of boat building by his sailing friends. Those who crewed for Paul on Bloody Mary, the sailboat he built in the neighbor's garage, were in for an intense experience. An unrelenting competitor, Paul won many regattas skippering Bloody Mary in Quincy Bay. If Paul wasn't out on the ocean or working on a project around the house, he was exercising or weightlifting. In the early 90s you could find Paul rocking out to Madonna's Immaculate Collection on

his NordicTrack. Later he became an avid rollerblader before taking up bike riding, a hobby he was able to continue post-Alzheimer's diagnosis with the help of a friend.

Paul was one of a kind, and he will be sorely missed. We can only hope that his corny jokes, zest for life, and passion for whatever task it is that makes you happy will live-on within those loved ones he left behind.

He is predeceased by his first wife Eileen and younger brothers Warren and Peter. He is survived by his wife Barbie of Marshfield, his daughter Meredith and her husband Matthew Lebo of Quincy, his son Dennis Rugg and his wife Keri-Ann of Dover, NH, his son Ben Duffy of Carver, and his daughter Molly and her husband Justin Palmer of Marshfield. He is also survived by his brother Philip and his wife Gloria of Florida, and his sisters Susan and her husband Richard Mullens of Brockton, and Margaret and her husband Daniel Gorman of Quincy. Paul also has four beloved grandchildren: Liam, Mae-Kathrine, Philip, and Theodore.

In lieu of flowers, please consider a donation in Paul's name to the Marshfield Council on Aging Memory Program. Checks can be made out to "Marshfield Council on Aging - Social Day Club" and mailed to 230 Webster St., Marshfield, MA 02050. Alternatively, please consider a donation in Paul's name to the Alzheimer's Association.

There are more
Obituaries online at
www.TheQuincySun.com



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LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO23P0012EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Joan L. Booras
Date of Death:
11/10/2022

To all interested persons:
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Christopher P. Booras of Bartlett, NH** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Christopher P. Booras of Bartlett, NH** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 02/08/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: January 5, 2023
COLLEEN M. BRIERLEY
Register of Probate

1/26/23

PLEASE RECYCLE



THIS NEWSPAPER

OBITUARY

Francis C. 'Frank' Perfetuo, 81

Francis C. "Frank" Perfetuo, age 81, a longtime resident of Quincy, died peacefully, early Sunday morning, Jan. 22, 2023 following a long illness, after spending the day prior with

his four children and youngest grandchild at his side.

Frank was born in Quincy, to the late Salvatore and Rosalie C. (Morreale) Perfetuo. Raised and educated there, he was a graduate of

Quincy High School, Class of 1959. He attended Northeastern University in Boston.

Frank was proud to have served in the U.S. Army Reserve.

He was employed as a letter carrier for the United States Postal Service for 41 years, primarily in Quincy, and later in Boston's Financial District, where he often met his son and youngest daughter for lunch. He had been retired for many years.

Frank served as a steward for the American Postal Workers Union. He was a former member of the Braintree Moose Lodge.

Frank was an avid sportsman, as a quarterback in high school, and later in golf, bowling and pool, where he organized and won many tournaments across New England. He especially enjoyed watching football and supporting the New England Patriots. He was once quoted, "I will watch anything with a ball." He was a lifelong Quincy High Presidents supporter, and loved to attend the Thanksgiving football game every year. He enjoyed frequent-



FRANCIS C. PERFETUO

ing local Quincy restaurants including McKay's, Grumpy White's and Cagney's as well as Maria's in Braintree. He enjoyed visits with his children, and loved to tell jokes and making others laugh. People often commented on his wonderful sense of humor. He also loved to dance, and was very proud of his Italian heritage.

Devoted father of Shane A. Kyller and his wife Julie Mila of Quincy, Dawn M. Leonard of Quincy and her late husband William, Jenny C. Ade and her husband Otto of Ill., and Kyla R. Desmarais and her husband Kevin of Atlanta, Ga.

Loving grandfather of ten grandchildren, Sebastian, Ashley, Samantha, Victoria, and Jasmine; Arlo, Shiloh, and Meadow; and Reese and Ella; and great grandfather of J.J.

Dear brother of Jerry Perfetuo and his wife Marjorie of Hanover.

Longtime companion of Rita Vaga.

Frank is also survived by his nephew, Stephen Perfetuo, his niece, Lisa Miller, and many cousins.

Former husband of Sally A. Kyller.

Visiting hours will be held at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, on Friday, Jan. 27, from 4 - 7 p.m. Relatives and friends are invited to attend. Funeral Services will be conducted at the funeral home on Saturday, Jan. 28, at 10 a.m. Interment, with military honors, to follow at Pine Hill Cemetery, West Quincy.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

LEGAL NOTICE

LEGAL NOTICE

On Monday, January 23, 2023 the Draft Annual Public Housing Agency Plan of the Quincy Housing Authority (QHA), as required by the U.S. Department of Housing and Urban Development (HUD), will be available for a forty-five (45) day public review and comment period. The Draft is available for inspection by the public on the QHA website <https://www.quincyha.com>, and at the Main Office of the Authority, 80 Clay Street, Quincy, Massachusetts. The Draft is also available at each of the following locations: 109 Curtis Avenue, 73 Bicknell Street, and 170 Copeland Street. These locations are all wheelchair accessible and reasonable accommodations will be provided to persons requesting assistance. Please contact the main office should you need a reasonable accommodation.

The Agency Plan is scheduled to be submitted to HUD on March 17, 2023 or thereabouts. A Public Hearing to consider comments on the Draft Agency Plan will be held Monday, March 13th, at 4:00 PM in the Community Room on the 12th floor of the QHA's principal office located at 80 Clay Street, Quincy, MA 02170.

Additionally, the Quincy Housing Authority Board of Commissioners will meet on March 15, 2023 at 5:00 pm to consider adoption of the Agency Plan before its submission to HUD; any additional comments on the Agency Plan will be considered up to this meeting. The Board Meeting will also be in the Community Room on the 12th floor at 80 Clay Street. Anyone wishing further information on the QHA's Agency Plan should contact Carolyn M. Crossley, Assistant Executive Director at (617) 847-4350 ext. 200

1/26/23

INVITATION TO BID

INVITATION TO BID

INVITATION TO BID

The Quincy Housing Authority will receive bids for the Siding Replacement Project at the Riverview Family Development, located in Quincy, MA. The estimated construction cost of this Project is \$900,000. Sealed General Bids will be received electronically until 10:00AM on February 6, 2023, at which time they will be publicly opened, forthwith online. **General Bidders shall be DCAMM certified in General Construction.**

The project scope consists of the complete removal and replacement of the existing siding at the Riverview Family Development in Quincy, MA.

All General Bids shall be accompanied by a bid deposit in the form of a certified, cashier's or treasurer's check issued by a responsible bank or trust company made payable to the Quincy Housing Authority or a bid bond, in an amount not less than five percent (5%) of the value of the bid.

The successful bidder will be required to furnish a Performance Bond and a Labor and Material (Payment) Bond each in the amount of one hundred percent (100%) of the contract sum. Bonds shall be obtained from a surety licensed to do business in the Commonwealth of Massachusetts and the form shall be satisfactory to the Quincy Housing Authority. The cost of such bonds shall be included in the bid price.

Bid Forms and Contract Documents will be available for pick-up at www.biddocsonline.com (may be viewed electronically and hardcopy requested) or at Nashoba Blue, Inc. at 433 Main Street, Hudson, MA 01749 (978-568-1167).

There is a plan deposit of \$50.00 per set (maximum of 2 sets) payable to BidDocs Online Inc.

Deposits may be electronically paid or must be a check. This deposit will be refunded for up to two sets for general bidders upon return of the sets in good condition within thirty days of receipt of general bids. Otherwise the deposit shall be the property of the Awarding Authority.

Bidders requesting Contract Documents to be mailed to them shall include a separate check for \$40.00 per set for UPS Ground (or \$65.00 per set for UPS overnight), payable to BidDocs ONLINE, Inc., to cover mail handling costs.

THIS PROJECT IS BEING ELECTRONICALLY BID AND HARD COPY BIDS WILL NOT BE ACCEPTED. Please review the instructions in the bid documents on how to register as an electronic bidder. The bids are to be prepared and submitted at www.biddocsonline.com. Tutorials and instructions on how to complete the electronic bid documents are available online (click on the "Tutorial" tab at the bottom footer).

Attention is directed to the Davis-Bacon Act Wage Determinations, a copy of which is included in the Contract Documents and will be a part of the Contract.

Bidding procedures and award of the Contract shall be in accordance with the provisions of Chapter 149, Sections 44A through 44J inclusive, of the General Laws of the Commonwealth of Massachusetts, including all current amendments; and the guidelines established by the Deputy Commissioner of the Commonwealth of Massachusetts Division of Capital Assets Management (DCAMM), dated June 30, 1981.

General bidders must be certified by the Division of Capital Asset Management and Maintenance (DCAMM) in the following category of work - General Construction and must submit a current DCAMM Certificate of Eligibility and signed DCAMM Prime Update Statement (Form CQ 3).

A pre-bid conference will be held at 10:00 AM, local legal time, on January 25, 2023 at the Riverview Family Development, meet at 15 Bicknell St. Quincy, MA

The Awarding Authority is exempt from sales and federal excise tax to the extent permitted under law. Bidders should not include such taxes in figuring or in references to any bid.

Commonwealth of Massachusetts General Laws Section 149, Sections 44A through 44L and Chapter 30, Sections 39F through 39P, are incorporated herein by reference

The Awarding Authority reserves the right to waive any irregularities in or to reject any and all bids, if it be in the public interest to do so.

1/26/23

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO22P3506EA

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Mary L. Donadio

Date of Death:

April 24, 2022

To all persons interested in the above captioned estate, by Petition of:

Petitioner Anthony P. Donadio of Quincy, MA.

a Will has been admitted to informal probate.

Anthony P. Donadio of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

1/26/23

Real Estate Sales Volume Down, Prices Up In 2022

Cont'd From Page 12

but maybe you do – but even in this economic kind of downturn, some say a recession could be coming, prices still went up, at least through Dec. 31, 2022,” O'Donnell said.

He noted that prices in the region have continued to rise since the Great Recession came to an end in 2009.

“In these years, I'm sure there were lulls, but overall...the prices always kind of went up,” O'Donnell said. “Document volume, as we just said, is down. Sales are down. Prices are still up there.”

O'Donnell attributed the increase in property costs to a strong demand to live in the Boston area coupled with the region's shortage of housing, among other factors.

“I think it's a combination of the inventory, according to anecdotal talks with brokers, is still low. I think it's because there is a decrease in new construction and construction in general. I think there's a housing shortage, and when there is a housing shortage there is always going to be some type of demand. And I

think people want to live in Quincy – a nice community near Boston. People want to live in Norfolk County and the Greater Boston real estate area, and that drives prices up,” O'Donnell said.

“People want to live here. If you look at a supply and demand thing, the demand still might be up a little and the supply is down. It's going to either hold prices constant or it's going to go up a little. In this case, 8 percent; that's still a good increase.”

As for 2023, O'Donnell said the factors that shaped the market in 2022 – interest rates and inflation – will continue to keep first-time buyers and others out of the housing market.

“What I see is higher interest rates and mortgage costs are going to continue to keep homeownership out of the reach of first-time home buyers,” he said. “There seems to be a commitment by the powers that be...to increase interest rates, and that will continue to have a negative effect on the real estate market here in Quincy and in Norfolk County in general.”

“You can see the increase in interest rates caused a precipitous drop in mortgages

in Quincy – 49 percent. The percentages may be down next year because everyone is dropping out of the market. They're all dropping out now, which means next year, the percentages might not seem as bad, but I think the effect still will be that the rising interest rates are going to keep not only first-time homebuyers, but other people, from upgrading or whatever – going to a bigger house. The rising interest rates are going to have an effect on so many levels.

“And, I'm not an economist, but if a recession happens, it's going to cause people to not spend as much money, to be more conservative, maybe not gamble and put all my money on a new house because I need money to survive, whether I have a job or maybe I get laid off.”

When asked if home prices would decrease this year because of those factors, O'Donnell said that may happen nationally but not regionally.

“In other areas of the country, I think prices are going to come down a fair amount. You heard in the last housing bust, prices nationally declined 28 per-

cent. That's what a national economist will tell you,” O'Donnell said. “I think New England is sort of insulated because people still want to live here.

“Now, that could change. People could say I have more opportunities in the Southwest or in North Carolina, but right now I think the desire for people to live and work in Boston, and there are a lot of attractions of Boston, a lot of attractions here in Quincy, a lot of attractions in Norfolk County...I think that connection to a great place to live is going to still keep some demand there. It still may increase, but at a slower rate. Or it may fall, but it's not going to be that ‘last housing bust nationally it went down 28 percent.’ If that happens, it's probably happening because our economy really tanked, and I don't think anyone wants to see that.”

Another area that the Registry of Deeds keeps tracks of is the number of foreclosure notices and foreclosure deeds recorded. Both rose in 2022 compared to 2021.

From year to year, the number of notices to fore-

close for Quincy properties increased from 17 to 30. Countywide the number rose from 141 to 308.

The number of foreclosure deeds for Quincy properties increased from six in 2021 to 14 last year. Countywide, the number rose from 52 to 68.

“That's kind of reflective, I think, on the economy, if the economy is going good,” O'Donnell said of the foreclosure numbers. “The ironic thing is, when we're looking at the economy – statewide, locally – the unemployment isn't high. People are working. They say wages are still being paid.

“So, we have things that indicate, you know, good indicators, but at the same time those indicators are probably making the Federal Reserve chairman say, ‘I've got to raise the interest rates because this isn't helping inflation to have those type of factors.’

“What does it all mean for foreclosures? The Dodd-Frank law got passed after that housing bust in '07-'09. Some of the people say that even though there's going to be a lot of foreclosures, they still think because they

tightened up the underwriting standards, the numbers are still going to be a lot less than what happened in '07 to '09.”

O'Donnell advised residents who have received a notice to foreclose, and those who think they might be at risk of foreclosure, to reach out to either NeighborWorks Housing Solutions or Quincy Community Action Programs for assistance. Information on both non-profits, as well as the Attorney General's Office, is available on the registry's website, norfolkdeeds.org.

“Some people take advantage of it, some don't, but I always tell people on our website and in forums like this, if you are either getting foreclosure notices or you're struggling, reach out to these non-profit groups, whether it's NeighborWorks Housing Solutions or Quincy Community Action Programs, because they give counseling services,” O'Donnell said.

“And, the foreclosure process is actually a legal process, so it's good to have someone, if you can't afford it, to give you legal advice and they do it for no cost to the consumer.”

Two Buildings Proposed At Quincy Point Marina

Cont'd From Page 1

said, and will need a special permit from the Zoning Board of Appeals because the site is in a FEMA-designated flood zone.

MarineMax is seeking permission to tear down an existing 9,990-square-foot maintenance building at the northern end of the marina and replace it with a 49,810-square-foot storage and repair building. The company is also seeking to add a new 7,000-square-foot showroom building at the entrance to the marina near Avalon Avenue.

The other two buildings

on site – the Bay Pointe Waterfront Restaurant and a smaller marina building near the docks – would remain standing.

Skulte said the marina's owner is seeking to replace the maintenance building with a larger one so vessels that are currently stored outside in the winter can be moved indoors.

“In the winter months, the goal would be to move some of that outdoor storage that is currently happening to inside the building to be able to better manage the maintenance and the quality of the storage,” he said.

“The overall capacity of

the site, the function, the number of employees really is going to be unchanged with the project. It's really just a function of moving some of that outdoor storage to inside the building.”

That building would be 42 feet tall, approximately the same height as the maintenance building that is located there today, Skulte said. While Fore River Field, Follett Street and other roads in that neighborhood all sit about 25 above the marina, Skulte said the applicant has proposed planting evergreen trees in the buffer zone between them to help better screen

the marina. The trees there now are deciduous, meaning they lose their leaves annually.

MarineMax also plans to pave a portion of the boatyard and install new catch basins and water quality units that would treat stormwater before it enters the Town River, Skulte said. The gravel parking area for the restaurant on site would not be paved.

The board's vice chairperson, Gregory Galvin, suggested the developer should regrade the entire site because some parking spaces in front of the restaurant cannot be used when it

rains.

“I don't know how often you've been out to that site, but it doesn't drain. It rains, water just puddles and actually pools into ponds. A number of the parking areas in front of the restaurant are inaccessible when it rains,” Galvin said.

“I think you need more storage for rainwater than what you're showing, and I think the developer should be grading the entire parking area so that you don't have that flooding that just stays on the site.”

The aesthetics of the proposed metal-clad stor-

age and maintenance building “look terrible,” Galvin added.

“It's four sides that don't have anything really to dress them up,” he said. “I don't think you're doing the people up off of Follett Street by Beechwood and Cherry or even the people on Avalon any favors with the styling of the building.”

The board did not vote on the proposal at the Jan. 11 as the applicant was still responding to peer review comments. The board is expected to take up the matter again at its February meeting.

Quincy College Free Community Lecture Series

Quincy College is welcoming the New Year with the launch of a free, on-campus evening lecture series designed to inform, educate and entertain the community by showcasing knowledgeable faculty members presenting on topics of interest.

The “Scholarly Conversations” series, which will continue throughout the College's spring semester, will premiere on Thursday, Jan. 26, with three interac-

tive presentations:

- **Heads Will Roll!** History professor James Fox will explore and untangle the French Revolution, one of the most dramatic and complex events in modern world history;

- **Fear Not?** Microbiology professor Mariana Matrajt, Ph.D., invites fans of “weird biology” into the world of the *Toxoplasma gondii* parasite that – believe it or not – makes mice love cats; and

- **“Forty Whacks!”** English professor Steven Dooner, co-author of the play *Lizzie of Fall River*, will offer a behind-the-scenes look at how he recreated the infamous Borden murders on stage.

The evening will begin at 5 p.m. in the College's Anselmo Library on the third floor of the Presidents' Place campus at 1250 Hancock St. Each 30-minute presentation will be followed by a brief question-and-answer session. At the conclusion of the final presentation, at 6:30 p.m., there will be an opportunity to socialize with the presenters over complimentary refreshments.

“Our Quincy College faculty has such breadth and depth of diverse knowledge and a sincere desire to share it,” said Dr. Servet Yatin, Provost and Chief Academic Officer. “This lecture series is the brainchild of our new Teaching and Learning Scholarship Team, which saw an opportunity to create a unique conversational platform for their fellow faculty members to directly engage with our community.”

Subsequent “Scholarly Conversations” will focus on women authors as well as other history and sci-

ence topics of general interest. Specific information and presentation dates will

be posted at <https://quincy-collegelibrary.org/stl> when confirmed.

Houghs Neck Chili Bowl Cook-Off Feb. 4

The 12th annual Houghs Neck Chili Bowl Cook-Off will be held Saturday, Feb. 4 from 1 to 4 p.m. at the Houghs Neck Congregational Church, 310 Manet Ave., Quincy.

Admission is \$5 per person.

Sample up to 20 different chili recipes and vote for your favorite. Prizes for the best individual chili entries.

No fee to enter your chili.

Soda, beer, hot dogs, chips, baked goods will also be for sale as well as raffles featuring cash prizes and gift certificates.

To enter or for more information, call/email Pam Craig at 617-471-8968 - pcraig1962@comcast.net.

The chili bowl is sponsored by the Houghs Neck Congregational Church.

PLEASE RECYCLE
THIS NEWSPAPER

They're plot devices.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – A 2018 Pennsylvania jury found Bill Cosby guilty on three counts of aggravated indecent assault, for drugging and sexually violating a woman in his Cheltenham, Pennsylvania, home in 2004. He received a three-year sentence, but in 2021, he was released from prison after the Pennsylvania Supreme Court overturned his conviction. On the heels of his release, Cosby announced plans to start touring again in late 2023. His promoter claims, “He has hundreds of thousands of supporters asking for him to do a show.” Recently, five women, including two from “The Cosby Show,” filed sexual assault lawsuits against Cosby using a new New York law, the Adult Survivors Act, which lets victims sue abusers even after the statute of limitations expires. Cosby believes, “When I come out of this, I’ll be able to perform and be the Bill Cosby my audience knows me to be.” Still the question persists...in view of his predatory crimes, will people find anything he says funny?

Here’s another one for the history books. Franco Zeffirelli’s 1968 classic “Romeo and Juliet” starred then-unknowns Leonard Whiting (16) and Olivia Hussey (15), who became overnight sensations after the success of the film. The film won Oscars for cinematography and costume design, and the two young actors both won Golden Globe Awards for Most Promising Newcomers. Of the two, Hussey had a

more important career. In 1971, she wed Dean Martin’s son Dean Paul Martin, of the pop group Dino, Desi & Billy. I photographed their Las Vegas wedding with the entire Martin clan. In 2015, Hussey and Whiting reunited for the British romantic psychological thriller “Social Suicide.” The film went pretty much unnoticed. Flash forward to December 2022, when Whiting and Hussey filed a lawsuit through the Los Angeles county Superior Court, accusing Paramount Pictures (who released “Romeo and Juliet”) of sexually exploiting them and distributing nude images of adolescent children. Director Zeffirelli died in 2019 and cannot answer for his actions. Apparently, they claim Zeffirelli assured them that there would be no nudity. They were fitted with flesh-colored undergarments, but he convinced them to use body makeup instead. They claim mental anguish and emotional distress has followed them in the 55 years since the film’s release.

Yet Hussey told Variety in 2018, “Nobody my age had done that before.” She said that Zeffirelli shot it tastefully, which was needed for the film at a time when nudity was common in European films. She also told Fox News, “It wasn’t that big of a deal. And Leonard Whiting wasn’t shy at all! In the middle of shooting, I just completely forgot I didn’t have any clothes on.” You can buy a lot of clothes with the \$500 million damages they’re seeking!

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	+		×		24
×		×		×	
	×		–		27
+		–		–	
	+		×		16
23		23		23	

1 2 3 5 6 7 7 8 9

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Coal Scuttles – A fireplace takes a lot of watching and “feeding” if it is going to keep a room warm. Today’s wood-burning fireplaces use logs cut to the right size to fit into the fireplace. A metal basket holds the logs behind andirons, and a fire screen blocks the ashes and cinders from spilling out into the room. The poker is a tool used to turn or move burning logs. The shovel removes the ashes when the fire is put out. But what is the use of the big box with a lid that is on the floor next to the fireplace?

The box is called a coal scuttle. They were first used in the 18th century to hold lumps of coal for the fire. By 1850, coal had been replaced by logs, but the box is still called a coal scuttle. The box could also be used to collect ashes when the fire was out. This coal scuttle is made of oak with brass trim. It was made about 1900 in the shape of an earlier example with four round feet and a metal lining. It sold for \$125 at a DuMouchelles auction in Detroit.

Q: When I was little, before I had my ears pierced, my mother let me play dress-up with vintage clip-on earrings that originally belonged to her mother and aunt. Were clip-on earrings more popular than pierced? When did ear piercing become more common?

A: Clip-on earrings were a 20th century invention. The first earrings were for pierced ears. Post and stud earrings appeared in the mid-1800s, but by the end of the century, people saw piercings as barbaric. Ear-

rings with screw backs were invented in 1894 as an alternative to piercing. Clip-on earrings were patented in the 1930s. Pierced ears became fashionable again in the 1960s. As the styles changed, new owners sometimes put new backings on older style earrings, changing from clip-on to pierced and vice versa.

TIP: Pictures above a bed or sofa should fill about two thirds of the space. Hang a large picture or a group of small ones. Be sure the lowest picture will not be bumped by a person on the bed or sofa.

CURRENT PRICES

- Game board, two-sided, checkers and Chinese checkers, pine, hexagonal shape, black frame, turquoise and black checkerboard on one side, multicolor Chinese checker board on reverse, c. 1925, 23 inches, \$95.
- Advertising tin, Crawford’s Biscuits, steam roller truck shape, red and black, hinged roof opens to biscuits, front of boiler with logo and “William Crawford & Sons Ltd., Biscuit Manufacturers, Edinburgh, Liverpool & London,” 7 1/2 inches, \$615.
- Toy, piano player, Le Petit Pianiste, man seated at piano, sways back and forth, hands move across keys, plays chime music, wood, metal, cloth, Fernand Martin, France, 6 inches, \$1,165.

Looking to declutter, downsize or settle an estate? Kovels’ Antiques & Collectibles Price Guide 2022 by Terry and Kim Kovel has the resources you’re looking for.

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Strange BUT TRUE

- During World War II, the Lay-Z-Boy company had to stop producing recliners because of the war effort. Instead, they used their production facility to mass produce (we hope much more comfortable) seats for tanks and other military vehicles.

- Champagne was originally a holy wine.

- The only people guaranteed to get Super Bowl rings, regardless of a game’s outcome, are the referees, though their rings aren’t nearly as large or valuable as that of the players.

- In the 1880s, a railroad signalman named James Edwin Wide taught a South African baboon to perform his job by recognizing the whistles that indicated a train was about to change tracks. Dubbed “Signalman Jack,” the animal performed his duties so well that not only was he formally hired at a salary of 20 cents per day and half

a bottle of beer per week, he carried on for nine years until his death from tuberculosis in 1890.

- Trees were not around for 90% of Earth’s history.

- Queen lead singer Freddie Mercury’s overbite resulted from four extra teeth in his upper jaw. He refused to have them removed, however, for fear the surgery would affect his voice and vocal range.

- In the 2015 film “Jurassic World,” Chris Pratt’s character carries a stainless Marlin 1895 – the only firearm on Marlin’s website that’s rated for a T-Rex.

- Two churches in Vrontados, Greece, have a particularly unconventional way of marking the Easter holiday: They fire rockets at each other! While they used to use cannons, those were outlawed. The tradition has been carried out for at least four centuries.

Thought for the Day: “The heart of man is very much like the sea, it has its storms, it has its tides and in its depths it has its pearls too.” – Vincent Van Gogh

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Now here’s a tip!

by Jo Ann Derson

- Toothpaste works well as a silver polish. Wet your silver, plop a little non-gel toothpaste on it and rub gently to clean. Rinse well and let it shine.

- A great hint from Mary R. of Duluth, Georgia: If the kids are drawing with felt markers and their hands get covered with ink, don’t worry. Just spray their hands down with hairspray, then wipe off the ink with a paper towel. Don’t forget to wash their hands afterward!

- Dip your toothbrush in baking soda before you add toothpaste when brushing your teeth. You get used to the taste, but the extra scrub really gets your teeth clean, and it’s very inexpensive to use. – R.E. in Arizona

- Have clumped-up sugar in the canister? No worries. To

keep sugar from hardening, add a slice of bread to the container from time to time, and leave it there a day before removing.

- Use this quick fix for oily hair. Rub a small amount of cornstarch into the oily areas of your hair. The cornstarch will soak up the dirt and oil; you just brush it out.

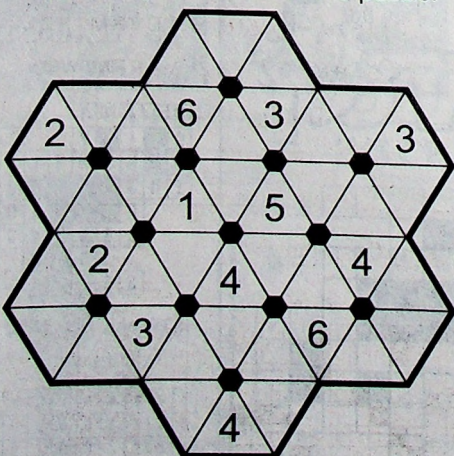
- A reader from Michigan wonders: How can I keep from having static head, especially when using a hat? The answer: You probably already have a tube of lip balm in your pocket or purse. Rub some on your palms, then run your palms over your hair.

Send your tips to Now Here’s a Tip, 628 Virginia Drive, Orlando, FL 32803. © 2023 King Features Synd., Inc.

SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS

by Terry Stickels

Here’s a “trickledown” puzzle. The rules are simple; you merely change one letter on each line to make a new word and continue until you reach the final word.

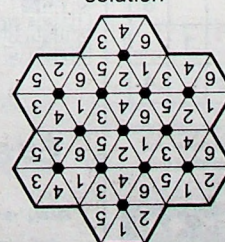
THING

CLOCK

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SNOWFLAKES

solution



Stickelers Answer

Go Figure!

answers

23	23	23
16	1	7
–	–	–
27	8	5
×	×	×
24	3	6

CLOCK

CLICK

CHICK

THINK

ONIL

Super Crossword

SCRAMBLING TO
GET THINGS DONE

ACROSS

- 1 "Just a moment!"
7 Crusade
14 Changes gears
20 Debonair
21 Spiritedly, in music
22 Bull brawler
23 Clinton drains material
25 Celebrity chef
26 Deborah of "Separate Tables"
27 Coach
28 Parseghian
29 Competent
30 "Red Book" chairman
31 Presley wears a disguise?
35 Rathbone jumps ship?
38 RSVP encl.
39 Ideologies
40 Kyo — (Darth Vader's grandson)
41 British peer
42 Prefix with angle
43 Liquidy lump
44 Keaton argues back in a debate?

- 49 Longhorn's grndiron rival
51 Anticipated
53 Downy quilt
54 Locke adds decorations?
57 Carders' demands
60 Nothing more than
61 Work for
62 "ER" roles
63 Up — (cornered)
65 Cobra variety
66 Romero competes in a relay?
70 Ford marks a word for omission?
72 "7 Faces of Dr. —" (Tony Randall film)
73 Matt of "Good Will Hunting"
74 Links org.
75 FBI guy, e.g.
76 Words
78 Osaka money
79 Heaney makes people smile?
84 Fiber for hose
86 Kept safe
88 Submit taxes paperlessly

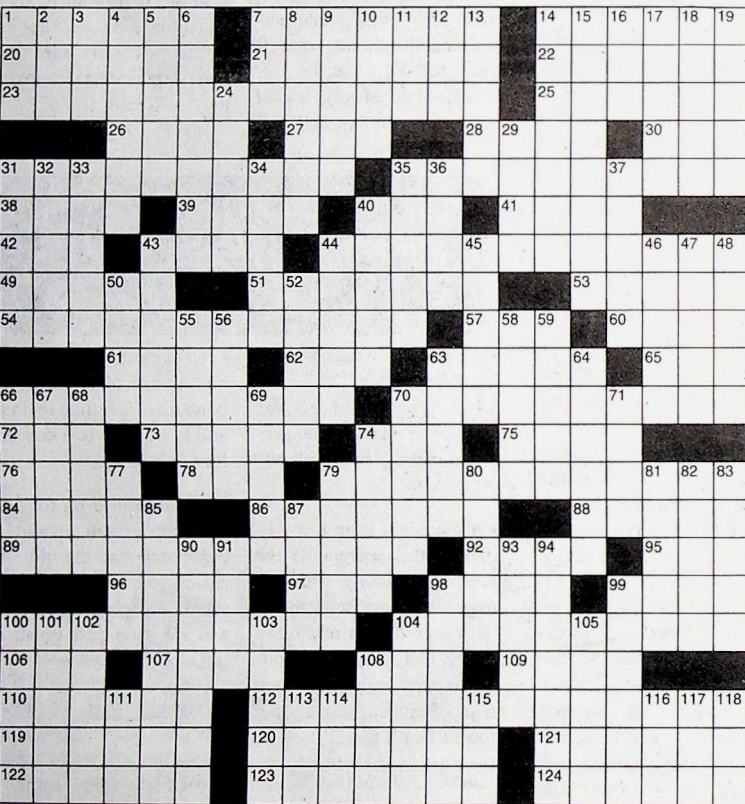
- 89 Leroux does a ballroom dance?
92 Santa — (desert winds)
95 Zero
96 Engrave
97 Singer Janis
98 Baseball's Felipe or Moises
99 Scottish Celt
100 Thompson works as an usher?
104 Deane goes on a cruise?
106 Bush press secretary
107 Old British gun
108 Alternative to Yahoo
109 Russia's — Tass
110 One of Janet Jackson's sisters
112 Wiig mends a sweater?
119 Precursor to web forums
120 Tartish brew
121 Peanut butter cup brand
122 Composed
123 Transition zone
between plant communities

DOWN

- 1 Ogre of myth
2 "Uh-uh"
3 Scratch (out)
4 Chicken with long, soft plumage
5 Curvy letters
6 Herb of the parsley family
7 Actor Linden
8 Ryan and Tatum of film
9 Fib tellers
10 Family rec facility
11 Infant cry
12 Lunched, e.g.
13 Lovers' flowers, in Spain
14 Superb
15 Native
16 Wrath
17 Physicist
18 Case hearing
19 Goes it alone
24 "Am not!" comeback
29 Funeral stand
31 These, in Mexico
32 Slowly, musically
33 Winner's hand gesture

- 34 Tough dude's self-assertion
35 Surpasses
36 Cost of cards
37 Picture book
40 Devastates
43 Actor
44 Depardieu
45 Poet-singers
46 Tweeks text
47 Of the middle eye layer
48 Concise
49 Footfalls
50 Mental flash
52 Part of NOW
55 Matrix
56 Jim Croce's "I Got —"
58 Wine barrel residue
59 Actress Blair
63 "There Is Nothin' Like —"
64 "Daniel Boone" actor
66 Trolley sound
67 Cushy course
68 Stains
69 Winding-line dance
70 "Yipes!"
71 Adequate, to
72 Li'l Abner
74 Argentina's Juan or Eva
77 Lecture jottings
79 Long stories

- 80 Politico Mo
81 Exodus peak
82 Architect
83 Saanen
85 "So far, no"
87 Army group
90 Univ. in Raleigh
91 Fare-well link
93 Condition in outer space
94 Morally strict
98 Actress Quinn
99 Precious red stone
100 Bone of the
103 Down
101. Scratch out
102 Located
103 Foot-leg joint
104 — voice (softly)
105 "— alive!"
108 At — time (prearranged)
111 Words before dare or diet
113 Rocker
114 "I believe," to a text
115 Scot's denial
116 "There — god!"
117 New Year in Vietnam
118 MI-to-SC dir.

celebrity
extra

by Dana Jackson

Q: What is Bryan Cranston's new show "Your Honor" about? Does he play a judge? Where can I stream it? — L.J.

A: Yes, Bryan Cranston does play a judge in Showtime's "Your Honor," but it's not your typical courtroom drama. It's about a father who must confront his deepest convictions after his son is involved in a hit-and-run accident and becomes the target of a crime family. In addition to the four-time-E Emmy-winning Cranston ("Breaking Bad"), "Your Honor" boasts a stellar cast that also includes Oscar nominee Rosie Perez ("Fearless") as an assistant U.S. attorney.

Season two premiered this January on Showtime, which can also be streamed as an add-on service through existing streamers like Hulu, Prime Video, Paramount+ and AppleTV+.

Q: When is "The Mandalorian" returning with new episodes? I vaguely remember the season two finale having a very young-looking Luke Skywalker. How did they make Mark Hamill appear so young? — D.A.

A: It's been more than two years since the second chapter of the Disney+ Star Wars saga "The Mandalorian" concluded.

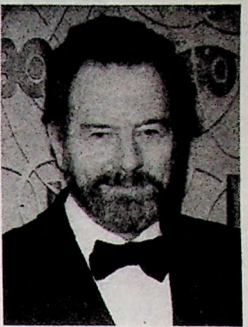
Mark Hamill, who has played Luke Skywalker since the first "Star Wars" movie wowed audiences in theaters during the summer of 1978, made a surprise cameo in the season two finale. Richard Bluff, industrial light and magic VFX supervisor, explained to IndieWire.com that they tried to recreate Luke as he looked in "Return of the Jedi," and they used both Hamill as well as a younger body double.

They then used Lola Visual Effect's 2.5D process and compiled photographs and scenes of Hamill from "Return of the Jedi," using Lola's Photoshopping-like technique involving skin smoothing and shape warping through 2D compositing. The end result was an astonishingly believable likeness of a young Luke Skywalker.

Season three of "The Mandalorian" premieres on Disney+ March 1.

Q: I was so upset when they canceled "Good Girls." What are the three female stars doing now that it ended? — W.C.

A: Christina Hendricks, Retta and Mae Whitman reportedly agreed to take pay cuts if NBC renewed their series, "Good Girls," for a fifth season, but unfortunately, it wasn't enough for the show to avoid the ax. It's been rumored that failed negotiations with Manny Montana, who played fan favorite Rio on the show, were what ultimately ended any chances of another season. Apparently, there was no love lost between Hendricks and Montana either, but Hendricks was disappoint-



Bryan Cranston
("Your Honor" and
"Breaking Bad")

Photo Credit:
Depositphotos

ed in the show's cancellation. Up next for Whitman is "Up Here," a new musical comedy series premiering on Hulu in March, co-starring Carlos Valdes ("The Flash"). And Hendricks has joined the cast of an upcoming series on AppleTV+ based on Edith Wharton's unfinished final novel, "The Buccaneers."

Retta signed a talent-holding deal with NBCUniversal to find projects for her to headline. In the meantime, she's been hosting "Ugliest House in America" on HGTV and is filming the upcoming film "Hitman," co-starring Glen Powell ("Top Gun: Maverick").

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFW5, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|--------------------|-------------|-------------------|-------------|
| 1. Customer | — — — — — N | Walk the beat | — — — — — L |
| 2. Eagle's nest | A — — — — | Spooky | E — — — — |
| 3. Comb companion | — — — — — U | Impetuous | — — — — — A |
| 4. Gentle | — — — — — E | Kindling | — — — — — I |
| 5. Root for | — — — — — R | Blush location | — — — — — K |
| 6. Specialist | — — — — — E | Sell abroad | — — — — — O |
| 7. Lacy little mat | — — — — — O | Every 24 hours | — — — — — A |
| 8. Rely upon | — — — — — P | Protect oneself | — — — — — F |
| 9. Champagne glass | — — — — — T | Freak coincidence | — — — — — K |
| 10. More recent | — — — — — W | At no time | — — — — — V |

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

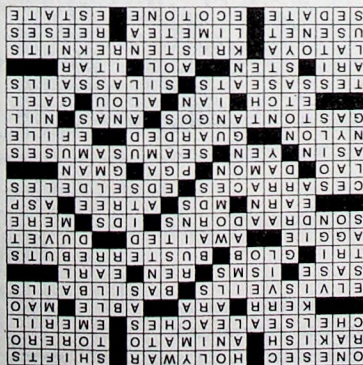
DIFFICULTY THIS WEEK: ♦♦

♦♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

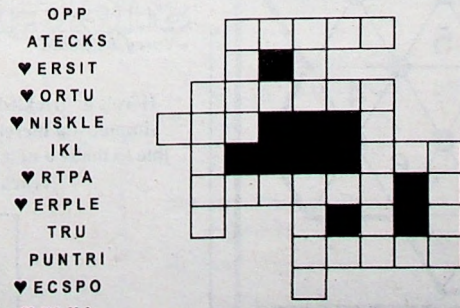
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Super Crossword

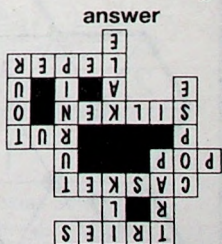
Answers

Even Exchange
answers

1. Patron, Patrol
2. Aerie, Eerie
3. Brush, Brash
4. Tender, Tinder
5. Cheer, Cheek
6. Expert, Export
7. Dolly, Daily
8. Depend, Defend
9. Fute, Fluke
10. Newer, Never

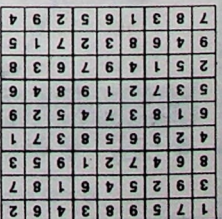


Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.



Weekly SUDOKU

Answer



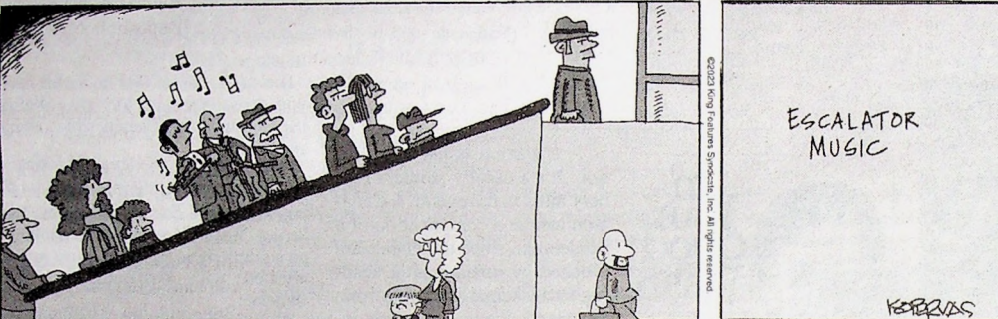
Amber Waves

by Dave T. Phipps



Out on a Limb

by Gary Kopervas



R.F.D.

by Mike Marland



"I realize you're doing your best at this job. That's what me!"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Meander	MARBLE		
Introduce	LILANTS		
Dirty	STUDY		
Stubble	RIBLETS		

TODAY'S WORD



Cats Can Hide Illness Symptoms, So Be Aware

DEAR PAW'S CORNER: My cat Sisko became very unaffectionate a few days ago. He hid under the bed or crouched in the corner of the living room and refused to cuddle. Then I noticed when he sat in the litter box that he meowed as if he was in distress. I called the veterinarian, and they had me bring him right in. Turns out that Sisko had a urinary tract infection! He's doing fine now, but I wanted to tell my story so that other readers will know that a sudden behavior change in their cat could be a medical problem. — Kurt W., Parsippany, New Jersey

DEAR KURT: Thank you for sharing! You did absolutely the right thing: You noticed a sudden change in your cat's behavior, kept a closer eye on his activities and litter habits, and

contacted the vet's office to share your observations and get advice. Cats are very secretive about their health. It's an instinctive behavior that helped their ancestors hide from predators. So it is common for owners not to notice when their cat is experiencing pain, such as a sore tooth or an illness like a urinary tract infection. While the occasional hair-ball episode isn't a cause for concern, there are some symptoms that should prompt a call to the vet for an appointment. — Your cat acts withdrawn, sits hunched over, refuses to play or be petted. — Eating or drinking habits change. — Litter box behavior changes: meowing, missing the box or noticeable diarrhea. — Grooming problems develop, or they have clumpy fur or irritated skin. — Physical symptoms: eye or ear discharge, strange breathing, unusual vomiting, lethargy or drooling.

Do you have an emotional support animal? Tell us about your experience at ask@pawscorner.com.

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WORD LADDERS

Can you go from COINS to SPIES in 6 words? Change one letter for each rung in the ladder.

value

curse

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STREAMING SOURCE

Here's what to watch and where to watch it for the week of January 30, 2023

- | | |
|--|--|
| <p>ON NOW: "The Cabin Chronicles" (Season 3) — Hulu</p> <p>ON NOW: "Poker Face" (Season 1) — Peacock</p> <p>ON NOW: "Shotgun Wedding" (R) — Prime Video</p> <p>ON NOW: "Teen Wolf: The Movie" — Paramount+</p> <p>30-Jan: "Princess Power" (Season 1) — Netflix</p> <p>30-Jan: "Wildcat" (Documentary) — Prime Video</p> | <p>31-Jan: "Pamela, A Love Story" (Documentary) — Netflix</p> <p>1-Feb: "Gunther's Millions" (Docuseries) — Netflix</p> <p>1-Feb: "Baking Show: The Professionals" (Season 1) — Netflix</p> <p>2-Feb: "Freeridge" (Season 1) — Netflix</p> <p>© 2023 King Features Synd., Inc.</p> |
|--|--|

SCRAMBLERS

solution

WORD LADDER

Answer

CARVE, CURVE, CURSE

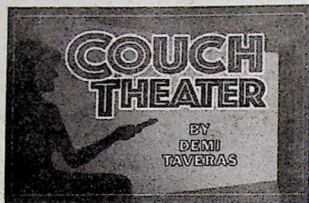
DISTURBS

Today's Word

3. DUSKY; 4. Bristle

1. Ramble 2. Install

MORE SUN FUN



"Everything Everywhere All at Once" (R) — Evelyn Quan lives in a state of chaos in her everyday life. She is the owner of a laundromat and mother to her misunderstood daughter, Joy, and a million other tasks always seem to snatch up her attention. Because of this, her relationships begin to fall apart, leading up to one seemingly ordinary day when her life gets flipped upside down. A version of her husband, Waymond, from an alternate universe, visits her in need of her help from the evil Jobu Tupaki, who plans to destroy each existing universe one by one. As this alternate Waymond teaches her about the multiverse, Evelyn learns she has a much bigger purpose than she ever imagined in the fight against Jobu. With Michelle Yeoh and Ke Huy Quan taking home Golden Globes for this visually stunning film, "Everything Everywhere All at Once" is incredibly profound — and a must-watch. Out now. (Showtime)

"You People" (R) — Ezra Cohen (Jonah Hill) hasn't had much luck in his quest for love, although marriage is something he definitely sees in his future. When he accidentally wanders in Amira's (Lauren London) car, thinking that she's his Uber driver, he begs her for the chance to make it up to her. Ezra and Amira begin to hit it off, and Ezra finally feels like he's found the right person for him. As he makes plans to propose to Amira, Ezra's friend, Sam, tells him he needs to speak with Amira's family. So, Ezra sits down with Amira's parents (Eddie Murphy and Nia Long), and he finds that integrating his Jewish family

with Amira's Black family isn't as seamless as he thought it'd be. Julia Louis-Dreyfus and Mike Epps also star in this relatable comedy film, co-written by Hill and director Kenya Barris. "You People" premieres Jan. 27. (Netflix)



From left, Stephanie Hsu, Michelle Yeoh and Ke Huy Quan star as the Wang family in "Everything Everywhere All at Once."

"Shotgun Wedding" (R) — Originally starring Armie Hammer as the male lead before abuse allegations came out against him, this romantic comedy film about a destination wedding replaced him with Josh Duhamel in the male lead role, with Jennifer Lopez as his opposite. They play a couple named Tom and Darcy, who are about to say their "I do's" in the perfect tropical setting. At first, Tom and Darcy think the worst of their worries will be dealing with their eccentric family members. But then, right before the wedding, plans get interrupted by a heavily loaded gang of criminals. The criminals take Tom and Darcy's families hostage, but the couple manages to escape and attempts to get help while simultaneously running from the captors. Is there any better way to start the rest of your lives together? This Prime Video original film premieres Jan. 27. (Prime Video)

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Contract Bridge

CAREFUL, DANGER AHEAD

North dealer.
East-West vulnerable.
NORTH
♦ A 7
♥ A K 9 4
♦ 8 7 6 4 3
♣ 14
WEST
♦ K Q 9 6 5
♥ 8 2
♦ Q
♣ A Q 9 8 6
EAST
♦ J 10 4 2
♥ 7 3
♦ J 10 5
♣ 7 5 3 2
SOUTH
♦ 8 3
♥ Q J 10 6 5
♦ A K 9 2
♣ K 10
The bidding:
North East South West
1♦ Pass 1♥ 1♠
2♥ Pass 4♥
Opening lead — king of spades.

Assume you're declarer in four hearts and West leads the king of spades. How would you play the hand? Take your time — the play is not as simple as it may seem.

To begin with, you should duck the king of spades. If you take the king with the ace and East is a first-rate defender, he will signal with the jack to show his J-10 combination. This guarantees him an eventual entry in spades

that will allow him to make the killing club return that defeats the contract.

But even if you duck the king of spades, you still have to play carefully to get home safely. Let's say that after you duck the king, West leads another spade to dummy's ace. In that case, you draw trump with the queen and king, then lead a diamond from dummy and, after East follows low, you finesse the nine!

This extraordinary play ensures the contract. West wins with the queen but is helpless. If he returns a spade, you ruff in dummy and finish with 11 tricks; if West cashes the ace of clubs instead, you finish with 10 tricks.

Note that East cannot stop you from making the contract by playing the ten on your diamond lead from dummy. In that case, you would win with the king, return to dummy with a trump, lead another diamond and finesse the nine to finish with 11 tricks.

The operative principle throughout is to shape the play so as to prevent East from ever gaining the lead. That's why it's correct to duck the opening spade lead and why you later take the deep diamond finesse. Failure to make either of these plays would cost you the contract, assuming proper defense.

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by Steve Becker

Puzzles4Kids

by Helene Hovanec

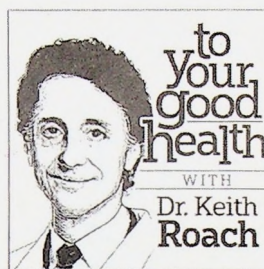
RIDDLE SEARCH — YOU AUTO DRIVE ONE OF THESE

Look up, down, and diagonally, both forward and backward to find every word on the list. Circle each one as you find it. When all the words are circled, take the UNUSED letters and write them on the blanks below. Go from left to right and top to bottom to find the answer to this riddle: What kind of car does Humpty Dumpty drive?

CLOTH-TOP
COUPE
CRATE
CROSSOVER
HATCHBACK
JEEP
LUXURY CAR
MICRO
MINI
RACER
RAGTOP
SEDAN
SPORTS CAR
SUV
TAXI
TURBOCAR
VAN
VEHICLE

S	R	E	V	O	S	S	O	R	C
K	P	T	U	R	B	O	C	A	R
C	O	O	A	Y	J	O	L	G	A
A	T	K	R	E	I	X	A	T	C
B	H	S	E	T	A	R	C	O	Y
H	T	P	V	U	S	E	R	P	R
C	O	U	P	E	M	C	N	W	U
T	L	A	D	G	I	A	A	O	X
A	C	A	N	M	N	R	V	R	U
H	N	V	E	H	I	C	L	E	L

Riddle answer: _____



Chalazions Continue to Develop in Both Eyelids

DEAR DR. ROACH: Are oral antibiotics ever prescribed to treat chalazions, in addition to eye drops and ointment? I have had two this year for seemingly no reason. They were treated with tobramycin eye drops, ointment and warm compresses. The first one didn't resolve with those meds and was excised surgically. That eyelid then became infected without a chalazion and was treated with a second round of antibiotic drops. It remains a bit puffy and pinkish in color, which I chalked up to the new normal appearance.

Now, a chalazion has developed in the other eyelid. I don't wear eye makeup and use an eyelid cleanser recommended by my ophthalmologist. I am an otherwise healthy 76-year-old woman. Could there be a systemic bacterial or viral infection causing chalazions to keep developing? -- M.W.

ANSWER: The terms for different types of eyelid lesions can be a bit confusing. Most people are familiar with a sty, which is a localized inflammation of the upper or lower eyelid, most commonly caused by an infection of one of the glands of the external eye, usually by the bacteria *Staphylococcus aureus*. A sty is also called a hordeolum. An external hordeolum is in the eyelash follicle or the lid margin, whereas an internal hordeolum is inflammation in the meibomian glands, the ones that secrete mucous to help keep the eyes lubricated.

Makeup can block these glands and predispose someone to hordeola. Hordeola are treated with warm compresses and sometimes by an eye specialist, with a combination of antibiotic drops and topical steroids. Drainage by an ophthalmologist is necessary if it doesn't get better within one to two weeks. If the infection gets into the skin around the eye, it may need oral antibiotics.

A chalazion is not an infection. It's a usually painless rubbery mass in the eyelid. A chalazion can be a complication of a hordeolum, since the glands are blocked by inflammation, leading to thickened secretions from the gland. Since it's not an infection, neither oral nor topical eye antibiotics are useful. These also usually get better with warm compresses over weeks to months. People with recurrent chalazia should be considered for biopsy, since they can turn out to be tumors in rare circumstances.

DEAR DR. ROACH: I am a 72-year-old female with numerous health issues, including three types of epilepsy. About two years ago, I experienced watching my pillow turn into bubbles and ants marching across my bedroom ceiling. They remained there and did not join me in bed, thankfully. After some time, they went away -- until this week. I am awake and alert when I see them, and it always happens at night. Due to a staphylococcal infection, I only have vision in one eye. I was also born with cataracts and had those, along with age-related ones, removed at age 69 and 70. I am wondering if these visions I am experiencing could be yet another form of epilepsy? -- S.G.

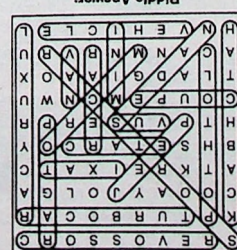
ANSWER: Although epilepsy can certainly cause visual hallucinations, they usually last only seconds and are not normally as complex as what you describe. Rather, I think this is more likely to be Charles Bonnet syndrome, which is associated with visual loss (that does not have to be complete). These visions are usually colored and may stay still or move, and hallucinations of animals and people are well-described. Moving the eyes toward and away from the hallucinations rapidly may suppress them. There are available medications to make them go away, which some people want and others do not.

Puzzles4Kids

Answer

A Volvo Wagon.

Riddle Answer:



SENIOR NEWS LINE

by Matilda Charles

COVID ... It's Still Here

According to the Centers for Disease Control and Prevention, the number of COVID cases has steadily risen since December. Earlier in the fall, COVID took a short break while the flu and RSV (respiratory syncytial virus) made it to center stage. Those illnesses are now waning a bit, and here comes COVID again.

It doesn't help that we have a new variant — an offshoot of Omicron, the XBB.1.5 — taking off around the country. By Christmas nearly half the cases of COVID were that new variant, so it's growing.

Seniors, as usual, are being hit hard with those in the age 70+ range being the largest group affected, followed by ages 60-69.

If you're hesitant to go back to being extremely careful, we're experiencing what some doctors are calling the Senior Wave. It means the numbers on a graph show that the largest group affected with hospitalizations are seniors.

Which means it's still not time to let down our guard. If anything, it means renewing our efforts to stay safe. Frequent handwashing, wearing a mask in the store, even if you're the only one who is, staying out of large groups ... we know how to do this.

And like it or not, we should. The growing number of seniors being hospitalized or dying due to COVID should shake up all of us.

Another, and possibly even more accurate, statistic for the spread of COVID is the wastewater. This is where municipalities test the sewage for COVID. People can hide their exposure and illness by using the at-home tests we all received in the mail, thereby skewing the "official" numbers, but the sewage in an area is sure to be more accurate.

To see the wastewater data by county, go online to CDC.gov and search for "National Wastewater Surveillance System" (NWSS).

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1. Who sang "Seasons in the Sun" in 1974? Bonus for knowing what the song is about.
2. Name the group that recorded "The Love You Save."
3. Who released the popular version of "Wild Thing"?
4. Which Kool & the Gang song was selected for inclusion in the National Recording Registry?
5. Name the song that contains these lyrics: "It's hard for a back street affair to be easy. For each hour of happiness there's two hours of pain."

Answers

1. Terry Jacks. The singer is dying and is saying goodbye to family and friends.
2. The Jackson 5, in 1970. It stayed at the top of the soul charts for six weeks. Michael Jackson was 12 years old at the time.
3. The Troggs, in 1966. Their name came from Troglodytes, who were cave dwellers. The Wild Ones version of the song in 1965 didn't chart.
4. "Celebration," in 1980. It was their only song to top the Billboard Hot 100 chart.
5. "Any Which Way You Can," by Glen Campbell, in 1980. The song was the title track in the film by the same name, a sequel to the 1978 film "Every Which Way But Loose." The films starred Clint Eastwood and an orangutan named Clyde.

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As Sea Turtle Stranding Season Ends

Aquarium Names More Than 60 Turtles Undergoing Months-Long Rehabilitation

With the annual sea turtle stranding season coming to a close this month, the New England Aquarium will be rehabilitating more than 60 playfully-named turtles until they are cleared for release back into the ocean.

The New England Aquarium's Sea Turtle Hospital in Quincy cared for more than 500 live sea turtles that had stranded on Cape Cod over the course of the season from November into January. While many stabilized turtles were transferred to secondary rehabilitation facilities to free up space for new arrivals, 64 of the more critical turtles are remaining in Quincy to undergo long-term treatment for life-threatening medical conditions, including pneumonia, sepsis, bone infection, and dehydration, a result of becoming unable to regulate their body temperature in the cold waters of Cape Cod Bay.

"This is always an exciting time for us, focusing our efforts on turtles that will complete their full rehabilitation process here in Quincy," said Adam Kennedy, director of Rescue and Rehabilitation. "This is when we really get to know and understand the various medical conditions of the individual turtles receiving care at our Sea Turtle Hospital, a process that can take several months before these turtles can be released back into their ocean home."

Aquarium staff, volunteers, and interns have a tra-

dition of naming the turtles receiving months-long care. This year's naming theme is pasta shapes, with Fusilli, Orzo, and Lasagna among the group. Others inspired by noodle shapes from around the world include Udon, Couscous, and Soba.

In addition to pneumonia and dehydration, many turtles suffer from systemic infections, severe frostbite, gastrointestinal issues, and eye conditions. Aquarium veterinarians work with staff biologists to create individualized treatment plans that may include systemic medication, nebulization, laser therapy, and even acupuncture. Most turtles will complete their rehabilitation within eight months and return to the ocean waters south of Cape Cod in the summertime.

"Many of these turtles have chronic problems secondary to cold-stunning, which often require aggressive medical treatment," said Associate Veterinarian Dr. Melissa Joblon. "These plans are determined with a combination of physical exams, swim observations, bloodwork, X-rays, and potentially advanced diagnostics such as an MRI or exploratory surgery."

"At this point in the year," Joblon continued, "we are now able to provide more focused, individualized and intensive long-term care for our patients, and it's very rewarding to see them improving over time."

Each year, hundreds of

cold-stunned sea turtles wash up on the beaches of Cape Cod. Because of the rapidly changing water temperature and wind pattern, many turtles cannot escape the hook-like area of Cape Cod Bay before becoming hypothermic. That's when staff and volunteers with Mass Audubon's Wellfleet Bay Wildlife Sanctuary come in, patrolling the beaches for stranded turtles and transporting the animals to the New England Aquarium's Sea Turtle Hospital in Quincy, and National Marine Life Center (NMLC) in Bourne, to be triaged and rehabilitated.

As the facilities fill up, the Aquarium works closely with the National Oceanic and Atmospheric Administration (NOAA) Fisheries Service and the non-profit organization Turtles Fly Too to transport some turtles to organizations that can continue the rehabilitation process and free up space for new patients. More than 800 dead and alive turtles washed ashore on Cape Cod beaches from November to January, making it the third-busiest cold stunning season on record. While a vast majority of rescued turtles are critically endangered Kemp's ridley turtles, a record 53 green sea turtles stranded this season, possibly from hurricane activity in the Atlantic drawing more greens into the Gulf of Maine.

The number of annual cold-stunned sea turtle



TOP PHOTO - "Lasagna," an endangered Kemp's ridley sea turtle, during an exam at the New England Aquarium's Sea Turtle Hospital in Quincy. Below: another Kemp's ridley sea turtle named Udon is examined.

Photos Courtesy Vanessa Kahn/New England Aquarium



strandings in Massachusetts varies from year to year but has steadily increased from around 50 in 2000 to more than 800 in 2022. Research-

ers have predicted through statistical modeling that by 2031, these events will bring thousands of sea turtles to our shores annually. Dozens

of organizations across the country have stepped up in recent years to ensure each season is a conservation success for sea turtles.

Photographer Elizabeth Thomas Photo Exhibit Feb. 1-28 At MPL

From Feb. 1 through Feb. 28, Milton photographer Elizabeth Thomas will display a collection of photos of her home country of Dominica in the Wotiz Gallery at the Milton Public Library.

This exhibit will be called "Journey through the Nature Isle" and inspiration for it came about when — after a long hiatus — the photographer visited her beloved Dominica to see all the places, beaches and island hotspots she enjoyed as a child. After Elizabeth captured many images on film of these cherished memories, unfortunately after two weeks upon her return to the U.S., Tropical Storm Erika devastated her island home, ruining many of the places she had recent-

ly photographed. Her love of Dominica inspired her to share these photos with the public, to include lovely landscapes, colorful buildings and much more.

Some examples which are part of this display are a Roman Catholic Church in Scott's Head, a lovely village on the Southern tip of the island, an aerial view of the Capital City of Roseau, and the natural flowers that line the coast. Because the COVID pandemic shut down travel but now with people starting to travel again, Elizabeth felt it was a good idea to reintroduce people to her beloved island home by installing this collection.

The public is invited to stop by the gallery and look at the photos during the

month of February.

There will also be a free and open reception on Thursday, Feb. 9th, from 6:30 to 8 p.m., in the gallery, when you may come and enjoy this nice display and meet the photographer in person too.

Also if you are a painter, photographer, sculptor, or other artist and are interested in displaying your work at the MPL, contact librarian and Head of Reference Jean Hlady at jhlady@ocln.org or call her at the Reference Dept. (617-898-4964). She will provide you with more information regarding how to apply for a monthly exhibit.

The Milton Public Library is located at 476 Canton Ave.



PHOTOGRAPHER ELIZABETH THOMAS holds one of her scenes of Dominica. Thomas will display a collection of photos of her home country of Dominica in the Wotiz Gallery at the Milton Public Library from Feb. 1 to Feb. 28.

Courtesy Photo



MONDAY, FEBRUARY 20TH

2:00 ~ 7:00 P.M.

Events take place on the Hancock-Adams Common under a heated tent and inside City Hall & Church of the Presidents.

Click QR-Code below for more details.

PRESENTED BY



QUINCY400



Event	Time	Location
 Snow Queen Stilt Walker	2:00-4:30 p.m.	Hancock-Adams Common
 Winter Costumed Characters "The Cold Doesn't Bother Me Anyway!"	4:30-7:00 p.m.	Hancock-Adams Common
 The Scenographer's Charrette Exhibition In association with the The Quincy High Drama Club	2:00-7:00 p.m.	QArts Gallery 1229 Hancock Street (next to the Discover Quincy Visitor Center)
 North Quincy/Quincy High John Adams Ensemble	2:00-2:45 p.m. 3:15-4:00 p.m.	Main Sanctuary Church of Presidents (Enter Main Doors)
 Sasha Fire Gypsy Fire Show	4:00-4:20 p.m. 5:00-5:20 p.m. 6:00-6:20 p.m.	Hancock-Adams Common
 City of Quincy Welcome Center Learn about restaurants, tours, events, history, and culture in the City of Quincy.	2:00-7:00 p.m.	City of Quincy Welcome Center 1259 Hancock Street
 Ice Sculptures Demonstration by Ice Man Craig	2:00-4:00 p.m.	Hancock-Adams Common
 Mad Science Fire and Ice Show by Jolting Jonathan	2:00-2:30 p.m. 3:00-3:30 p.m. 4:00-4:30 p.m.	Hancock-Adams Common
 Patriotic/Winter Laser Show PINNACLE LASER PRODUCTIONS	4:30-5:00 pm 5:30-6:00 pm 6:30-7:00 pm	Hancock-Adams Common
 Brendan Ryan Brendan Ryan from NBC's The Voice	2:00-3:00 p.m.	Heated Tent Tables and Chairs available for food.
 House Music	3:00-3:30 p.m.	Heated Tent
 No Static Steely Dan Tribute Band	3:30-4:45 p.m.	Heated Tent Tables and Chairs available for food.
 House Music	4:45-7:00 p.m.	Heated Tent
 The Blue Hills Trailside Museum-Birds of Prey This is a ticketed event	2:00-2:30 p.m. 3:00-3:30 p.m. 4:00-4:30 p.m. 5:00-5:30 p.m.	Lower Level Old City Hall Limited Seating Doors Open 15 minutes before show
 Rainforest Reptile Show This is a ticketed event	3:30-4:00 p.m. 4:30-5:00 p.m. 5:30-6:00 p.m. 6:30-7:00 p.m.	1 Floor-Chamber Room Old City Hall Limited Seating Doors Open 15 minutes before show
 Puppennickel Puppets presents Sir George and the Dragon Puppet Show This is a ticketed event	2:00-2:30 p.m. 3:30-4:00 p.m. 4:30-5:00 p.m. 5:30-6:00 p.m.	Back Chamber Church of Presidents (Enter Side Doors) Limited Seating Doors Open 15 minutes before show